

Lauderdale West NEWS

An Active 55+ Community!



Volume 52

OCTOBER - NOVEMBER 2023

No. 05



Veterans Day (originally known as **Armistice Day**) is a federal holiday in the United States observed annually on November 11, for honoring military veterans of the United States Armed Forces (who were discharged under conditions other than dishonorable). It coincides with other holidays including Armistice Day and Remembrance Day which are commemorated in other countries that mark the anniversary of the end of World War I. Major hostilities of World War I were formally ended at the 11th hour of the 11th day of the 11th month of 1918 when the Armistice with Germany went into effect. At the urging of major U.S. veteran organizations, Armistice Day was renamed Veterans Day in 1954.

Veterans Day is distinct from Memorial Day, a U.S. public holiday in May. Veterans Day commemorated the service of all U.S. veterans, while Memorial Day honors those who have died while in military service. Another military holiday that also occurs in May, Armed Forces Day, honors those currently serving in the U.S. military. Additionally, Women Veterans Day is recognized by a growing number of U.S. states that specifically honor women who have served in the U.S. military.

Spelling of Veterans Day

While the holiday is commonly printed as Veteran's Day or Veterans' Day in calendars and advertisements, the United States Department of Veterans Affairs website states that the attributive (no apostrophe) rather than the possessive case is the official spelling "because it is not a day that 'belongs' to veterans, it is a day for honoring all veterans."



HAPPY BIRTHDAY TO THE US MARINE CORPS





**MELORO
LAW**

Get your ducks in a row •
protect your family •
save your life



Attorney Bobbi Meloro

Estate Planning for Seniors

As 2023 winds down and we prepare to welcome a new year, now is the perfect time to **get your ducks in a row**. Don't let another year go by without taking this important step.

Call today for an appointment.



How will you pay for long term care?

- Medicaid Planning
- Veterans Benefits Planning

Who will make decisions for you when you can no longer make them for yourself?

- Durable Power of Attorney
- Healthcare Surrogate
- Healthcare Power of Attorney
- Living Will



Is your estate set up to avoid costly probate?

Wills

1

Trusts

2

Deeds

3

Beneficiary Designations

4

Located right around the corner on Sunrise, just West of Publix Plaza & next to Social Security building.

(954) 577-1010

www.melorolaw.com

8551 W. Sunrise Blvd. Plantation.

Featured Articles

Board Meeting Dates 6
 Bulk and Garbage Pickup17
 Bus Schedule 9
 Calendars 23-26
 Clubs & Activities20,21
 Communicating with the Board4
 Directors' Contact Information 5
 Entertainment 18
 From the President 4
 Gym Rules & Etiquette.....19
 Helpful Phone Numbers 9
 Household Hazardous Waste16
 Hurricane Information 22,38
 Maintenance Procedures12
 Newspaper Deadlines 8
 Notice to Landlords 8
 Plantation News.....27
 Puzzles36,37
 Recycling Guidelines.....17
 Safety Tips.....,32,41,43
 Swimming Pool Rules.....19
 Veterans.....34,,35



LAUDERDALE WEST NEWS

1141 NW 85 Avenue
 Plantation, FL 33322-4624
 (954) 473-8219 Ext 126

newspaper@lauderdalewest.org

MANAGING EDITOR

Joanne Hill

ASSISTANT EDITOR

Lana Famiano

ADVERTISING EDITOR

Connie Guzzi



LW ANNEX & GYM

1301 NW 87 Lane
 Plantation, FL 33322

LAUDERDALE WEST BOARD OF DIRECTORS

AREAS OF RESPONSIBILITY 2023

Business Offices (954) 473-8219

	JOANNE HILL, <i>President</i> Notary Public; Legal; HVAC Project; LW Newsletter; Estoppels Contact: Extension 114 Email: jhill@lauderdalewest.org
	BARBARA BUCCI, <i>1st Vice President</i> Maintenance Department; Landscaping/Trees; Roof Repair/Replacement Contact: Extension 124 Email: bbucci@lauderdalewest.org
	HAL SPECTOR, <i>2nd Vice President</i> Plex Insurance Certificates; HO3/HO6 Insurance; Late Letters; Memorial Board; Board Agendas; Security Cameras Contact: Extension 112 Email: hspector@lauderdalewest.org
	MARLENE NEWMAN, <i>Secretary</i> Lease Applications/Approvals Contact: Extension 113 Email: mnewman@lauderdalewest.org
	PAULINE GOSSELIN, <i>Assistant Secretary</i> Notary Public; Sales Applications/Approvals; Volunteers; Library Contact: Extension 127 Email: pgosselin@lauderdalewest.org
	BERNADETTE BRODMERKEL, <i>Treasurer</i> Notary Public; Finance; Pest Control; Irrigation Contact: Extension 104 Email: bbrodmerkel@lauderdalewest.org
	ALFREDO ARROYO, <i>Director</i> HVAC Project; Exterior Painting; Post Painting Inspections; Pools/Spas Contact: Extension 111 Email: aarroyo@lauderdalewest.org
	ANNA BENDER, <i>Director</i> Room Rentals; Party Time; Special Events; Social and Entertainment; Association Insurance Contact: Extension 103 Email: abender@lauderdalewest.org
	JOHNNY MCLEAN, <i>Director</i> Facilities Management (HVAC); Elevator; Alarms); Parking Lot/Roadway Paving; Gym; Custodial Contact: Extension 125 Email: jmclean@lauderdalewest.org
	KRISTI WOODS, <i>Director</i> Notary Public; Blue Stream; Technology; Purchasing; Modifications/Architectural Review Contact: Extension 109 Email: kwoods@lauderdalewest.org
	SALLY ZAYAS, <i>Director</i> Beautification Project; Property Inspections; Painting Inspections; Association Insurance Contact: Extension 117 Email: szayas@lauderdalewest.org

Rev. 6/13/23 A

COPYRIGHT

IF YOU ARE SUBMITTING ARTICLES, DRAWINGS, ETC. FROM A PRINTED SOURCE OR A WEBSITE, PLEASE BE AWARE THAT COPYRIGHTED ARTICLES MAY BE REPRINTED WITH EXPRESS WRITTEN PERMISSION FROM THE COPYRIGHT HOLDER. CREDIT MUST BE GIVEN TO THE ORIGINAL AUTHOR OR SOURCE IN ALL CASES.

EDITORIAL POLICY

ALL MATERIAL SUBMITTED IS SUBJECT TO EDITORIAL DISCRETION. PLEASE BE BRIEF AND TO THE POINT AND KEEP A COPY OF ANY ITEM YOU SUBMIT. WE ARE NOT RESPONSIBLE FOR THE LOSS OF ORIGINAL MATERIALS.

DISCLAIMER

PLEASE BE ADVISED THAT LAUDERDALE WEST COMMUNITY ASSN NO. 1 INC AND LAUDERDALE WEST NEWS DO NOT ENDORSE ANY OF THE ADVERTISERS HEREIN. THEREFORE, WE ARE NOT RESPONSIBLE FOR ANY CLAIMS, DEFECTS IN PRODUCTS, WORKMANSHIP OR TIMELINESS IN THE PERFORMANCE OF THE WORK. THE ADAGE "LET THE BUYER BEWARE" APPLIES.

Message from the President

Joanne Hill

I am so pleased to announce that we have opened most of the Clubhouse to residents and that includes the second floor. The elevator is working. Of course, if HVAC work is being done in a room, that room will be closed.

By the time you are reading this, we expect the mold remediation process to be completed in the auditorium, library, hallways, newspaper office, bathrooms, and offices 117, 118, 119 and 120. After this is complete, we must re-test for mold once the walls are open and the remediation has been completed. When that is done, we must reconstruct the walls. It is a process, and we will see that it is done as quickly as possible.

I am certainly getting an education regarding mold. There are a number of different types of mold, all of which I cannot pronounce. I would venture a guess that every home in South Florida has some type of mold. The vast majority of which is inactive. The mold in our homes and buildings is being held at bay because of air conditioning and controlling of the humidity. But, once water hits it, it becomes active and, if not dried and removed as soon as possible, that's when you have a problem.

The HVAC project is moving right along. If you look at many of the open ceilings, you will see new ductwork. We have several new air conditioning units in place. They are doing their best to complete the project before the end of the year. Fingers crossed!

As of this writing, which is late August, we are working on the budget for 2024. There is a lot of work to do, and your Board is diligently working on it. We are also looking for ways to reduce the property insurance costs. To that end, several directors had a conversation with two of our attorneys who are going through the same issue with other associations. There are options that we are exploring. As soon as we have more information, we will pass it along at a budget meeting. We also will have a town hall meeting to let owners know what options we have that are viable for us.

There is a lot going on here in Lauderdale West and your Board of Directors are doing a great job managing the business that is Lauderdale West.

I certainly hope the Fall will bring a little cooler weather and less humidity. It was a very tough Summer. Hope you are all well.

Communicating

With the increased use of the internet and text messaging, we often expect instant communication and responses. This is especially true of owner communications with the Lauderdale West Board of Directors. Because your communication to the Board may raise certain legal issues for not responding timely, and sometimes emails end up in spam filters, the Association must insist on certain formalities regarding communication.

Your first step should be to check our Website (www.lauderdalewest.org), as many of our governing documents are available to view or download from there. If you don't find what you are looking for, please write your request to inspect documents and mail or deliver to the Lauderdale West Clubhouse. Do not send requests via email or text message. If it is a request to view a document (e.g., I want to see the financials for December),

with the LAUDERDALE WEST BOARD OF DIRECTORS

it need not be sent via Certified Mail. The Board will set up an appointment within ten (10) business days of receipt of the letter. Please note: the Association is not obligated to provide you with copies, but merely to allow you to review the document(s). If you wish something copied, you will be charged twenty-five cents per page. If it is a written inquiry (e.g., Why did we choose Contractor A vs Contractor B for this project?), it needs to be sent to the Board via Certified Mail. The Board will respond within thirty (30) calendar days of receipt, unless one of the statutory extensions applies.

The Lauderdale West Board of Directors cannot take any action on information provided in a letter, voice mail or phone call without the name and LW address of the person making the report.

Thank you for your cooperation.

**Your
Attention,
Please!**

As a Lauderdale West resident, you should be aware that **NO VEHICLES** are permitted to park on the lawns. Lately it has been noticed that residents are not adhering to this requirement. If you park on your lawn or allow others to do so and your sprinklers are damaged, the cost to repair will be yours and yours alone. Additionally, if it is noticed that a vehicle is on the lawn it may be towed at the owner's expense.

PLEASE, NO PARKING ON THE LAWN. THANK YOU!

I want to compliment this wonderful board who go out of their way to help our community. They are not only there for the community from 9-12, but they are there all the time trying to keep this community running smoothly.

We all work so hard and sometimes, we still hear some dissatisfied people talking poorly about the board.

Do I see any of these people come up to volunteer? NO. They just like to complain. I do want to say thank you to all the wonderful helpers that come in all the time. Shame on the other people who do not come in and just complain.

Just think how much it would cost us if we had to pay a management company to do the work of the board.

Open your eyes and stop complaining and do something productive.

Thank You.

Marlene Newman

PLEASE RESPECT OUR BOARD MEMBERS' PRIVATE TIME

As we are all aware, our Board of Directors is a team of volunteers. Please have respect and allow them their private time. They are in the office Monday through Friday from 9:00AM until Noon to carry out the business of Lauderdale West and to address your issues. Please do not interrupt their private time by calling their personal phone number or arriving on their doorstep. Either call their extension, which can be found on pages 3 and 5 of this Newsletter, and leave a voice message, or wait until the following business day and go into the Clubhouse to talk to them. If you have a true emergency, please call 911. Thank you for your consideration of our Lauderdale West Board of Directors.

DIRECTORS' PHONE EXTENSION AND EMAIL ADDRESSES

LAUDERDALE WEST 954-473-8219

Alfredo Arroyo	ext. 111	aarroyo@lauderdalewest.org
Anna Bender	ext. 103	abender@lauderdalewest.org
Bernadette Brodmerkel	ext. 104	bbrodmerkel@lauderdalewest.org
Barbara Bucci	ext. 124	bbucci@lauderdalewest.org
Pauline Gosselin	ext. 127	pgosselin@lauderdalewest.org
Joanne Hill	ext. 114	jhill@lauderdalewest.org
H. Johnny McLean	ext. 125	jmclean@lauderdalewest.org
Marlene Newman	ext. 113	mnewman@lauderdalewest.org
Hal Spector	ext. 112	hspector@lauderdalewest.org
Kristi Woods	ext. 109	kwoods@lauderdalewest.org
Sally Zayas	ext. 117	szayas@lauderdalewest.org

Lauderdale West Board Meetings

OCT/NOV 2023

Wednesday, October 18 – 10 AM – Room 113

Wednesday, November 15 – 10 AM – Room 113

The Board meetings are **open to all residents of LW**. Meetings are subject to change or cancellation. Please check the Community Channel 901, the Lauderdale West Website (www.lauderdalewest.org) or signage at the Main Clubhouse for changes or cancellation notification. If you have signed up for email or text messages, you will be informed accordingly.

Videos of previous Board Meetings are available on the Lauderdale West Website Owners' Corner and the most recent are available on BlueStream Channel 902.

IMPORTANT INFORMATION

MONTHLY MAINTENANCE PAYMENTS are due on or before the first day of each month; **NOT** the 5th, **NOT** the 10th.

Plexes \$411.00

Single Family Homes \$432.00

If not paid by the 10th, a late fee will be assessed, and you will receive a letter from the LW Board of Directors. If payment is not made within 30 days, expect to receive a collection letter from the Lauderdale West attorneys. Once your account is turned over to our attorneys for collection, you will also be responsible for their fees (\$195) for the preparation and service of that collection letter plus FedEx postage. Please remember, all fees are subject to increase.



5 TIPS FOR LEAVING A VOICEMAIL MESSAGE

1. Speak slowly and clearly.
2. Provide your name, address, and telephone number.
3. Give a brief description of your issue.
4. Repeat and spell your last name.
5. Repeat your telephone number.

Thank You!

It may be time to UPDATE YOUR INFORMATION

Have you discontinued your telephone land line? Are you using a cell phone instead? Do we have your correct contact information? If you have not already done so, please complete the Resident Contact Update Form on our Website: www.lauderdalewest.org. Just click on the "Resident Contact Update" tab to fill out the simple online form. The tab can be found on the main page, third tab on the left in light blue.

If you do not have access to a computer and the internet, you may obtain a form in the Main Clubhouse at the front desk.

It is vital that you complete the Resident Contact Update Form at your earliest opportunity to ensure your information is correct and current.

FYI - LW'S ACCOUNTANTS

Please be advised the accountants for Lauderdale West are:
Juda, Eskew & Associates
8211 W. Broward Blvd., Suite PH1 (5th floor)
Plantation, FL 33324
954-577-9700

Mail your maintenance assessment to:

Maintenance Assessments
PO Box 189115
Plantation, FL 33318-9115

Payments are due on the **FIRST** of each month

OFFICE PROTOCOLS

For our Board to be more efficient in the handling of their responsibilities, a procedural policy continues to be in place.

1. Please make your first stop the Front Desk in the Lobby.
2. Provide your name, address, and the area of your concern.
3. The Lobby Assistant will then notify the Board Member overseeing that area that you are waiting in the Lobby.

Residents are discouraged from just walking into any Board Member's office with their concerns. Residents are discouraged from lingering around a Board Member's door. We ask that you wait in the Lobby - you will be called when it is your turn.

EVERYONE'S TIME IS IMPORTANT AND THIS WILL ENSURE THAT ALL RESIDENTS ARE SEEN IN A TIMELY MANNER.

We ask for your cooperation, which will enable the Board to budget their time to conduct the business of Lauderdale West. Thank you.

Volunteer Opportunities

Lauderdale West needs you! We are a Community run by residents. Our Board of Directors are all volunteers. There is always a need for volunteers. There are many opportunities to work in an area of your choice; make new friends; learn a new skill or use the skills you have. You can work as much and as often as you would like. Call Pauline Gosselin at 954-473-8219 ext.127.

PLEASE READ: IMPORTANT MESSAGE

Monthly maintenance and special assessment payments must **NOT** be taken to the Lauderdale West Clubhouse. They should be mailed to Juda Eskew & Associates or delivered to their office.

Mailing and physical addresses can be found on Page 6 of this Newsletter.

NEW ID CARDS FOR ALL LAUDERDALE WEST RESIDENTS



We invite residents to visit the Clubhouse to have a photo taken and a new photo ID card issued. Your first card is free. There will be a \$10 charge for replacements. The new, durable, wallet cards are credit card weight plastic.

Visit Monday thru Friday 9:30 to 11:30 AM.

Please bring your current Lauderdale West ID card & a photo ID.

Avoid waiting. Appointments take priority. Call 954-473-8219 x115

DATABASE UPDATE! WE NEED YOUR HELP! PLEASE NOTE

If you are receiving mail from Lauderdale West addressed to you and your deceased spouse, parent or significant other, please contact Applications and Approvals office either by phone or email. (Telephone: 954-473-8219 Ext. 127 or pgosselin@lauderdalewest.org). We require a copy of the death certificate to update our records. Please comply if appropriate. This is very important. Thank you.

ATTENTION OWNERS!

IMPORTANT ROOF INFORMATION

If you plan to list your home/plex for sale, it is very important that you contact Director Pauline Gosselin via email: pgosselin@lauderdalewest.org, or by phone: 954-473-8219 ext. 127 and advise her of your intentions. In that way we can begin the Lauderdale West Association exterior inspection process so as not to hold up a closing.

You must also notify your real estate agent/broker to advise Director Barbara Bucci via email: bbucci@lauderdalewest.org, or by phone: 954-473-8219 ext. 124 if a roof inspection is required. **NO ONE** is allowed on your roof without approval from the LW Association unless they are accompanied by our approved representative. All roof inspections require an appointment.

Thank you for your anticipated cooperation.



protocol

If you have sold or are selling your home in Lauderdale West and will be moving out, you may hold a one-day sale provided you receive permission from Director Anna Bender. Should you not get permission, you will be asked to shut down the sale immediately.

Please remember, you may not place any signs on Lauderdale West property. Thank you for your cooperation and best of luck in your new home.



AVOID SELLING DELAYS

Applications and Approvals

If you are planning on selling, please clean up the outside of your home. Any plants, trees or bushes on the common area must be removed; awnings cleaned and painted; flower beds weeded; and patios and driveways pressure washed. The most common holdup in processing the sale of your home is the seller's delay in cleaning up the outside of their home. Be proactive – avoid delays and clean up now!



Articles are due October 14

New advertisers due October 11

Returning advertisers due October 18

ALL DEADLINES ARE FIRM

Email to: newspaper@lauderdalewest.org

or drop off at room #121

The Newspaper Office is open
Monday, Wednesday, and Friday

from **9 AM** until **noon**

A MESSAGE TO LANDLORDS

- Landlords are responsible for the upkeep of their property.
- The Association will not accept service requests from tenants.
- Landlords must contact the Maintenance Department for all service requests for their property.
- Please advise your tenants that they must contact you and you will contact the Maintenance Department.
- Landlords are responsible for ensuring the fobs and LW ID assigned to the renter(s) are returned to the Director in charge, Marlene Newman, prior to a new renter being approved.

Thank you for your cooperation.

Lauderdale West

HOURS OF OPERATION

Main Clubhouse	Daily	8:00AM – 9:30PM
Business Offices	M–F	9:00AM – Noon
Gym	Daily	6:30AM – 9:00PM
Main Swimming Pool	Daily	6:00AM – 9:00PM
Satellite Swimming Pool	Daily	Dawn to Dusk



**Helpful Phone Numbers
and Email Addresses**

Beach Environmental (Pest Control)	954-458-1104
Blue Stream	954-282-6578
Broward County Health Department	954-467-4700
City Hall – General Information	954-797-2200
Code Enforcement	954-797-2267
COVID Vaccine Appointment (Over 65)	866-201-6313
Fire Department – NON-emergency	954-797-2150
Florida Power & Light (FPL)	954-797-5000
LW Maintenance	954-473-2595
Plantation Recycling	954-452-2535
Poison Control Hotline	800-222-1222
Police Department – NON-emergency	954-797-2100
Suicide Prevention Lifeline	988
Water Department	954-797-2290
Westside Hospital	954-473-6600

* To reach the MAINTENANCE Department during regular hours, please call: **954-473-2595**.

Leases:	leaseapplications@lauderdalewest.org
Maintenance:	maintenancedept@lauderdalewest.org
Sales:	salesapplications@lauderdalewest.org



**VOICE AND TEXT
MESSAGE SERVICE**

Please add our Lauderdale West telephone number to your contacts to prevent our calls from being tagged as potential spam. It is 954-473-8219.

If you subscribe to our text messages, please add our outgoing text number to your contacts; it is 844-500-8542. DO NOT reply to text messages with questions or comments. To keep costs down, we only pay for outgoing messages. If you have a question or comment, please contact the appropriate Director or our Webmaster. Directors' names and their areas of responsibility are listed on page 3 of the LW News, on www.lauderdalewest.org, and Blue Stream Channel 901. Our Webmaster can be reached by email at webmaster@lauderdalewest.org.

**2023
LW BUS SCHEDULE**

Your Driver is Pete - 954-496-2543



MONDAY 9:00AM - 12:00PM	TUESDAY -----	WEDNESDAY 9:00AM - 12:00PM	THURSDAY 9:00AM - 12:00PM	FRIDAY 9:00AM - 12:00PM
DESTINATION PUBLIX (Jacaranda) BANK OF AMERICA DOLLAR TREE (Jacaranda)	NO BUS	DESTINATION WALMART (Oakland Park) BRAVO SHOPPING CENTER BANK OF AMERICA CHASE BANK	DESTINATION ALDI (Broward Blvd.) BROWARD MALL	DESTINATION PUBLIX (Jacaranda) BANK OF AMERICA DOLLAR TREE (Jacaranda)
NOTICE SIGN IN REQUIRED BEFORE BOARDING BUS STOPS ONLY AT DESTINATIONS PLEASE BE OUTSIDE YOUR HOME VIDEO SURVEILLANCE IN USE			PICK UP FOR PICK UP CALL PETE ON DAY OF TRIP 954-496-2543	

BUS FARE IS FREE TO ALL LW RESIDENTS

INHERITANCE OR FAMILY REAL ESTATE TRANSFERS

Lauderdale West is required to maintain correct, up-to-date information on all homeowners. If you inherit a plex or single-family home in Lauderdale West, you must notify the Sales Applications Office immediately @ (954) 473-8219 Ext. 127. Before we can change the name in our records, we will need information from you, such as a completed application which can be found on our website. We will also need a copy of the death certificate and a copy of the legal papers giving you rights to the property.

When we have updated our records, you will be able to live here or sell the home. This also applies if you are transferring the property to another family member or a trust. Written Board approval is required of all owners regardless of how you acquired the property. We cannot issue a Certificate of Approval if we do not have the complete and correct information that can be found in the application. Remember, you cannot rent the property for one year after acquisition of title. Thank you for your cooperation.



Hello All Owners

We are in the process of updating our Data System and want to include all dogs in the Lauderdale West Community. Our project will commence in October 2023, at which time all residents will receive information regarding the process. This will include requiring all dog owners to submit documentation regarding their dog.

All registered dogs will be issued a LW dog tag. If you've already registered your dog, please make an appointment to receive your dog tag. We will be available Tuesday – Thursday from 10am – 12noon.

It would be wonderful to have a couple of volunteers for this project.

For more information, volunteering or appointments please contact Sally Zayas at szayas@lauderdalewest.org or telephone at 954-473-8219 ext. 117

ROOM RENTAL PROCEDURE

Lauderdale West only rents out Room 113 for small resident family gatherings with no more than 50 people. The cost to rent room 113 is \$150; set up and cleanup is \$100; security deposit is \$500, payable in three separate checks.

The paperwork required to rent room 113 is as follows: photo ID; Declaration page for your Homeowners/Renters Insurance; three checks as stated above.

If you are interested, please call the Clubhouse any morning from 9 AM until Noon and you will be directed to the room coordinator, Anna Bender (954-473-8219 Ext. 103).

Dress Code Policy

It has been noticed by residents and Board Members that people are coming to our social functions dressed inappropriately for such occasions. Therefore, effective immediately, for all Party Time events, Professional Shows and other social activities, shorts worn by either men or women **WILL NOT** be permitted. Be advised that you will not be allowed into the activity. Please, dress appropriately!

PLEASE SIGN IN

Lauderdale West
AFTER HOURS LOG

Since you may possibly be in the building alone, we ask that you sign in with your name, the area you are going to, time in **AND** please sign out upon exiting the building. Should an emergency arise, **this could save your life**, as the Responders need to know who is in the building and where you are located. Although it is an extra step for you, we are working to ensure everyone's safety.

Thank you for your cooperation.

To promote safety and quick response time for First Responders, everyone coming into the Main Clubhouse **after 12 Noon** must sign the Logbook on the front desk.

***SIGNS* of any kind, are NOT permitted on Lauderdale West property, except during elections.**

Candidates' signs may be erected 10 days prior to an election and must be removed within 7 days after an election. Lauderdale West property includes all areas outside your home, including any grassy areas, your driveway, any public area, including stop signs, trees, and utility poles. Signs for open houses, garage sales, parties, etc. **are not allowed.**



Signs will be removed, and the owner will be subject to fines.



POLE LIGHTS

If your pole light is not working, make sure the switch inside your home is on. If it still does not work after dark or it stays on during the day, call the **Maintenance Department at 954-473-2595.** They can also replace any missing or damaged numbers on your globe.



Needle Disposal

Used needles must be disposed of in a Sharps container. A Sharps container can be purchased for minimal cost at:

Prescription Pad Pharmacy
333 NW 70th Avenue,
Ste 102, Plantation
Phone 954-791-2000

Once the container is full, it can be dropped off at this pharmacy and a new container obtained.

**HAVE YOU HAD YOUR
Blood Pressure
CHECKED LATELY?**

Paramedics are at the Main Clubhouse on Thursday from 9:30 – 10:30 AM to check your blood pressure for you. If we don't use them, they will not continue to provide this service.

kudos

- To our wonderful Directors and volunteers who give of their time unselfishly to the betterment of the Lauderdale West Community.
- To Alfredo Arroyo, Diane Burke and Charley Gervolino who have overseen the HVAC replacement project. They are so knowledgeable, conscientious, and very pleasant to work with.
- To our residents who were very patient during the HVAC replacement project when rooms in the Clubhouse had to be closed.
- To Jeff Bender and Rikki Johnson who replaced all the equipment in the audio-visual room when the HVAC system in the auditorium was completed.
- Kudos to Barbara's assistants, Sam Normandia, Debbie Hevia and Sandra Espinoza. She says without their assistance she wouldn't come to the office.
- To Lana Famiano and Connie Guzzi, the Editors of this Newsletter. They work tirelessly, giving us their best and it shows with every issue.
- To Anna and Jeff Bender, Mary Davidowski, and Kerry Ann Osborne for their assistance in proofing this Newsletter.



- Oscar Cardelino & Amelia Aguilar**
- Boswell & Elsa Douglas**
- Cecilia Lanatta Rischmiller**
- Howard Rubin**
- Luis Toloza**



MAINTENANCE PROCEDURES

If you have a situation which requires the Maintenance Department, you **MUST** contact the Maintenance Office directly at 954-473-2595 or by email: maintenancedept@lauderdalewest.org. **DO NOT** address our maintenance staff concerning your issue as this will only delay your job getting done.

If the work to be done is outside your home, you do not need to be at home when the work is performed.

EMERGENCY PROCEDURES: Maintenance staff is not available for emergency calls after business hours or on weekends. If you have a plumbing or electrical emergency after business hours or on a weekend, you must call an outside contractor at your own expense. If you have a “medical emergency”, please call 911 immediately.

REMEMBER: Contact the Maintenance Office at 954-473-2595, Monday – Friday 8 AM – 4 PM or email: maintenancedept@lauderdalewest.org and get a work order number.

GUTTERS & ROOFS

RAIN GUTTERS

All gutters are the responsibility of the homeowner. They must be kept clean, both inside and out – meaning the owner must remove, on a regular basis, all leaves and trees that may be growing out of the gutters. If the debris in the gutter causes damage to your roof or fascia board, you will be held responsible for all repair costs.

Gutters should be cleaned every other month, especially if you have trees near your homes.

ROOFS

NO ONE is permitted on your roof **EXCEPT LAUDERDALE WEST APPROVED** contractors. If you hire a contractor to clean or repair your roof, and they damage your roof in any way, you are responsible for all repair costs.

IMPORTANT MESSAGE

Our maintenance workers have found that many of our water spigots/fountains have been **TWISTED** to fill some type of containers or water bottles. This makes them loose and will ruin them eventually where they cannot be fixed or repaired. Please – **DO NOT** twist or turn the spigots for our water outlets.



PLANTATION CODE



You need a City of Plantation permit to make any plumbing or electrical changes. You also need to complete the paperwork with our Director in charge of modifications, Kristi Woods. A permit ensures a plumbing or electrical change is done properly – to code. It is for your protection.

PLUMBING PROBLEMS



To avoid plumbing problems, **DO NOT** flush cigarette butts, flushable cleaning wipes, paper or cloth towels or diapers. Please, **ONLY** flush toilet paper.

WATER VALVE SHUT-OFF

If you are remodeling a kitchen or bathroom, it is your contractor’s responsibility to move the water shut-off valves for easy access.

NOTICE



EXTERMINATION AND IRRIGATION

By Bernadette Brodmerkel

EXTERMINATION

Beach Environmental is very busy with termite fumigation. If it was determined your home has termites, you will not be tented immediately.

Be aware that you may lose some plants if they are inadvertently placed under the tent.

Both Dry Wood Termites and Formosan Subterranean termites have been found on property. The process for destroying them is a little different. A trench is dug around your home, and the chemical is placed in the trench. You do not have to stay out of your home for any amount of time. You may, however, not want to be there while the technicians are working with these chemicals.

FYI: These types of termites are attracted to the bushes and plants around your house. You may want to consider removing them.

The outside of your home is sprayed monthly. If you have an issue with ants or spiders, please keep a can of Raid on hand. Beach technicians are not sent out mid-schedule. If bugs outside your home pose a health issue (bees, wasps, red ants) it will be addressed.

Spraying for Carpenter Ants is **NOT** covered under our service contract. If you choose to have Beach Environmental spray, there is a fee of \$85.00 which the homeowner pays.

Beach Environmental charges a special rate to Lauderdale West residents of \$22.00 per month for a yearly contract of monthly spraying. It is recommended that payment be made by **CASH OR CHECK!!** **If you choose to pay with a credit card, the cost is \$25 per month. And if you pay a year in advance the cost is only \$20 per month. One time treatment is \$50.**

Because residents have been canceling fumigation, Beach Environmental is now charging the resident, not the Association, a \$500.00 cancellation fee.

Beach Environmental has placed bait boxes behind your homes to deter rodents and each month these boxes are checked. Also, SCI (our roofing company) has placed screens on each stack on your roof to prevent the rats from coming into your attic. Additionally, Home Depot has \$5.00 screens that you can place on the downspouts of your gutters to prevent rats from climbing into gutters and

possibly into your home. If these preventive measures fail for **\$85.00** Beach Environmental will set traps in your attic to catch and remove these rodents. Lauderdale West is not responsible for this expense.

We have snakes in our area. Home Depot has a product called Snake Away. Buy this and keep it in your home just in case. This is a very effective product.

Please do not feed the ducks or geese. They can find their own food. They will eat what you give them and leave a big mess afterwards. We then receive calls from residents complaining about the mess.

IRRIGATION

Aside from timers that need adjustments, most of our irrigation calls are for water hitting cars and driveways.

We cannot help when it is windy, and sprinklers are on. I was advised that our sprinkler heads are approximately 12 inches from driveways. Each time Irrigation Technologies receives a work order about "sprinkler adjustments" and there is nothing wrong, Lauderdale West is charged a fee.

Our monthly maintenance agreement does not cover windy days. Most of us use the garage for our cars; those who don't will be subject to water hitting the cars. My advice: get a shammy and wipe down your car. This will clean water spots. Also, if water spots are on your windows, CLR will clean it up beautifully. It does take a little elbow grease but, it works.

Home Depot sells sprinkler guards. Placing these guards will prevent the sprinklers from spraying your car or driveway.

We do not have on-site technicians. They are here 2 weeks a month. You will not get an immediate response to your request, but issues will be addressed. If there is an emergency, technicians will be here.

JKA is the vendor responsible for fertilizing and weeding our lawns. They place yard signs after the job is completed. Thirty minutes after completion of the job, it is safe for you and your animal to walk on the lawn. If you're able, please remove these yard signs and dispose of them. And as you're walking, if you see these signs on other lawns, please help us by removing and disposing of them. Thank you.

Helpful Information

ABOUT LIVING IN LAUDERDALE WEST

HOLIDAY DECORATIONS Neither Lauderdale West nor any of our vendors are responsible for any damage done to your holiday decorations. This includes decorations on common ground or on your porch or patio. You are responsible to remove any electrical wires which cross common ground as this creates a dangerous condition, especially when our landscapers and other vendors are present. If decorations create any damage to the building or common area, the owner will be charged for the cost of repairs.

LANDLORDS Please remember that you cannot rent your property until you have owned it for one year. All tenants must complete an Application for Residency which is available on our website. All leases and lease renewals must be approved by the Board before the tenant can move in. Contact Director Marlene Newman for additional information.

MAILBOX SAFETY We recommend that you not place any outgoing mail in the mailbox in front of your home. In the past, individuals have been known to remove that mail. You can safely deposit your outgoing mail in the blue Postal Service Mailbox located at the end of the parking lot of the Main Clubhouse or take it directly to any US Post Office. Incoming mail should also be removed from your mailbox at your first opportunity.

MODIFICATIONS If you are planning to make any changes to your home, you must complete an Application for Modification. All modifications must be approved by the Board before any work is started. Modifications may include A/C, windows, doors, patios, enclosures, electrical, plumbing, and widening of driveways. The City of Plantation requires permits for most modifications which includes plumbing and electrical work. Contact Director Kristi Woods for additional information.

PARKING Overnight parking is not permitted on any street in Lauderdale West. Parking at the Main Clubhouse and the Annex (Satellite Clubhouse) is limited to those using the clubhouse facilities, the pools/spas, or the tennis courts. Other parking requires written Board approval, and a limited parking permit is available. There is no overnight

parking in **ANY** of our parking lots without prior permission to do so. A notice will be placed on illegally parked vehicles before being towed at the vehicle owner's expense. Follow the directional arrows in all parking lots to avoid a fine.

SPEEDING The speed limit in Lauderdale West is **25 miles per hour**. All our walkers and bike riders have the right of way. Slow down when you see them. Stop at all stop signs. Signal for all turns. Follow the directional arrows in all parking lots and drive slowly. Driving through the parking lots as a short cut is not permitted. Violators will be fined. Plantation police are asked to monitor our roadways.

WALKING There is traffic early morning and late evening hours in Lauderdale West. Residents need to be careful walking in the dark. You should wear reflective clothing, carry a flashlight, and remember to walk against the traffic if there is no sidewalk.

WIDENING OF DRIVEWAYS If sprinkler heads and pipes are destroyed during the widening process, they must be replaced by Irrigation Technologies, Inc. and the resident will be charged for the replacement. Each job is priced differently depending on the part and labor. When that is complete, the resident is responsible for replacement of the sod.

TRASH All trash must be placed in City of Plantation blue bags **at least 5 feet from your mailbox**. Trash pickup is on Tuesdays and Fridays. You are permitted to place trash out **after 5 PM** the night before.

RECYCLE All recycle items **MUST** be placed in City of Plantation clear bags or paper bags **at least 5 feet from your mailbox**. Recycle pickup is on **Tuesday only**. Boxes must be flattened first and placed alongside the clear bags.

BULK PICKUP You may put large bulk items at the curb. Please see the Newsletter calendar for the exact date or refer to the Plantation Waste Management website. All items **MUST** be placed **at least 5 feet** from mailbox, trees, and street signs so as not to interfere with the grabber arm. **Black bags will not be picked up.**

FOLLOW THE RULES

Our Lauderdale West Community has established principles of conduct for the general good and welfare of all our owners, tenants, and guests. Every resident of our Lauderdale West Community has the right to live peacefully in their home and has the right to expect that the value of their property will be upheld in a reasonable manner.

The Board of Directors would like to remind everyone of the following:

- For the safety of everyone, we **MUST** follow all parking restrictions and the directional signs in the parking lots.
- Owners, tenants, and guests are required to follow our documents and rules and regulations.
- Owners are responsible to maintain the exterior of their homes (gutters, awnings, patios, landscaping).
- Residents are not permitted to install any plants, shrubs, or trees without written Board approval.
- Owners (Landlords) must contact the Maintenance Department for all service requests for their property. Requests will not be accepted from tenants or guests.
- Owners, tenants, and guests are required to follow City ordinances regarding animals.
- Owners are required to seek approval for all home modifications in advance.
- Front pole lights and rear security lights must be kept on at night.
- Owners are responsible for their tenants and guests.
- Residents must respect quiet times from 10:00 PM to 8:00 AM.
- Non-adherence to the Lauderdale West documents and rules and regulations will result in the resident being fined accordingly.

For more information, please visit www.lauderdalewest.org (Owner's Corner) for a full explanation of our violation procedures and fines.



BLACK RODENT BAIT BOXES



We live in a water community and wherever you have water, you are more susceptible to rats. Throughout our community, there are rodent bait boxes set up by our pest control company to deter/kill rats/rodents. Each box is numbered and has been strategically placed on the property against the house.

- Do not move the boxes. The boxes **MUST** remain where they have been placed. Each box is marked on a map and must remain in that spot.
- You will be **fin**ed if the box on your property is not in its designated position.
- **Do not TOUCH the boxes.** They are filled with **poison**.
- If a rodent problem occurs, call maintenance at 954-473-2595 and report it.
- Broken or missing bait box replacement cost is \$22. The resident will be charged when one is missing.



If you have lost items in our Community check with the Lobby Assistant in the Main Clubhouse for those lost items.



HOUSEHOLD HAZARDOUS WASTE (HHW) & ELECTRONIC RECYCLING

The City of Plantation and the City of Sunrise have partnered to provide residents with opportunities to safely dispose of household hazardous waste (HHW) and electronics. Drop-off events are held on Saturdays throughout the year and are open exclusively to residents of Plantation and Sunrise **free of charge and with proof of residency**.

Convenient drive-thru services provide staff to unload your hazardous waste; you are encouraged to remain in your vehicle. You are asked to keep the hazardous waste products in their original containers, or to label them clearly. All lids must be sealed tightly, and leaking containers should be placed in a large plastic container.

The dates and locations for 2023 are:

Plantation Location

Public Works Compound
750 NW 91 Avenue
Plantation, FL 33324
Hours: 9:00 AM – 1:00 PM
• November 11

Sunrise Location

Public Works Complex
10500 NW 55 Street
Sunrise, FL 33351
Hours: 9:00 AM – 1:00 PM
• October 21

Household Hazardous Waste (HHW) includes paint, tires, and similar materials. Electronic Materials include computers, computer monitors, televisions, printers, scanners and similar devices. Neither HHW nor Electronic Materials are collected as solid waste, recyclable, or bulk trash.

ONLY the City of Sunrise allows you to bring 2 boxes of paper to be shredded on-site.

ALTERNATIVE WASTE DISPOSAL SITE

The City of Plantation, in conjunction with Wheelabrator, offers all residents the opportunity to dispose of Yard Waste, Furniture, White Goods, Household Hazardous Waste, and Electronics on one Saturday each month at the following location. Proof of residency required.

Wheelabrator South Broward

4400 S State Road 7
Davie, FL 33314
954-581-6606

Hours of Operation

Saturdays – 8:00 AM – 4:00 PM
Closed on Holiday weekends

ELECTRONIC RECYCLING & DISPOSAL

Free drop-off of certain electronics waste, specifically batteries, DVD players, speakers, stereos, VCRs, laptops, computers, wires and cables, battery backups, servers and monitors is available at the following location. Please call for specific drop-off dates.

Urban Mining Residential Drop-Off

3983 NW 19 Street
Lauderdale Lakes, FL 33311
954-906-1609

Hours of Operation

Tuesday – 7:00 AM – 11:00 AM
Friday – 1:00 PM – 4:00 PM

RESIDENTIAL MEDICAL WASTE DISPOSAL

Prescriptions should be sealed with tape and placed into your blue garbage bag. **NEVER** flush medications down the toilet or sink. They will contaminate the drinking water supply.

Needles need to be placed into a Sharps container and can be dropped off at:

- Prescription Pad Pharmacy, 333 NW 70 Avenue, Ste 102, 954-791-2000
- Cost is \$5/2 containers. (Cost is waived if a new container is purchased.)

For more information on the disposal of prescription medications, please contact the Broward County Health Department, 954-467-4700.

BULK & GARBAGE PICKUP

BULK PICKUP DATES 2023

Tuesday, October 10, 2023

Tuesday, November 14, 2023

Tuesday, December 12, 2023

Please **DO NOT** put Bulk Pickup items out until Monday afternoon **AFTER 5 PM** the day before Bulk Pickup is scheduled. Place Bulk Pickup at least **5 feet AWAY** from the mailboxes, trees, and street signs.

Thank you for your cooperation.

BULK PICKUP – Our next Bulk Pickups will be Tuesday, October 10, and Tuesday, November 14. The following items will not be accepted: batteries, **black bags**, chemicals, concrete including bricks or pavers, electronics, fencing, fluorescent bulbs, glass not properly wrapped, insecticides, oils and paints, paint cans, x-rays, construction materials, tires. (For disposal of these items, refer to the article on Household Hazardous Waste & Electronic Recycling on page 16). To ensure the safety of Waste Management drivers, mirrors, glass tabletops, windowpanes, plate glass, etc., will only be picked up if they are properly and safely placed in a rigid container. Any broken glass must be placed into a secure container and marked as glass. If items are small enough, they must be put in clear bags. **Black bags will not be accepted.** Empty cardboard boxes will be accepted.

GARBAGE PICKUP – On Tuesday - blue bags and clear recycle bags should be placed **at least 5 feet AWAY** from your mailbox. On Friday – blue bags only, also 5 feet from your mailbox. Bags must not be put out until **5 PM** the night before pickup.



The 7 Steps to Responsible Recycling

Here are 7 rules to live by:

1. “EMPTY AND CLEAN IF YOU WANT TO BE GREEN”

Do not contaminate other recycling materials with food particles and liquids. This can damage containers and make them unfit to be recycled.

2. “DON’T BAG RECYCLABLES”

Only put loose items into recycling bag. The recycling facility does not have time to untie bags, so they will be sent to the landfill.

3. “COATED PAPER CAUSES PROBLEMS”

Waxy paper cups and shiny or sparkly gift bags are examples of coated paper. If they have been treated or coated, they cannot be recycled.

4. “GREASE IS GROSS”

Oil and water don’t mix; when the grease from your recyclables transfers to other paper goods, it can spoil the batch of mulch at the paper mill. Parts soiled by grease should be cut out of paper materials. Toss only clean cardboard into recycling.

5. “IF IT TANGLES, THEN IT MANGLES”

Tanglers are items that can get stuck in the equipment at a recycling facility. Don’t recycle ropes, strapping, zip-ties, hoses, wires, chains, cords.

6. “DON’T BE A DANGEROUS DUMPER”

Certain items can be dangerous when mixed with recycling: batteries, light bulbs, medications and lighter fluids are examples of unsafe items.

7. “IF IN DOUBT, THROW IT OUT”

Do not add to the financial and environmental cost of trucking garbage from recycling facilities to landfills.



**PLEASE READ:
IMPORTANT
MESSAGE**

GARBAGE & TRASH PICKUP

The Post Office has asked that we **NOT** place trash and recycle bags against the mailbox posts. These bags should be **at least five feet away** from the mailbox post on the driveway or lawn. Bulk trash items should be even farther away and not close to any trees or other objects that may interfere with the grabber arm used to pick up the bulk trash.



LIVE ENTERTAINMENT 2023

SHOW DATE	ENTERTAINMENT	TICKET SALES BEGIN*
Nov 4	Carol Bufford Show	Oct 23

POSTPONED

The last two shows for 2023 have been rescheduled in 2024.
Thank you for your understanding.

2
0
2
3

LIVE ENTERTAINMENT 2024

SHOW DATE	ENTERTAINMENT	TICKET SALES BEGIN
Febr 24	Sweet Seasons – Michelle Foster <i>The music of Carole King</i>	Feb 5
Apr 20	Rocky and the Rollers <i>Hits from the 50's, 60's and 70's</i>	Apr 1
May 11	Jason Petty – Classic Nashville <i>A musical journey through the history of country music</i>	Apr 29
Sep 14	Jersey Tenors <i>The newest Opera/Rock Mash-up sensation</i>	Sep 2
Oct 19	Eric Kearns <i>Voices of legends singing impressionist</i>	Oct 7
Nov 2	Carol Bufford Show <i>Celebrating the songstresses of the 1960s</i>	Oct 21

***Note: Reserved seats must be purchased the first week of ticket sales**

2
0
2
4

Reserved

SEATS ARE AVAILABLE FOR LIVE SHOWS

Reserved seating is available for Lauderdale West residents (2 per household) for the live shows. Check with staff in the ticket office to reserve specific seats for the shows. They will be able to identify which seats are available. You don't pay for the tickets until you pick them up for the show. No extra charge: they are the same low price of \$15 for residents. This allows you to have the same seats for all the great shows.

Reserved seat tickets must be picked up the first week of ticket sales for a show or they will be made available to the general public on a first come, first served basis.

Stop by the Ticket Office in the Clubhouse Main Lobby and pick out your seats.



ALLERGIC TO:

SULFUR?

Then you need to know this: The main pool and both spas have salt filtration systems. The salt mixture contains sulfur! If you use them, you may have a reaction. Please be aware!

ALLERGY



RULES FOR USE OF THE GYM

1301 NW 87 Lane

Hours: 6:30 AM – 9 PM

1. Wear proper attire. No swimsuits or flip flops are allowed in the gym. Only closed-toe shoes are allowed.
2. No food or beverage, except water in plastic bottles, is allowed in the gym.
3. No one under the age of 18 is allowed in the gym.
4. **The gym is for the exclusive use of Lauderdale West residents. Outside guests are not allowed.**
5. Use of the equipment while alone is discouraged. Use the "buddy system" to be safe.
6. The gym is under camera surveillance. Disregard of any of these rules may result in a fine or removal of these privileges.

GYM ETIQUETTE

1. Wipe down/clean equipment before and after use. Antibacterial wipes, Lysol and a paper towel dispenser are available for your use.
2. Do not stare at, crowd, or touch anyone else without permission.
3. Use one piece of equipment at a time.
4. If someone is waiting for a machine that you are using, you are allowed a total of 20 minutes on that machine, not 20 minutes after that person arrives.

Respect Others!

PLEASE & THANK YOU

SWIMMING POOL HOURS

The main pool is open from 6:00 AM to 9:00 PM and you must leave the pool area by that time. The Annex/Satellite pool is open from dawn to dusk.



SWIMMING POOL RULES

This is just a reminder: Everyone must follow the posted pool rules.

- There is no lifeguard on duty; use of the pool and pool area is at your own risk.
- Only residents and their guests are allowed in the pool area.
- **NO** animals are allowed in the pool area or the Patio Plaza outside the pool area.
- The pool gate **MUST** remain closed. Do not prop open a pool area gate.
- Showering is required **BEFORE** entering the pool per the Broward County Department of Health.
- Allow residents who are swimming laps the right of way.
- Diving is **NOT** allowed.
- Children must be supervised by an adult, **at all times**, in the pool area, especially when they are in the water – **THERE IS NO LIFEGUARD ON DUTY.**
- No child under the age of 16 is allowed in the spa/hot tub.
- No jumping, running or loud noise in the pool area.
- No food, drink or glass is allowed in the **pool area**. Plastic water bottles are allowed.
- Vacate the pool area during rain, thunder, or lightning – sitting under the metal awnings is dangerous.
- Incontinent or non-trained individuals must wear swim diapers.
- No smoking or vaping is allowed in the pool area.

The Lauderdale West Community Association reserves the right to deny the use of the pool or pool area to anyone at any time for just cause.

If you fail to follow the above rules, you will be asked to leave the pool area and your pool privileges may be revoked. If the posted rules and the rules set forth above are violated, the pool will be closed.

this silly cabaret

original poetry by Lydia Shutter



in the silence of a summer swelter
 i try to translate the rain
 certain it holds a message
 meant only for me
 but it whispers too softly
 for me to decipher the words
 since the soundtrack of my life
 is currently being performed by the whitecaps
 the arrogant sun
 is editing the notes
 this cabal of cacophony continues
 till i am sure i will disappear
 without anyone every truly understanding
 this silly cabaret

© 2023 Lydia Shutter

We need YOUR HELP!

In the Wood Shop

Each year we build and paint toys for children to be distributed during the holiday season. We need woodworkers and people to paint those toys throughout the year. Why not join us for this wonderful cause? We are in the Wood Shop Monday through Friday from 8:00 AM to 1:30 PM. Hope to see you there.



SPANISH ASSISTANCE

Liliana Bonnet (954-588-2386) y Alfredo Arroyo (954-249-3851) se han ofrecido para atender consultas sobre temas relacionados con la Asso-ciacion. Pueden llamarlos si requieren orientación y/o ayuda.

Liliana Bonnet (954-588-2386) and Alfredo Arroyo (954-249-3851) have volunteered to assist Spanish speaking homeowners with any concerns with Association matters. Please call if you need help.

LW CLUBS, GROUPS and ACTIVITIES

CLUB	CONTACT	PHONE	EMAIL	TIME/DAY	LOCATION
Bayberry Garden Circle	Judy Watson	954-547-1007		10 AM 3 rd Thursday	Room 208
Bridge	Trudy Woronoff	954-635-6664		1-4 PM 1 st Sunday	Room 208
Cards	Sandy Spector	954-423-3293		1 PM Tue & Wed	Room 208
Ceramics	Anne Karic	305-766-6462		7 PM Wednesday	Room 106
Hadassah	Susan Rose	954-424-8494	mssrose@aol.com	11:30 AM 3 rd Tuesday	LW Auditorium
Kalookie	Carmen Delisser	754-235-4518	carmendelisser@yahoo.com	7-9:30 PM Friday	Room 208
Low Impact Exercise	Penny Temple	954-608-8132		8:30-9:30 AM Mon-Fri	Room 111
Low Impact Exercise	Sue Valentini	515-201-7303			
Mah Jongg Tournament	Bobbie Kalkstein	954-472-5566		Noon Friday	Room 206
Ping Pong	Stu Sosniak	954-881-1875		Call for Pickup Game	Room 207
Poker Players	Joe Gillardi	954-475-1944			Room 208
Pool Players	Paul Wagner	954-778-0135		1-3 PM Mon & Fri	Room 202
Pool Players	Paul Wagner	954-778-0135		7-9 PM Thursday	Room 202
Scrapbooking Workshop	Cyndie Schmidt	843-452-4972	cynthiascrapbooks@gmail.com	12-3 PM 4 rd Thursday	Room 106
Sewing Circle	Shirley Jenkins	954-314-7318	516-376-8318 cell	1 PM Monday	Room 106
Social Tennis	Rene Gonzales	305-724-8465	rrguitare30@gmail.com	9 AM Sun – 8 AM Sat	Tennis Courts
Social Tennis	Rene Gonzales	305-724-8465	rrguitare30@gmail.com	6 PM Tue & Thu	Tennis Courts
Spanish Club	Aura Giron	321-412-1557		7 PM 2 nd Thursday	Room 113
Stained Glass	Brunia Duval	954-476-4226	bruniaduval@yahoo.com	1-3 PM Wed & Fri	Room 106
Women of LW, Inc.	Pinky Trapani	954-472-1652		11 AM 1 st Tuesday	LW Auditorium
Wood Shop	Steve Taylor	954-473-8233		8 AM-1:30 PM Mon-Fri	Room 104
Wood Shop	Willie Padilla	754-667-2912			

WOMEN *Of Lauderdale West*

By Pinky Trapani 954-472-1652

Due to the air conditioner replacement in the Clubhouse, many activities have come to a halt. It seems it will be a while longer before we can get together. We had hoped that by September, we might be back to some type of normalcy. Until further notice, as I understand it, the Clubhouse has been designated for limited use.

We are scheduled for two Casino Bus Rides, one for September 11th and the other for October 30th. Kay Wilson (954-908-1449) and Gypsy Royce (973-715-7811) will be taking reservations for rides. Please contact them.

We are still searching for a place to have our meetings and working on plans for the theatre shows that are due to start in January 2024 at the Lauderhill Theatre. As dates and locations become available, you will be notified.

Our board members have been working such long hours to get all these Clubhouse issues

solved. We need to be patient for a while longer.

Thank you, Jeff Bender, Rikki Johnson and our newspaper staff for such a tremendous job giving us all the necessary information for our daily living. Please stay tuned to 901 and 902. These channels are so helpful.

At this time, I want to say a big thank you to my Lauderdale West family as well as members of Women of Lauderdale West and Hadassah for your many phone calls, cards, food & shopping and above all, the many prayers to get me where I am today. With the Grace of God & all of you, I am making it.

Hopefully it won't be too long before we will be joining each other for our meetings. Callers will notify you as plans become fruitful.

Thank you for your patience. REMEMBER: Our hands serve, and our hearts care. We will soon be doing this together.

Until next time, Blessings.

HADASSAH *Happenings...*

By Susan Rose, President | 954-288-8494 - Mssrose@aol.com

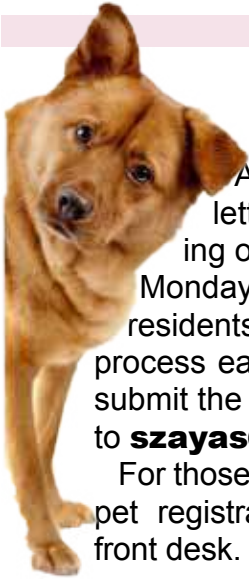
We made it through the extremely hot summer to Autumn. Let's enjoy ourselves. October 3rd we will have a planning meeting at Susan Rose's home at 9:30 AM for all board members and anyone who would like to be more involved. On October 10th, Lunch Bunch is at Bagel Host Two on Pine Island Road just south of 44th Street. Please call Gypsy Royce 973-715-7811 to RSVP. Everyone pays for their own lunch, and makes a \$5 donation to Hadassah.

L'Chayim Hadassah has been very creative in planning and having meetings during the renovations at Lauderdale West's Clubhouse. A special thanks to Five Star for allowing us to meet in their Oasis Lounge. October 15th is a Region Luncheon at the Sorof JCC recognizing the hard work chapters are doing to recruit and retain members. Lunch will be provided by Aroma catering. Please let me know if you are going.

October 17th we will be at Five Star at 11 AM. Lunch will be brought in with beverages and des-

sert. The \$10 registration fee must be sent to Susan Rose prior to the meeting. Please contact Karen Pellegrini at 954-205-1939 by October 10th or at lunch bunch to RSVP. We must collect money prior to the lunches as Hadassah National has new rules. October 22nd Hadassah is sponsoring a Fight Cancer walk at Central Park in Plantation. Our chapter will be participating. If you would like to walk with us, please contact Anita Platt 954-328-3371.

We will have a Lunch Bunch at the Asian Buffet on University Drive in Sunrise on November 14th. Please call Gypsy Royce 973-715-7811 and let her know you are coming. Our November General Meeting is at Five Star again. As we get closer, information will be on Ch 901 or email me to get any updates. We can add you to our email list. We look forward to getting back to having Bingo, Card parties, Tea parties and other activities in Lauderdale West's Clubhouse.



ATTENTION ALL DOG OWNERS!

Hello LW Community!

As previously stated in our news letter last month, we will be commencing our LW pet registration project on Monday October 30, 2023. We invite all LW residents to register their dogs. To make the process easy, you will be able to request and submit the application through email by writing to szayas@lauderdalewest.org

For those that do not have email, we will have pet registration applications available at the front desk.

Our objective is to make the process easy. Following are the requirements:

1. Complete a Lauderdale West Pet Registration Application.
2. Provide a letter from your healthcare provider.
3. Provide a current vaccination record.
4. Provide a photo of your dog.
5. Comply with all City and County ordinances.

We look forward to working together. If you have any questions, please feel free to call me at **954-473-8219 ext. 117** or at my email listed above.

Thank You, Sally Zayas

CAR TEMPERATURE PET SAFETY CHART
 YOUR CAR HEATS UP FAST!
 80% of temperature rise occurs within the first half hour!

Temp OUTSIDE F°	Temperature IN YOUR CAR	
	10 min	30 min
70°	89°	104°
75°	94°	109°
80°	99°	114°
85°	104°	119°
90°	109°	124°
95°	114°	129°

Even with the windows cracked, 70° can be too hot!

HOT ASPHALT!!

Air Temperature	Asphalt Temperature
77°	125°
86°	135°
87°	143°

At 125° skin destruction can occur in just 60 seconds.
 Always check the asphalt prior to allowing your pet to walk on it.

Paws will get burned.
 TIP: If it's too hot for your bare feet, it is too hot for theirs!

PLANTATION HURRICANE TRASH COLLECTION

When Plantation and the surrounding area is under the threat of a hurricane, there is basic information you should remember regarding your trash collection.

Solid Waste/Trash & Recycling Collection

Residential and commercial/multi-family solid waste and recycling collections will be suspended in the event a Hurricane Watch has been posted.

Once debris collection begins, debris must be placed at the curbside/right-of-way (ROW) and must be separated by debris type.

- **Vegetative Debris** – includes shrubs, palm fronds, tree trimmings, grass and leaves, twigs or cut up branches.
- **Construction & Demolition Debris (C&D)** – materials relating directly to construction or demolition of buildings, such as cement, dry-wall, glass, insulation, concrete blocks, etc.
- **White Goods Debris** – appliances, including refrigerators, ranges, washing machines, clothes dryers, freezers, microwave ovens, air conditioners, etc.
- **E-Goods Debris** – Electronics, including TVs, computers, stereos, phones, DVD players, etc.

Bulk Pickup

Waste Management will also suspend bulk trash pickup once a Hurricane Watch has been posted.






Wednesday	Thursday	Friday	Saturday	<p style="writing-mode: vertical-rl; text-orientation: mixed; font-size: 2em; font-weight: bold; letter-spacing: 0.5em;">N O V E M B E R 2 0 2 3</p>
<p>1 All Saint's Day</p> <p>104 8-1:30 Wood Shop 111 8:30-9:30 am Low Impact Exer 106 1 pm Stained Glass 208 1 pm Cards 106 7 pm Ceramics</p>	<p>2 Al Soul's Day</p> <p>104 8-1:30 Wood Shop 111 8:30-9:30 am Low Impact Exer 113 9:30-10:30 am Blood Pressure 208 10:30 am Cards Satl 6 pm Social Tennis 202 7-9 pm Pool Playing</p>	<p>3 Housewife's Day</p> <p>104 8-1:30 Wood Shop 111 8:30-9:30 am Low Impact Exer 206 Noon Mah Jongg 106 1 pm Stained Glass 202 1-3 pm Pool Playing 208 7 pm Kalookie</p>	<p>4 Book Lovers Day</p> <p>Satl 8 am Social Tennis</p> 	
<p>8 Cook Something Bold Day</p> <p>104 8-1:30 Wood Shop 111 8:30-9:30 am Low Impact Exer 106 1 pm Stained Glass 208 1 pm Cards 106 7 pm Ceramics</p>	<p>9 World Freedom Day</p> <p>104 8-1:30 Wood Shop 111 8:30-9:30 am Low Impact Exer 113 9:30-10:30 am Blood Pressure 208 10:30 am Cards Satl 6 pm Social Tennis 202 7 pm Pool Playing 113 7-9 pm Spanish Club</p>	<p>10 USMC Day</p> <p>104 8-1:30 Wood Shop 111 8:30-9:30 am Low Impact Exer 206 Noon Mah Jongg 106 1 pm Stained Glass 202 1-3 pm Pool Playing 208 7 pm Kalookie</p>	<p>11 Veterans Day</p> <p>Satl 8 am Social Tennis</p> 	
<p>15 America Recycles Day</p> <p>104 8-1:30 Wood Shop 111 8:30-9:30 am Low Impact Exer 113 10 am LW Board Meeting 106 1 pm Stained Glass 208 1 pm Cards 106 7 pm Ceramics</p>	<p>16 Great American Smokeout</p> <p>104 8-1:30 Wood Shop 111 8:30-9:30 am Low Impact Exer 113 9:30-10:30 am Blood Pressure 205 10 am Bayberry Garden Circle 208 10:30 am Cards 106 Noon-3pm Scrapbooking Satl 6 pm Social Tennis 202 7-9 pm Pool Playing</p>	<p>17 World Peace Day</p> <p>104 8-1:30 Wood Shop 111 8:30-9:30 am Low Impact Exer 206 Noon Mah Jongg 106 1 pm Stained Glass 202 1-3 pm Pool Playing 208 7 pm Kalookie</p>	<p>18 National Adoption Day</p> <p>Satl 8 am Social Tennis</p> 	
<p>22 Go For a Ride Day</p> <p>104 8-1:30 Wood Shop 111 8:30-9:30 am Low Impact Exer 106 1 pm Stained Glass 208 1 pm Cards 106 7 pm Ceramics</p>	<p>23 Thanksgiving</p> <p>104 8-1:30 Wood Shop 111 8:30-9:30 am Low Impact Exer 113 9:30-10:30 am Blood Pressure 208 10:30 am Cards Satl 6 pm Social Tennis 202 7-9 pm Pool Playing</p> <p style="text-align: center; color: red; font-weight: bold;">BUSINESS OFFICES CLOSED MAINTENANCE CLOSED CLUBHOUSE OPEN</p>	<p>24 Buy Nothing Day</p> <p>104 8-1:30 Wood Shop 111 8:30-9:30 am Low Impact Exer 206 Noon Mah Jongg 106 1 pm Stained Glass 202 1-3 pm Pool Playing 208 7 pm Kalookie</p>	<p>25 Small Business Saturday</p> <p>Satl 8 am Social Tennis</p> 	
<p>29 Square Dance Day</p> <p>104 8-1:30 Wood Shop 111 8:30-9:30 am Low Impact Exer 106 1 pm Stained Glass 208 1 pm Cards 106 7 pm Ceramics</p>	<p>30 National Mason Jar Day</p> <p>104 8-1:30 Wood Shop 111 8:30-9:30 am Low Impact Exer 113 9:30-10:30 am Blood Pressure 208 10:30 am Cards Satl 6 pm Social Tennis 202 7-9 pm Pool Playing</p>			




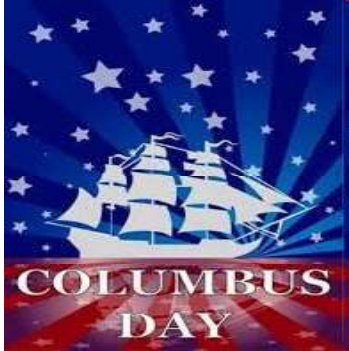
2023

OCTOBER



Flower Of The Month:
MARIGOLD

Sunday	Monday	Tuesday
<p>1 International Day for the Elderly Satl 9 am Social Tennis</p> 	<p>2 World Farm Animals Day 104 8-1:30 Wood Shop 111 8:30-9:30 am Low Impact Exer 108 1 pm Sewing Circle 202 1-3 pm Pool Playing 208 7 pm Cards</p>	<p>3 Techies Day 104 8-1:30 Wood Shop 111 8:30-9:30 am Low Impact Exer 113 9:30 Hadassah Board Mtg AUD 11 am Women of LW, Inc 208 1 pm Cards Satl 6 pm Social Tennis</p>
<p>8 American Touch Tag Day Satl 9 am Social Tennis 208 1-4 pm Bridge</p> 	<p>9 Columbus Day 104 8-1:30 Wood Shop 111 8:30-9:30 am Low Impact Exer 108 1 pm Sewing Circle 202 1-3 pm Pool Playing 208 7 pm Cards</p>	<p>10 Newspaper Carrier Day 104 8-1:30 Wood Shop 111 8:30-9:30 am Low Impact Exer 208 1 pm Cards Satl 6 pm Social Tennis</p> <p style="text-align: right;">BULK PICKUP</p>
<p>15 White Cane Safety Day Satl 9 am Social Tennis</p> 	<p>16 Dictionary Day 104 8-1:30 Wood Shop 111 8:30-9:30 am Low Impact Exer 108 1 pm Sewing Circle 202 1-3 pm Pool Playing 208 7 pm Cards</p>	<p>17 Bosses Day 104 8-1:30 Wood Shop 111 8:30-9:30 am Low Impact Exer AUD 11 an Hadassah Gen Mtg 208 1 pm Cards Satl 6 pm Social Tennis</p>
<p>22 Mother-in-law Day Satl 9 am Social Tennis</p> 	<p>23 National Mole Day 104 8-1:30 Wood Shop 111 8:30-9:30 am Low Impact Exer 108 1 pm Sewing Circle 202 1-3 pm Pool Playing 208 7 pm Cards</p>	<p>24 United Nations Day 104 8-1:30 Wood Shop 111 8:30-9:30 am Low Impact Exer 113 11 am Women of LW Bd Mtg 208 1 pm Cards Satl 6 pm Social Tennis</p>
<p>29 National Cat Day Satl 9 am Social Tennis</p> 	<p>30 Mischief Night 104 8-1:30 Wood Shop 111 8:30-9:30 am Low Impact Exer 108 1 pm Sewing Circle 202 1-3 pm Pool Playing 208 7 pm Cards</p>	<p>31 Halloween 104 8-1:30 Wood Shop 111 8:30-9:30 am Low Impact Exer 208 1 pm Cards Satl 6 pm Social Tennis</p>

Wednesday	Thursday	Friday	Saturday
<p>4 National Golf Day</p> <p>104 8-1:30 Wood Shop 111 8:30-9:30 am Low Impact Exer 106 1 pm Stained Glass 208 1 pm Cards 106 7 pm Ceramics</p>	<p>5 Do Something Nice Day</p> <p>104 8-1:30 Wood Shop 111 8:30-9:30 am Low Impact Exer Satl 9 am Social Tennis 113 9:30-10:30 am Blood Pressure 208 10:30 am Cards 202 7-9 pm Pool Playing</p>	<p>6 World Smile Day</p> <p>104 8-1:30 Wood Shop 111 8:30-9:30 am Low Impact Exer 206 Noon Mah Jongg 106 1 pm Stained Glass 202 1-3 pm Pool Playing 208 7 pm Kalookie</p>	<p>7 Bald and Free Day</p> <p>Satl 9 am Social Tennis</p> 
<p>11 It's My Party Day</p> <p>104 8-1:30 Wood Shop 111 8:30-9:30 am Low Impact Exer 106 1 pm Stained Glass 208 1 pm Cards 106 7 pm Ceramics</p>	<p>12 Cookbook Launch Day</p> <p>104 8-1:30 Wood Shop 111 8:30-9:30 am Low Impact Exer Satl 9 am Social Tennis 113 9:30-10:30 am Blood Pressure 208 10:30 am Cards 202 7 pm Pool Playing 113 7-9 pm Spanish Club</p>	<p>13 International Sceptics Day</p> <p>104 8-1:30 Wood Shop 111 8:30-9:30 am Low Impact Exer 206 Noon Mah Jongg 106 1 pm Stained Glass 202 1-3 pm Pool Playing 208 7 pm Kalookie</p>	<p>14 National Motorcycle Ride Day</p> <p>Satl 9 am Social Tennis</p> 
<p>18 Meatloaf Appreciation Day</p> <p>104 8-1:30 Wood Shop 111 8:30-9:30 am Low Impact Exer 113 10 am LW Board Meeting 106 1 pm Stained Glass 208 1 pm Cards 106 7 pm Ceramics</p>	<p>19 Evaluate Your Life Day</p> <p>104 8-1:30 Wood Shop 111 8:30-9:30 am Low Impact Exer Satl 9 am Social Tennis 113 9:30-10:30 am Blood Pressure 205 10 am Bayberry Garden Circle 208 10:30 am Cards 106 Noon-3 pm Scrapbooking 202 7-9 pm Pool Playing</p>	<p>20 International Chefs Day</p> <p>104 8-1:30 Wood Shop 111 8:30-9:30 am Low Impact Exer 206 Noon Mah Jongg 106 1 pm Stained Glass 202 1-3 pm Pool Playing 208 7 pm Kalookie</p>	<p>21 Sweetest Day</p> <p>Satl 9 am Social Tennis</p> 
<p>25 Howl at the Moon Day</p> <p>104 8-1:30 Wood Shop 111 8:30-9:30 am Low Impact Exer 106 1 pm Stained Glass 208 1 pm Cards 106 7 pm Ceramics</p>	<p>26 National Mincemeat Day</p> <p>104 8-1:30 Wood Shop 111 8:30-9:30 am Low Impact Exer Satl 9 am Social Tennis 113 9:30-10:30 am Blood Pressure 208 10:30 am Cards 202 7-9 pm Pool Playing</p>	<p>27 Frankenstein Friday</p> <p>104 8-1:30 Wood Shop 111 8:30-9:30 am Low Impact Exer 206 Noon Mah Jongg 106 1 pm Stained Glass 202 1-3 pm Pool Playing 208 7 pm Kalookie</p>	<p>28 Make a Difference Day</p> <p>Satl 9 am Social Tennis</p> 
		<p>KEY TO LOCATIONS</p> <p>AUD = Auditorium BC = Bocce Court EXT = Outside of Lw LIB = Library SATL = Satellite TO = Ticket Office</p>	<p>PLEASE NOTE</p> <p>Since this calendar must be prepared weeks in advance, there may be last-minute changes. We suggest you verify dates on BlueStream Channel 901.</p> <p>Revised 09-01-2023</p>

2023

**N
O
V
E
M
B
E
R**



Flower Of The Month:
CHRYSANTHEMUM

Sunday	Monday	Tuesday
<p>PLEASE NOTE</p> <p>Since this calendar must be prepared weeks in advance, there may be last-minute changes. We suggest you verify dates on BlueStream Channel 901.</p> <p>Revised 08-28-2023</p>	<p>KEY TO LOCATIONS</p> <p>AUD = Auditorium BC = Bocce Court EXT = Outside of Lw LIB = Library SATL = Satellite TO = Ticket Office</p>	
<p>5 Daylight Savings Time Ends</p> <p>Satl 9 am Social Tennis 208 1-4 pm Bridge</p> 	<p>6 National Nacho Day</p> <p>104 8-1:30 Wood Shop 111 8:30-9:30 am Low Impact Exer 108 1 pm Sewing Circle 202 1-3 pm Pool Playing 208 7 pm Cards</p>	<p>7 US General Election Day</p> <p>104 8-1:30 Wood Shop 111 8:30-9:30 am Low Impact Exer 113 9:30 am Hadassah Board Mtg AUD 11 am Women of LW, Inc 208 1 pm Cards Satl 6 pm Social Tennis</p>
<p>12 National French Dip Day</p> <p>Satl 9 am Social Tennis</p> 	<p>13 SAdie Hawkins Day</p> <p>104 8-1:30 Wood Shop 111 8:30-9:30 am Low Impact Exer 108 1 pm Sewing Circle 202 1-3 pm Pool Playing 208 7 pm Cards</p>	<p>14 World Diabetes Day</p> <p>104 8-1:30 Wood Shop 111 8:30-9:30 am Low Impact Exer 208 1 pm Cards Satl 6 pm Social Tennis</p> <p>BULK PICKUP</p>
<p>19 Play Monopoly Day</p> <p>Satl 9 am Social Tennis</p> 	<p>20 Beautiful Day</p> <p>104 8-1:30 Wood Shop 111 8:30-9:30 am Low Impact Exer 108 1 pm Sewing Circle 202 1-3 pm Pool Playing 208 7 pm Cards</p>	<p>21 Taco Tuesday</p> <p>104 8-1:30 Wood Shop 111 8:30-9:30 am Low Impact Exer AUD 11:30 am Hadassah Gen Mtg 208 1 pm Cards Satl 6 pm Social Tennis</p>
<p>26 Shopping Reminder Day</p> <p>Satl 9 am Social Tennis</p> 	<p>27 Cyber Monday</p> <p>104 8-1:30 Wood Shop 111 8:30-9:30 am Low Impact Exer 108 1 pm Sewing Circle 202 1-3 pm Pool Playing 208 7 pm Cards</p>	<p>28 French Toast Day</p> <p>104 8-1:30 Wood Shop 111 8:30-9:30 am Low Impact Exer 113 10 am Women of LW Bd Mtg 113 11:30 am Nutrition Seminar 208 1 pm Cards Satl 6 pm Social Tennis</p>



PLANTATION NEWS

By Mayor Nick Sortal

Plans are moving forward for a nice restaurant in the spot that Carrabba's occupied until a July 6, 2019, explosion. Burton's Grill & Bar, a dining establishment in line with other sit-down restaurants in the city, has received a building permit and hopes to open in January 2024 at Market on University.

Personal note: The "Best in Broward" awards were presented at an Aug. 5 dinner, and I am proud to share that I was chosen "Best Elected Official at the Local Level." State Rep. Marie Woodson was selected "Best State Elected Official" and Property Appraiser Marty Kiar and County Commissioner Beam Furr shared "Best County Elected Official." I love doing this job and I love Plantation, but, like everyone, it's always nice to be recognized.

Protecting neighborhoods: The City Council and I are committed to protecting the character of our single-family neighborhoods while facilitating economic growth where it makes sense. Administration has been working with our legal counsel and the Planning, Zoning and Economic Development Department to ensure that the residential flexibility unit use within the City meets this goal.

The current proposal considers a Unified Flexibility Zone within the City and prohibits the allocation of residential flex units within the Plantation Acres Special Interest District and other single-family residential districts.

I'm eager to codify rules against the use of flex in the Acres and other single-family residential districts. I am interested in rational development of our Midtown District, but I clearly want to assure single-family residents that overdevelopment in their neighborhoods is not on the table.

Email Mayor Nick Sortal at Mayor@Plantation.org.

CITY OF PLANTATION 2023 CITY COUNCIL MEETINGS

October 11, 2023 | October 25, 2023
November 8 | November 29



Plantation City Council meetings are generally held the 2nd and 4th Wednesday at 6:00 p.m. in Council Chambers at Plantation City Hall, 400 NW 73rd Avenue. Periodically, meetings may be cancelled, or special meetings may be held. Please call the City Clerk's Office at City Hall to verify (954-797-2237).



A SPECIAL MESSAGE FROM THE PLANTATION POLICE DEPARTMENT

There continues to be incidents in our area of people knocking on doors claiming to be various vendors seeking entry into our home. If allowed access to the home, they may rob or cause harm to the resident.

We are also aware of the theft of items left or stored on patios. Please **DO NOT** leave valuable items outside and make sure your home and vehicle are always locked. In these difficult times it is critical that we continually be aware of our person, surroundings, and valuables.

PLEASE DO NOT OPEN YOUR DOOR TO STRANGERS. AND CERTAINLY, DO NOT ALLOW THEM INTO YOUR HOME. DO NOT LEAVE VALUABLES UNSECURED.

EXPERIENCE WITH LONG TERM CARE INSURANCE

If you are thinking about buying long term care insurance, please be aware of a few things. First hear my story.

When my wife and I moved to Florida, we went to a meeting in our development and a person was speaking about long term care insurance. I was 58 at the time and my wife was a little younger. After the meeting we decided that this was a good thing and got the insurance.

We came from out of state and never had this insurance, but it seemed in Florida it was the thing to do. If we joined before we were 60 the cost of the insurance would be much less expensive. Why have the children worry about us if we needed assistance? We took the policy where we would have immediate care and would get an aide right away.

Well, here it is 20 years later and my wife is unfortunately not well. I called the insurance company to arrange for an aide to come and help her shower and get dressed, etc. When I called the insurance company they said, "Fill out the application; we will review the application and if (notice I said IF) everything is in order you can get an aide." I was told it will take about a month to review. I almost had a fit. A month! I told them, "We have the immediate care policy."

Well, here's how it works. You pay out of pocket for the aide and, if everything is approved, they will reimburse you.

I filled out all the paperwork and e-mailed it to

them. I didn't hear anything, so I called to see if everything was in order. They said, "Now we can start the proceedings." NO ONE TOLD ME YOU HAVE TO CALL. I was glad I called.

The policy we took provided \$100.00 a day from the insurance company. At the time aides were getting \$6.00 an hour so we thought that was sufficient. Now aides get \$25.00 an hour with a limit of 6 hours.

If we had put away the money we paid into the policy, we would have saved over \$80,000 dollars without the aggravation. Our premiums are now much more than when we started because they raise the premiums as you age.

Moral of my story; think carefully before getting long term care insurance and do your research thoroughly. Or, put the money in the bank and save for your later years.

ROBERT'S BARBER SHOP
 Traditional • Old Fashion
 Men's & Boys Hair Styling
 Since 1995

- Scissor Cuts
- Layer Cuts
- Razor Cuts
- Flat Tops
- Fades
- Hot Shaves
- Beard Trim
- Ladies Cuts

We speak English, Italian & Spanish
 Appointments Suggested
954-746-8886
 2692 N. University Dr.
 Sunrise, FL 33322

Oakland Pk. Blvd	Next to Kings Head Pub ★	Sunset
	University Dr.	Sunrise Blvd.

Alexis Simply Clean
Simply professional... Simply Honest... Simply Affordable...

Alexis Hopkins
 Owner|Operator
 (954)600-5173

www.alexissimplyclean.com

BURROWING OWLS AT LAUDERDALE WEST

By Stacey Rasner



You may have noticed our “Owl Burrows” have had a recent upgrade! There are several burrow sites within our community. These are protected sites as per state statute: 68A-27 F.A.C. The Florida burrowing owl is a state threatened species, which means that taking, possessing, or selling burrowing owls, their nests (i.e., burrows), or eggs is prohibited without a permit. Burrowing owls, eggs, and active nests are also protected under the Federal Migratory Bird Treaty Act. You may observe around the community that these areas are sectioned off with a rope.

We are lucky that we can enjoy the beauty of these creatures as well as watch them in their natural habitat. Everyone, it seems, loves burrowing owls with their big yellow eyes, bobbing heads and curious — sometimes cranky — facial expressions.

These distinctive birds aren’t like most owls. First, they aren’t much bigger than a soda can. Next, they don’t live in barns or trees. They live underground. You are more likely to see them out and about at dusk or dawn. Their burrows have a saucer-sized entrance and a tunnel/s leading to a nesting cavity as deep as 8 feet underground. For obvious reasons, they prefer land that drains well. The owls often take over holes abandoned by squirrels and other small animals. Sometimes, they even set themselves up in man-made pipes

and plastic tubing in the ground. Their burrows protect them from hawks, iguanas, cats, and other roaming animals.

These owls are valuable to humans and the ecosystem. They are fierce predators of rodents (mice and gophers), snakes, and insects (beetles, grasshoppers, and earwigs,). They consume agricultural pests and help prevent the spread of diseases that rodents can carry.

Please enjoy them but remain behind the yellow rope. If you happen to see a new burrowing site, please reach out to the HOA so we can rope off the area.

A big thank you to Paul Kragh with Project Perch, Inc. who was nice enough to help restore our owl burrows. He is part of a nonprofit group and works totally through donations. If you would like more information on these fascinating creatures, please visit <https://projectperch.org>. There is a wealth of information if you find yourself interested in learning more about these sweet, intriguing creatures.

The pictures shown here were taken by some of our residents at Lauderdale West!



AN OPEN LETTER TO LAUDERDALE WEST

I sat in the August 10, 2023, budget meeting and came home with the idea that many Lauderdale West Homeowners are not aware of a few things related to our property at Lauderdale West.

My monthly HOA payment, where does it go? How does this all work?

For clarity, there are three budgets.

- The Single Family Homes. This covers costs related only to SFH, such as roof replacements, termite control of those buildings, and painting of those buildings.
- The Plexes, both duplexes and quadplexes. This covers costs specifically related to those buildings, such as roof replacements, termite control, painting of those buildings, and parking space paving.
- Lastly, the Common Budget covers everything else, which are those things in the common areas of our community. This would be anything related to the clubhouses, the pools, the irrigation system, the roads not owned by the City, the lakes and canal maintenance, and any vehicles, etc. This covers all the vendor contracts, our maintenance staff, and Blue Stream.

We also have a Reserve, which is funded from our monthly payments, based on various formulas. These are items that must be repaired or replaced and have a large cost associated with them. A reserve fund starts by taking the estimated lifetime of an item and setting an estimated replacement cost. After dividing the replacement cost by the lifetime, a value is reached for how much money needs to be put in the fund each year to be able to afford the replacement when the time comes. This number is divided by 60% SFH and 40% Plexes, and then divided by 12 to determine how much we pay each month. This is done for each line item in the budget.

Money collected for each of these four items must be spent in those specific areas. This process is determined by our documents and State laws.

Each year, the expenses in these three budgets may exceed or be under budget. Mostly these expenses average out. Money can be spent as needed WITHIN each budget but cannot cross over to another budget. At the end of the year, any excess funds go into the surplus fund. This fund is used as needed for items that come up unexpectedly.

The Board of Directors is not another corporation, or unrelated entity to us, the homeowners. **They are us.** When we look to and complain that “the Board” is doing this or that, we need to remember they are just our neighbors. These are people who are VOLUNTEERING their time for the betterment of our homes. We could be sitting in those chairs if we want to be.

Working through the budget process is painful for all of us. Things cost more every year, everywhere. Yet maintaining our homes and the property associated with it is worth it in the long run, as our property values can attest. How we fund these cost increases weigh heavy with our Board and fellow neighbors. Remember the cost increases for you and me include the Board members also; they are not immune to any of it.

The budget process:

Each year the Board must create a budget for the following year. They do this through a series of workshops, to which every homeowner is invited. If you cannot attend, you can watch the video on Channel 902 on your TV. These can also be seen on the website in the Owner’s Corner.

For each line item, the Board looks at this year’s budget number and compares it with the amount projected to be spent by the end of this year, based on estimates and the most current information they have. They compile estimates for upcoming increases or projected work for the coming year. They talk to vendors, getting new bids if necessary. Then they balance these things to get a feel for what they need to budget for that line-item next year. All of this is educated guess work.

The Board works their way through the budgets as a first pass to get an idea of where we are. Then they go back and try to fine-tune the budgets and finesse them in any way possible without compromising our properties. All of this is done under the watchful eye of our Accountant. What is presented at the final Official budget meeting is a culmination of months of work.

AN OPEN LETTER TO LAUDERDALE WEST Continued

What can we do to lower the costs involved in the budget items? Take some personal responsibility.

- Do I do what I need to do to maintain the property?
 - Do I keep my gutters clean so there is not unnecessary damage to the fascia which needs to be replaced with my roof?
 - Do I maintain the outside of my house to avoid damage?
 - Do I contact the proper Board member if I see something that needs some repair or attention?
 - Do I park or allow visitors to park on the lawn which damages sprinkler heads and pipes which increases our costs?
- Do I clean up after myself when I use the common facilities?
- Do I immediately let the Board know if something in the common area needs repair?
- Do I have items planted in the common area of the lawns that requires the lawn maintenance company to take longer to work through my area?
- Do I contact the Board if I see a broken sprinkler head and water pumping across the lawn?
- Do I get my information from the Website, or do I still get the newsletter sent to my home?
- Is my information updated, or am I one of the people that has things sent by mail to the wrong address, increasing our postage costs?
- If I am a landlord, do I cause more work for the Board and our lawyers, thus increasing costs?
- Do I keep my tenants up to date on the proper procedures for getting repairs done?

For those who do not know, there are items in our documents that cannot be changed. Any amenity that was there when the first person bought their home must stay available. By Law! There are amenities that only some people make use of. If we want more value for our money, we must use those amenities, not try to deny those people who already do! We all bought into a community, and I hope we can all remember to act like we are part of that community.

- Do I start or spread rumors instead of finding out the facts?
- Do I participate in my community?

As the HVAC system and related work is completed, I hope to see many more community members out and about participating in the things Lauderdale West offers.

Speaking of participating, I often wonder why there are not more people at the events held at Lauderdale West, especially the shows. What a bargain! Where else can we get an evening's entertainment for \$15? And I have not been to one single show that I did not enjoy!

- Is it transportation? Because that can be fixed.
- Haven't seen a show to meet your tastes? Then let the Committee know what you'd like to see.

And don't forget to check out our wonderful website, which is also created by volunteers and has a wealth of information.

Lauderdale West is more than a bunch of homes clustered together. It is an opportunity to belong to a community, a group of people who care for their homes and the people who live near them. Let's not let opportunity pass us by.

Respectfully, just a homeowner:

Vicki Rethemeyer



BE SAFE. DRIVE SMART.

1. Stay alert to pedestrians, drivers, and others around you.
2. Use turn signals to communicate your intentions to others.
3. Come to a complete stop at all intersections and red lights.
4. Slow down. Drive at the speed limit or the appropriate speed for the road and the weather conditions.
5. Stay alert and awake. Drive defensively and always watch for other drivers to do the unexpected.
6. Follow the laws. Drive with respect and courtesy for others. Drive slower in bad weather; allow more stopping room.
7. Keep your attention on the road. Learn the sounds your car makes in different conditions and learn how to act/react if needed.
8. Put your phone away. Never text and drive.
9. Always wear your seat belt in a moving vehicle. It is the law for a reason.
10. Never drink and drive.



There have been two incidents of home burglaries in Lauderdale West. The police Department has increased patrols in LW, but as our City expands we need to be more vigilant about protecting our homes

- Keep doors, windows and garage locked whenever possible.
- Arm your security alarm system before leaving or retiring for the night.
- Install an alarm system if you don't have one.
- Upgrade your door locks.
- Make it look like someone is home.

Call the police non-emergency number, 954-797-2100 or call 911 if the situation is a true emergency.

ASK THE EXPERTS IN LAUDERDALE WEST
 CALL HARVEY & CHARLOTTE NOW!
 (954)830-9092 (954)802-0444

Don't Make a Move Without Us!



Harvey & Charlotte Abraham
 KELLER WILLIAMS LEGACY
Each office is independently owned and operated

Thanksgiving Day

Thanksgiving Day celebrating the harvest and other blessings of the past year.

Americans generally believe that their Thanksgiving is modeled on a 1621 harvest feast shared by the English colonists (Pilgrims) of Plymouth and the Wampanoag people. The holiday is particularly rich in legend and symbolism, and the traditional fare of the Thanksgiving meal typically includes turkey, bread stuffing, potatoes, cranberries, and pumpkin pie.

Plymouth's Thanksgiving began with a few colonists going out "fowling," possibly for turkeys but more probably for the easier prey of geese and ducks, since they "in one day killed as much as... served the company almost a week." Next, 90 or so Wampanoag made a surprise appearance at the settlement's gate, doubtlessly unnerving the 50 or so colonists. Nevertheless, over the next few days the two groups socialized without incident. The Wampanoag contributed venison to the feast, which included the fowl and probably fish, eels, shellfish, stews, vegetables, and beer. Since Plymouth had few buildings and manufactured goods, most people ate outside while sitting on the ground or on barrels with plates on their laps. The men fired guns, ran races, and drank liquor, struggling to speak in broken English and Wampanoag. This was a rather disorderly affair, but it sealed a treaty between the two groups that lasted until King Philip's War (1675–76), in which hundreds of colonists and thousands of Native Americans lost their lives.

The New England colonists were accustomed to regularly celebrating "Thanksgivings," days of prayer thanking God for blessings such as military victory or the end of a drought. The U.S. Continental Congress proclaimed a national Thanksgiving upon the enactment of the Constitution. Yet, after 1798, the new U.S. Congress left Thanksgiving declarations to the states; some objected to the national government's involvement in a religious observance, Southerners were slow to adopt a New England custom, and others took offense over the day's being used to hold partisan speeches and parades. A national Thanksgiving Day seemed more like a lightning rod for controversy than a unifying force.

Thanksgiving Day did not become an official holiday until Northerners dominated the federal government. While sectional tensions prevailed in the mid-19th century, the editor of the popular magazine Godey's Lady's Book, Sarah Josepha Hale, cam-



aigned for a national Thanksgiving Day to promote unity. She finally won the support of President Abraham Lincoln. On October 3, 1863, during the Civil War, Lincoln proclaimed a national day of thanksgiving to be celebrated on Thursday, November 26.

The holiday was annually proclaimed by every president thereafter, and the date chosen, with few exceptions, was the last Thursday in November. President Franklin D. Roosevelt, however, attempted to extend the Christmas shopping season, which generally begins with the Thanksgiving holiday, and to boost the economy by moving the date back a week, to the third week in November. But not all states complied, and, after a joint resolution of Congress in 1941, Roosevelt issued a proclamation in 1942 designating the fourth Thursday in November (which is not always the last Thursday) as Thanksgiving Day.

As the country became more urban and family members began to live farther apart, Thanksgiving became a time to gather together. The holiday moved away from its religious roots to allow immigrants of every background to participate in a common tradition. Thanksgiving Day football games, beginning with Yale versus Princeton in 1876, enabled fans to add some rowdiness to the holiday. In the late 1800s parades of costumed revelers became common. In 1920 Gimbel's department store in Philadelphia staged a parade of about 50 people with Santa Claus at the rear of the procession. Since 1924 the annual Macy's parade in New York City has continued the tradition, with huge balloons since 1927. The holiday associated with Pilgrims and Native Americans has come to symbolize intercultural peace, America's opportunity for newcomers, and the sanctity of home and family.

LAUDERDALE WEST VETERANS

Louis Agnone
 Richard Berman
 Mike Friedrich
 Linda Hebda
 George Hill
 Randy Hofstetter
 Danny Metrick
 Bob Newman
 Sam Normandia
 William Oramas
 Paul Sciberras
 Bernard Shapiro
 Thomas Singleton
 Steve Taylor
 Lenora Uribe
 Paul Wagner

ARMY



Johnny McLean
 Eugene Roberts
 Jay Stahl

AIR FORCE



John Hatch, Sr.

COAST GUARD



Steve Sanford

MARINE CORPS



Jeff Bender
 Barry Huffine

NAVY



THANK YOU FOR YOUR SERVICE



Hey Lauderdale West



Llinoas Realty Group, Inc.

I AM TAMI STOGNER

I'm your neighborhood realtor!

This is the time to sell!

Have you ever wondered how much your home is worth?
 I am up to date and familiar with the neighborhoods' true value for
 current homes. I can help you sell your home and find a buyer who
 loves Lauderdale West as much as you do!

954 770-7506

tamistg@bellsouth.net

Llinoas Realty Group, Inc.

"Always Saving Seller\$"

Here to help with all your Real Estate Needs!

Call Me Today For A Free Comparative Market Analysis!



VETERANS INFORMATION SHEET

Name:	Date:
Address:	
Cell Phone:	Home Phone:
Email Address:	
Branch of Service:	Rank:
Years of Service:	Location of Deployment:
Additional Pertinent Information:	

To recognize our Veterans, we like to keep track of the information on the form above. If your name does not appear on the list on Page 34, please complete the form above and turn it in at the Clubhouse/ Newspaper Office.

Prestige Impact Windows & Doors



A DBA of
Prestige
 Construction Engineering Group LLC
 CGC-1516472 / CA-31258

1931 NW 150 Ave., Suite 208
 Pembroke Pines, FL 33028
954-961-5300



**100%
 Financing
 Available!**

Structural issues with
 your family room or den?

We Can Help!

Puzzles & Quizzes

Answers, page 39

ACROSS

- 1) One of three fairy-tale bears
- 5) Harass
- 11) Many college degs.
- 14) Voting nay
- 15) Fainting
- 16) Little amphibian
- 17) Frighten one's Halloween staff?
- 19) Anger
- 20) Kind of station
- 21) Lawyer's objection
- 23) Happen
- 26) Wanna-___ (copycats)
- 27) Inebriate
- 28) Remote access?
- 30) Fatalities
- 31) Reward for waiting?
- 32) TV watchers
- 35) What caused Dracula to go the doctor?
- 40) Those preparing for a break
- 41) ___ Perignon
- 43) Put forward as truth
- 46) Get involved in a different sort?
- 49) Gather some wool
- 50) Bawl
- 52) Conquers
- 53) Crested parrot
- 55) Came in first
- 56) "To ___ is human ..."
- 57) Like a calm spirit?
- 62) "Born as"
- 63) Scotland's ___ Islands
- 64) Visitors to baby Jesus
- 65) It causes you to lose one hr. of sleep
- 66) Napped leathers
- 67) Black, poetically

DOWN

- 1) Mas' mates
- 2) Anti-apartheid party, for short
- 3) After-school bake sale org.
- 4) Nonlethal weapon
- 5) They've got your parts covered
- 6) Cigar residue
- 7) Stockholm citizen
- 8) Saddle afflictions
- 9) Weaver's equipment
- 10) Consumers of products
- 11) Lebanese capital
- 12) Way to begin
- 13) Cordwood units
- 18) Make, as money
- 22) Cook in an oven
- 23) When Sept. ends?
- 24) Elegantly and stylishly fashionable
- 25) Mafia chief
- 26) Lose a staring contest
- 29) Banish from an apartment
- 30) Hard to see through, as fog
- 33) Compass heading, sometimes
- 34) Fret
- 36) Word with "neat" or "control"
- 37) Confused mixtures
- 38) Betting numbers
- 39) Bard
- 42) New bride's title
- 43) Climb upward
- 44) Ocean stopping points
- 45) Confidential matter
- 47) Wind instrument
- 48) Give a new title to
- 50) "You Send Me" singer Sam
- 51) Expensive pub order
- 54) Drive-___ restaurant
- 55) Explanations
- 58) Director Spike
- 59) Bit of ointment
- 60) Psyche component
- 61) Confused noise

HALLOWEEN PUN

By Timothy E. Parker

1	2	3	4		5	6	7	8	9	10		11	12	13
14					15							16		
17				18								19		
			20			21				22				
23	24	25				26				27				
28					29				30					
31					32		33	34						
	35		36	37								38	39	
			40									41		42
43	44	45						46		47	48			
49							50	51			52			
53					54					55				
56					57				58			59	60	61
62					63							64		
65					66								67	

Sudoku (answers page 39)

	3				1	5	
	1				2		
4				9			3
		5		9			2
			6				1
			7	3	2		6 4
					1		9
		3		2			
	8	7				4	1

WONDERWORD

By DAVID QUELLET

HOW TO PLAY: First, read the list of words. Then look at the puzzle. The words are found in all directions - vertically, horizontally, diagonally, backward. Circle each letter of a word found and strike it off the list. The letters are often used more than once so do not cross them out. It is best to find the big words first. When you find all the words listed in the clues you'll have a number of letters left over that spell out the WONDERWORD. To see the answer use the link below the puzzle.

Humanitarians

July 7, 2023

V	V	L	N	O	I	S	S	A	P	M	O	C	R	M
D	I	A	F	E	I	L	E	R	A	C	H	I	T	U
R	S	I	O	V	L	A	O	G	T	A	G	N	Y	N
E	I	C	O	A	W	M	W	R	R	H	E	H	D	I
T	T	O	D	S	O	E	U	I	T	M	T	G	O	F
L	E	S	R	T	R	C	T	S	H	A	N	O	N	I
E	T	E	E	C	K	I	T	S	P	I	R	D	O	C
H	A	C	T	A	E	L	I	M	T	E	I	L	R	E
S	N	I	A	S	U	L	Y	R	S	S	U	I	C	N
L	O	F	W	S	P	S	O	C	A	S	S	I	S	T
A	D	I	E	M	N	P	U	S	L	I	V	D	U	E
M	N	R	O	M	P	E	T	T	S	I	E	P	P	A
I	I	C	I	U	I	E	H	E	L	E	F	L	P	M
N	C	A	S	V	R	T	R	O	F	F	E	E	L	S
A	E	S	S	S	E	N	D	N	I	K	E	H	Y	R

Accomplishment, Acts, Aid, Animals, Assist, Care, Charities, Civil, Compassion, Crew, Crisis, Disaster, Donate, Donor, Drive, Effort, Feed, Food, Goal, Help, Kindness, Life, Munificent, Nice, Promote, Relief, Rescue, Results, Rights, Sacrifices, Save, Shelter, Social, Supply, Supporting, Sympathy, Teams, Time, Truck, Visit, Water, Work, Youth.

Puzzle answer, page 39

Solution: 9 letters

Simply the Best Handyman Services Inc.
 (Servicing Lauderdale West Since 1997)



Handyman License # 165011

Just Call Kenny
PHONE: 954-655-7061

PHYSICAL & OCCUPATIONAL THERAPY
 Are You Suffering From Back Pain, Poor Balance, Weakness?



We offer Ultrasound, Massage, Balance & Vestibular Therapy
 Cardiac, Neurological and Senior Rehab
Exclusive 1 on 1. In the Comfort of your Home
 Protective Equipment Protocols

THERAPY IN YOUR HOME
 Licensed Medicare Provider FL8318

Brian Caits @ 954-328-1505 | bcaits@bellsouth.net

T.M.
RALPH 
FUNERAL HOMES

FAMILY OWNED AND OPERATED SINCE 1965
 "YOUR LOCAL FUNERAL HOME"

Local and Out of State Burial
Cremation Arrangements
Providing Service to All Faiths

Thomas M. Ralph ♦ Judith C. Ralph
 Owners and Directors

Plantation Funeral Home
 7001 NW 4th Street
 Plantation, FL 33317

Also located at:
Sawgrass / Weston
 371 NW 136th Avenue
 Sunrise, FL 33325
 (954) 587-6888

www.tmralph.com
Online funeral information and Prearrangements

HURRICANE SEASON: HOW CAN YOU BE PREPARED?

Aspire Magazine July 2023

The Atlantic hurricane season lasts from June through November, with peak season from mid-August to late October. Hurricanes are tracked for weeks before they reach land. The storms are predictable. A **hurricane watch** implies a storm within 48 hours of landfall. A **hurricane warning** occurs within 36 hours of landfall. Hurricane preparedness is extremely important for the elderly, so here are some tips on how to best be prepared before a hurricane strikes.



Below are items to make sure you have in your Hurricane Preparedness Kit for Seniors:

- One gallon of water per day. Electrolyte beverages are a good source of hydration.
- Foods ready to eat and not perishable, preferably rich in vitamin B12 and low in sodium. Vitamin supplements can help prevent nutritional deficiencies.
- Blankets, extra clothing, and comfortable shoes.
- Spare eyeglasses, catheters, batteries, oxygen systems, etc.
- Cell phone with charger and extra batteries.
- First-aid kit, medical insurance, and Medicaid/Medicare cards.
- Prescription medicines and copies of prescriptions that can be refilled for up to six months.
- Medical-alert tags or bracelets with information about healthcare needs.
- An emergency contact list to reach family and friends.
- Plenty of extra cash, since access to banks and ATMs may be limited.
- Copies of family records and other important documents such as birth and marriage certificates, Social Security cards, passports, will, deeds, and financial, insurance and immunization records – all stashed in a sealed, waterproof bag.
- A battery-powered radio and/or a NOAA weather radio.
- A solar or battery-operated flashlight.
- A whistle to call for help and a small mirror to reflect sunlight in case you have to signal rescue teams.

Preparing your home:

- Make a list of items to bring inside if there are high winds or flooding. This includes:

Patio furniture

Lawn decorations

Trash cans

Tools

Planters

- Clear loose and clogged rain gutters and downspouts. Water should drain properly.
- Take pictures of your home for insurance claims.
- Write down instructions for turning off utilities. This includes electricity, gas and water.

If you find yourself needing to move to a shelter during the storm:

- Take what you can carry from your readiness kit.
- Notify management of any needs you may have.
- Let your family and out-of-town contacts know where you are sheltering or where you will be staying during the storm.
- Make arrangements for your pet's care.

**Tropical Storms and Hurricanes can be devastating events for the unprepared.
Be sure you and your loved ones are ready when the next storm arrives.**

Puzzles & Quizzes Answers

Sudoku answer to puzzle on page 37

Crossword answer to puzzle on page 36

7	3	8	2	4	6	1	5	9
5	1	9	8	7	3	2	4	6
4	2	6	5	1	9	8	7	3
3	6	5	1	9	4	7	2	8
2	7	4	6	5	8	9	3	1
8	9	1	7	3	2	5	6	4
6	5	2	4	8	1	3	9	7
1	4	3	9	2	7	6	8	5
9	8	7	3	6	5	4	1	2

1	2	3	4	5	6	7	8	9	10	11	12	13										
P	A	P	A		H	A	S	S	L	E		B	A	S								
14	A	N	T	I		15	A	S	W	O	O	N		16	E	F	T					
17	S	C	A	R	E	18	T	H	E	R	O	D		19	I	R	E					
				20	G	A	S		21	D	E	M	U	R	R	E	R					
23	24	25				26			27													
O	C	C	U	R		B	E	S		S	O	U	S	E								
28						29				30												
C	H	A	N	N	E	L				D	E	A	T	H	S							
31						32			33													
T	I	P				V	I	E	W	E	R	S										
				35		36		37						38		39						
				40										41		42						
43	44	45							46		47	48										
A	S	S	E	R	T				R	E	O	R	D	E	R							
49						50		51		52												
S	H	E	A	R				C	R	Y		B	E	S	T	S						
53						54				55												
C	O	C	K	A	T	O				W	O	N										
56								57		58			59	60	61							
E	R	R								G	H	O	U	L	H	E	A	D	E			
62								63								64						
N	E	E								O	R	K	N	E	Y			M	A	G	I	
65								66										67				
D	S	T								S	U	E	D	E	S			E	B	O	N	

Wonderword Answer: **VOLUNTEER** (Puzzle on page 37)



Appliance Repair

APPLIANCE REPAIRS



Appliance Repair

TECHNICIANS APPLIANCE GROUP, LLC.

Over 30 Years of Experience in Appliance Service

Servicing all appliance brands, Air Conditioning, Light Plumbing and Electrical.

Serviced Lauderdale West for over 15 years while working for Century Service and still servicing Lauderdale West area and Plantation area.

CALL JOSE RODRIGUEZ FOR SERVICE TODAY!

786-325-3983 * 305-492-9110

Techappliancegroup@gmail.com



There are MANY things to be thankful for in 2023. Yet sometimes, it's hard to see the ridiculous amount of good that's all around you. So, when you can't see the forest through the trees, or you'd love a dose of optimism, a gratitude list may be the perfect tool.

Why should I make a gratitude list? Gratitude can do so much for you. According to science, it will:

- make you happier
- enhance your positive emotions
- increase your self-esteem
- improve your relationships
- help with your decision making
- reduce stress and depression
- improve your health

And the benefits go on and on. The point is, if you're not including a practice like a gratitude list in your life, it's time to consider one. Right now.

The Best Gratitude List

Here you'll find gratitude list examples that should make anyone grateful, no matter what the circumstances. Obviously, not all of these will apply to everyone, but *everyone* should find plenty to use from it, and then add your own.

1. **Your home.** There's no place like home.
2. **Your parents.** They gave you life and a way to see the world.
3. **Your friends.** Friends that feel like family can't be beat.
4. **Your kid(s).** If you have them, you know they bring incredible joy to life.
5. **Your relationship.** Your person to spend life with.
6. **Your pet.** Animals are incredible sources of love.
7. **Sight.** Your ability to see the beauty in this world.
8. **Food:** If you don't have to worry about where your next meal is coming from, you're blessed.
9. **The kindness of others.** When someone reaches out to you in love and support it is no small thing.
10. **Living in a safe neighborhood.** Not worrying about the safety of yourself and your family is something we often take for granted.

Now It's Your Turn. What are you thankful for?

1. _____
2. _____
3. _____
4. _____
5. _____

When you hire someone to do work in your home, be sure to check their insurance and license for your protection. The person/company should have a current license issued by the City of Plantation if their business is in Plantation. Be sure to see a copy of their insurance to confirm they have coverage.



Many jobs require a permit from the City of Plantation. It is important that you do your research. Call the City before work begins to determine if you need a permit. **DO NOT** rely on your contractor to inform you of that fact.

Whatever you do, **NEVER** hire someone who just knocks on your door and offers to do work for you. This decision may cost you in the long run for poor workmanship and problems that could arise for which they cannot fix/pay. They may scam you and cause more damage to your property.

Do not wait until there is a problem and wish you had hired a licensed/insured worker.



Please be aware! Any method used by Lauderdale West to communicate with you will be by posting in the Lauderdale West News, on our existing Website, (www.lauderdalewest.org), communicated on Lauderdale West stationery, in our Email blasts or text messages or on the BlueStream Community Channels 901 and 902.

Any other online networks, Websites, Facebook pages, etc. are **NOT** sanctioned by Lauderdale West Community Association No. 1, Inc. Even though Lauderdale West may be included in the title and participants may be residents of Lauderdale West, they are **NOT** endorsed by and have nothing to do with Lauderdale West Community Association No. 1, Inc. **BE CAUTIOUS WHEN SHARING YOUR PERSONAL INFORMATION AND BE AWARE OF FALSE INFORMATION COMMUNICATED ON THESE SITES**

Need help? We're here for you.

We match the perfect caregiver to your needs for Safe & Compassionate In-Home Care

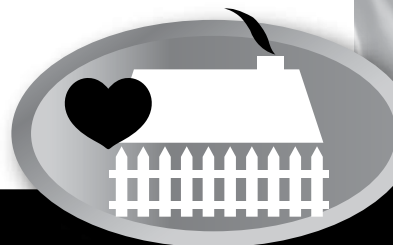
Over 12 Years of Highly Recommended Service
We are just a phone call away

I cannot find the words to say how wonderful **IDS IN HOME CARE**. The caregiver's service to my mother has been outstanding. The personal, on-hands service was extraordinary. **Paula K.**

I live in Michigan. **IDS IN HOME CARE** provided such excellent service for my father who lives in Florida. I highly recommend **IDS**. **IDS** gave such personal attention to my father's needs, almost like family. **Bob H.**

Hourly • Daily • Weekly • Overnight

- Personal Care • Overnight Attendant Care
- Daily Tasks • Transportation • Cleaning & Laundry
- Meal Prep • Shopping • Appointments & Errands
- Companionship • Medication Reminders



IDS

INDEPENDENCE,
DIGNITY & SECURITY
IN-HOME CARE

954.494.0552

Insurance & Private Pay Accepted

Licensed & Insured
HCS232941 & NR302-11726

8201 Peters Rd. • Ste 1000 • Plantation FL 33324

www.IDSInHomeCare.com

Please remember... BE COURTEOUS

There is never a need to be rude to anyone, whether in person or on the phone. The Board Members and our Business Office Volunteers, our Maintenance Admin and the Maintenance Team are all busy working for you, the Lauderdale West Community. Please be courteous to them.

Unless you have an absolute emergency, during our regular business hours, your situation will be addressed the following workday.

If you have an active plumbing leak, turn off the water shutoff valve to that sink or toilet or at the main valve outside your home or plex. If you cannot physically turn off the valve, call a neighbor or friend to do it for you. Yelling and threatening will not get your problem addressed any sooner.

Remember, be respectful and courteous!

Thank You

PROTECT YOUR HOME NETWORK

From Cyber Criminals



Use the highest security settings on your router and turn on encryption to make it harder for cyber criminals to get access.



Change default passwords on devices that connect to your network, such as a router, smart TV, or video game console. The manufacturers' passwords may be available on the web.



Understand how your security cameras, connected appliances and media streaming devices collect and use your personal information.

Howard Help's "Lauderdale West" Dreams Come True!

Living in Plantation over 43 years and serving Lauderdale West



954 - 647 - 9254

Ceil Brown Realty

howardwinter@comcast.net

<http://howardwinter.matrix.southfloridaml.com>

Howard Winter
Realtor

BE AWARE BE PREPARED

For your personal safety in Lauderdale West and wherever you may travel, always be aware of your surroundings and follow the guidelines below.

- Never open your door to anyone you do not know or did not invite.
- Double check with the utility company if a worker just knocks on your door. Call the company to verify the work order for your home (FPL, Plantation Utilities, Blue Stream, etc.).
- ALWAYS lock the doors to your home and your vehicle.
- Do not give anyone your personal information, especially your social security number, bank account information, birth date.
- Do not walk alone - use the buddy system and walk during daylight hours.
- Post your NO SOLICITATION sign and do not be afraid to call the Police non-emergency number (954-797-2100). It is always better to be safe than sorry.
- The Lauderdale West Maintenance team all wear Lauderdale West shirts. They DO NOT wear a vest.

**FOR YOUR SAFETY, PLEASE DO NOT
OPEN YOUR DOOR
TO ANYONE YOU DO NOT KNOW.**

IT PAYS TO STOP AND THINK

- 1 Never disclose security details
- 2 Don't assume an email, text or phone call is genuine
- 3 Don't be rushed
- 4 Listen to your instincts
- 5 Stay in control

WHAT TO DO IF YOU THINK YOU'VE BEEN THE VICTIM OF A SCAM

Scams are specially designed to catch us off guard, and they can happen to anyone. There's nothing to be ashamed of if you think you're a victim. Keep handy the phone numbers of resources that can help, including the local police, your bank (if money has been taken from your accounts), and Adult Protective Services (See below).

You can also report scams online to the FTC at <https://reportfraud.ftc.gov>. Sharing your experience can help prevent it from happening to another older adult.

Adult Protective Services

Are you concerned that someone you love or care about may be the victim of abuse? Don't be silent. Report it now. All calls are confidential.

To Report a case in Florida call:

Florida Adult Protective Services
PHONE: 800-962-2873
TDD: 800-453-5145
FAX: 800-914-0004



PHONE SCAMS

“Hang Up On Fraud”

1. Never provide financial information.
2. Do not give out personal information.
3. Never verify account numbers.
4. Confirm who is calling and why.
5. Tell caller, you will call customer service.
6. Never trust caller ID.

“Smart Phone Tips”

1. Block unknown callers.
2. Use privacy apps.
3. Notify carrier of harassment calls.
4. Beware of number masking.

SEND ALL CALLS TO VOICEMAIL

So you can review the message and confirm the call by online search or with existing number you have on billing statements.



**MYTHS
VS
FACTS**

4 HIGH BLOOD PRESSURE MYTHS

Aspire Magazine July 2023

With high blood pressure affecting one in three American adults, it's no surprise that the "silent killer" gets a lot of attention. But with so much information out there about HBP, it can be difficult figuring out what's accurate and what isn't. Here are four common HBP myths and the truth about them.

MYTH #1: If I had high blood pressure, I would notice symptoms.

FACT: High blood pressure is often symptomless until it's a medical emergency, but it can do permanent damage to major organs, like your kidneys.

MYTH #2: If I have a family history of high blood pressure, I can't avoid it.

FACT: While you are at an increased risk of developing it, lifestyle modifications may help you prevent or delay it.

MYTH #3: I should only worry about the first number (systolic) in my blood pressure reading.

FACT: The second number (diastolic) is just as important. If either of these measurements is consistently higher than normal, discuss it with your doctor.

MYTH #4: Lifestyle changes are enough to control high blood pressure after a heart attack.

FACT: If you've had a heart attack, your doctor will most likely put you on a beta-blocker to reduce your risk of a second episode. These medications are designed to lower your blood pressure, slow down your heart rate, and reduce your chance of another heart attack.



Give your loved ones the gift of peace of mind...

AND THE ACTIVE LUXURY LIFESTYLE THEY DESERVE.

Join us at Five Star Premier Residences of Plantation and enjoy an active luxury resort-style community tailored to you and your needs!



FIVE STAR
Premier
RESIDENCES
OF PLANTATION

8500 W Sunrise Blvd
Plantation

(954) 289-5646

- Spacious rental apartments with no buy-in
- Wellness center and 24-hour nursing available
- Live entertainment, sports lounge and big-screen TV
- Washer/dryer in every apartment
- Chef-created gourmet dining
- Beautiful courtyard and heated pool
- Art studio, cinema room, fitness center and salon
- Chauffeured transportation
- Events & Excursions



www.FiveStarPremier-Plantation.com

THE BLUE SUPER MOON A GEM IN THE NIGHT SKY

Super moons are generally seen every three or four months. The one in August was the third this year and the second in August. Blue moons, on the other hand, only happen every two or three years (hence the phrase “once in a blue moon”). Blue super moons are even rarer, occurring once every 10 years or so.

The “blue super moon” label requires a little unpacking. For starters there is nothing remotely blue about the way the moon looked on August 30, 2023. Instead, the label—whose provenance is unsettled—refers to the second full moon in any single month.

What is the difference between a blue moon and super moon?

The term “super moon” is used to describe a full moon that occurs within a day or so of perigee (the point in the orbit of the moon or a satellite at which it is nearest to the earth), so they happen three to four times a year. About 25 percent of all full moons are super moons, but only 3 percent of full moons are blue moons.



*The blue super moon at Lauderdale West
Picture taken by Pauline Gosselin.*



FLORIDA SHUTTER FACTORY, INC


Protection is Not a Luxury it's a Necessity!

Custom Manufacturing • Professional Installation

• Accordions • Roll-Ups • Panels • Bahamas



 BUY FACTORY DIRECT & SAVE

 NOW OFFERING **NO CONTACT** ESTIMATES, INSTALLATION AND SERVICE.

 WE SELL THE TIGHTEST STACKING ACCORDION SHUTTER IN THE INDUSTRY!

CALL
For Your
FREE ESTIMATE
954.687.4793
WWW.FLSHUTTERFACTORY.COM



THE IMPORTANCE OF HYDRATION: KNOW THE SIGNS OF DEHYDRATION AND HEAT STROKE

Aspire Magazine July 2023

Your risk for heat-related health problems increases with age. So, it's important to know the warning signs.

Dehydration:


When your body loses water faster than you can replace it, you experience mild dehydration. Signs include increased thirst, a dry mouth, and dark yellow urine.

Heat Stroke:


When your body temperature is higher than normal due to the weather, it's known as hyperthermia. Heat stroke is a severe form of hyperthermia that occurs when your temperature is over 104° F. If it is a medical emergency. Get help right away if you notice these signs.

- Strong, fast heartbeat
- Dry skin and lack of sweat
- Confusion or staggering
- Fainting or unconsciousness





Save Time And Money We Have...
FREE DELIVERY
to **LAUDERDALE WEST**
*and Other Local Areas
COMPETITIVE PRICES!




ALL INSURANCES ACCEPTED!

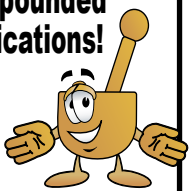
\$10.00 Off
Any New Or Transferred Prescription
*with Coupon, Limit 1 Per Person, (New Patrons Only)

FOR ALL YOUR PHARMACY AND MEDICAL SUPPLY NEEDS!

20% Off Any **MEDICAL SUPPLY**
(Sale Or Rental)
*with Coupon, Limit 1 Per Person, (New Patrons Only)

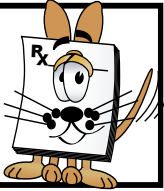


We Have Custom Compounded Medications!




Serving Plantation For Over 30 Years! With Fast, Friendly & Personalized Service

NEW! **WE NOW HAVE PET MEDICATIONS AND PRODUCTS!!**
At Competitive Pricing!



Rescription Pad **HARMACY & COMPOUNDING**

333 N.W. 70th Ave.
Plantation FL 33317
Phone: (954) 791-2000
Fax: (954) 791-2001



Habla Espanol

2 LOCATIONS!

Medical Plaza **PHARMACY and MEDICAL SUPPLY**

201 NW 82nd Ave.
Plantation FL 33324
Phone: (954) 474-3887
Fax: (954) 475-3180

Thinking of selling your home?

WHY LIST WITH KEVEN KANE P.A.?

The following services provided at **NO CHARGE** when you list with me:

1

Touch-up painting of exterior of home & patio to insure modern, attractive appearance.

(labor & materials included)

2

Painting of awnings as needed.

(labor & materials included)

3

Reseal/paint driveway as needed.

(labor & materials included)

4

We pack your home up under your supervision, why go it alone?

Experienced staff provided to pack up your home (boxes etc. included).

Movers supplied for a move of up to 25 miles

5

All requirements from HOA as shown in Inspection report taken care of for you including *all gardening, tree removal, stump grinding, mulch for garden areas, new sod provided, power washing, etc.*

(labor & materials included)

6

Deep cleaning of vacant property.

...and more!



Did you hear about the Lauderdale West home that recently sold for \$482K?

That is right, Keven sold that.

My team and I have extensive experience dealing with Lauderdale West home owners who may need extra assistance and their families. Expect to be well cared for during the entire process.

“
Lauderdale West is my home, you are my friends & neighbors and I am willing to do what it takes to earn your business. Please tell me how I may be of service and let's get to it.
”



**Call Keven
954.326.4178**

✉ KevenKane@hotmail.com

ALL OF THE ABOVE AT NO COST TO YOU IN ADDITION TO THE HIGHEST QUALITY SERVICE YOU EXPECT. REFERENCES AVAILABLE.

Lauderdale West Community Association No.1, Inc.
 1141 NW 85th Avenue • Plantation, FL 33322-4624



Since 1980

24-HOUR EMERGENCY SAME DAY SERVICE

PLUMBING EMERGENCY? DEPEND ON US!



\$50 OFF
Any Toilet Repair

\$50 OFF
Clearing of Any Sink, Toilet or Sewer Drain

\$100 OFF
Any Rheem Water Heater

\$40 OFF
Any Garbage Disposal

SERVICE CALL ONLY \$29⁹⁵
AFTER-HOURS EMERGENCY SERVICE ADDITIONAL

100% FINANCING on Rheem WATER HEATERS*



Rheem | **PRO PLUMBER**

Sewer & Drain Cleaning • Toilets
 Water Heaters • Pipe Repair & Replacements
 Faucets & Sinks • Water Filters • Disposals • Shower Pans

WEST END PLUMBING
954-741-5271
 WestEndPlumbing.com

STATE LICENSED & INSURED • CFC1427334

A/C INSTALLATIONS, SERVICE & MAINTENANCE



100% FINANCING AVAILABLE ON NEW A/C UNITS

- 
- 
- 
- 
- 
- 
- 

A/C CHECK-UP ONLY \$29⁹⁵

- System Diagnostic
- Check Thermostat Operation
- Freon Level & Leak Check
- Up to 1 lb. R410A Freon (As Needed)
- Check Evaporator & Condenser Coils

FREE
Service Call With Work Completed

\$200 OFF
Any New Complete A/C System Installation

FREE
Estimate on Any New A/C Installation

All discounts taken off the regular rate of work. Coupons and other specials cannot be combined. Must mention this ad at time of service. *If qualified for financing

WEST END AIR CONDITIONING
954-741-5271
 WestEndAir.com

Licensed & Insured • CAC036868

New A/C Unit Installations • System Tune-Ups
 Drain Line & Pan Cleaning • Refrigerant Checks
 Condenser & Evaporator Coil Cleaning • A/C Filters

