

#### Volume 47

#### OCTOBER - NOVEMBER 2018

No. 05

# Halloween Party

HALLOWEEN PARTY SATURDAY, OCTOBER 27 7:30 – 11:30 PM Costumes optional but encouraged – You may even win a prize! DJ – Lou Laino – will have us Ghoulishly dancing. Join us for an enchanting evening. Tickets: \$5 residents; \$7 guests Light refreshments For more information, Call Marlene at 954-473-8219

#### MEET THE CANDIDATES NITE

Wednesday, October 3, 2018 6:30 pm JBA Mayoral and Council Candidates Open to all residents

#### **ATTENTION ALL LW RESIDENTS:**

GET OUT AND VOTE TUESDAY, NOVEMBER 6, 2018 POLLS ARE HERE IN THE MAIN CLUBHOUSE ROOM 113 IT IS YOUR RIGHT AND RESPONSIBILITY GET YOUR 'I VOTED' STICKER! VOTE



In honor of all who fought for our country's freedom Please remember: A Veteran is someone who, at one point in their life, Wrote a blank check made payable to the United States of America For any amount, up to and including, Their life. Thank you!

> HAPPY THANKSGIVING THE LWNEWS WOULD LIKE TO WISH ALL OF OUR LW RESIDENTS A VERY HAPPY THANKSGIVING. COUNT YOUR BLESSINGS NOVEMBER 22, 2018

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# Happy Halloween!

### Lauderdale West Board of Directors and Areas of Responsibililty



JOANNE HILL, President Insurance, Legal, LW Holding Co., Maint. Liaison, Alt., Minutes Notary Public



**ROSEMARIE DEMMONS,** 1st Vice President Home Inspections, Insurance - General, Meet & Greet, New Residents, Notary Public, Real Estate Office



**BARBARA BUCCI,** 2nd Vice President Employee Leasing, GLIG Groundworks -(Landscaping), Lawn Maintenance - Fertilization, Irrigation, LW Bus Schedule, Maint.Liaison. ShowTime -Professional Shows Liaison, **Ticket Office** 



HAL SPECTOR, Treasurer Accounting/Coding, Agendas, Banking, Finance & Budget, Website Liaison



ARLINE MARCUS, Secretary Accounts Payable, Banking, Coding, Home Depot, Notary Public, Petty Cash, Sales Tax



MICKI GAUGHAN, Ass't. Secretary Calendar Coordinator, Club Liaison, Maintenance Liaison, Alt., Newspaper Liaison, Pest Control, Phone Directory, Room Rentals, Ticket Office



AUDREY HERMELIN. Director Accounts Pavable. Bus Schedule - Clubs, Shows, Club Coding, Contract Master File, Flag Disposal, Front Desk Volunteers. Library, Roofing Reports, Security Camera & Review, Alt.



JENNIE LIPARI Director **Board Protocol** Manual Coordinatior, Fining Committee, GLIG Alternate, Preventive Main-Delinquencies



JOHNNY MCLEAN Director Air Conditioning -Weathershield, Alarm System -Fire/Burglar, Athletics - Gym, Club Houses, Home Imtenance, Resident provement Inspections, Parking Lot & Roadway Paving, Security Cameras, Wood Shop



MARLENE NEWMAN. Director Customer Service, Front Computer - Tech. Support/ Office. Maintenance. Insurance - Plex Certificates, Party Time Supplies/ Organization/ Food/Tickets, Pool & Pool Supplies,

Theater Groups (In House). Volunteer Luncheon



KRISTI K. WOODS. Director

Purchasing, Copy Machines, Luncheon, Meet & Greet, Home Owner Compliance, Modifications - Notary Public, Phone, Internet, Community Channel, Plaques, Purchasing Office Supplies, Recording Secretary,

Residental, Compliance

#### COPYRIGHT

If you are submitting articles, drawings, etc. from a printed source such as a newspaper or magazine, or a website and are taking credit for it, you are putting the News in jeopardy of violating copyright laws and subjecting us to heavy fines.

There are exceptions: Copyrighted articles may be reprinted with express written permission from the copyright holder. In some cases, permission may be granted if used for educational purposes and not resold. Credit must be given to the original author or source in all cases.

#### **EDITORIAL POLICY**

We provide our residents with information and interesting items pertaining to condominium living and life in general. All material submitted is subject to editorial discretion. Please be brief and to the point, as we have many contributors and a variety of subjects on which to report.

Only non-fiction please. Keep a copy of any item you submit; we are not responsible for the loss of original materials.

#### DISCLAIMER

Neither Lauderdale West Community Association #1, Inc., nor Lauderdale West News endorses any of the advertisers herein, and furthermore will not be responsible for any claims, defects in products, workmanship, or timeliness in the performance of the work. We do our best to investigate every advertiser before allowing any ads to run; however, we cannot be held responsible for the information in this regard gained from any source. The adage, "Let the buyer beware" applies to any business conducted as a result of responses to advertisements.

# auderdale Wert NEWS

1141 NW 85 Avenue Plantation, FL 33322-4624 (954) 473-8219 news.lauderdalewest1@gmail.com

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# **BOARD NEWS & ANNOUNCEMENTS**

#### BULK PICKUP



Tuesday, October 9, 2018

Tuesday, November 13, 2018

Bulk Pick Up should not be put out until Monday afternoon, AFTER 5 pm, as LW does not need to look like a junk yard. Place bulk pick up AWAY from the mailboxes.

Thank you for your cooperation.

### **BULK PICKUP GUIDELINES**

(as per the City of Plantation Waste Disposal Department) Bulk Pick Up will **NOT** pick up the following:

Electronics, Glass, Mirrors, Paint cans, X-rays

Any construction materials - including dry wall. You should not box anything – place in the clear City of Plantation bags.

You can put empty cardboard boxes out.

#### **GARBAGE PICK UP**

Tuesday - blue bags and clear recycle bags

Friday - BLUE bags ONLY

Once a month - bulk pick up

#### **MOVING SALE PROTOCOL**

If you have sold your house in Lauderdale West and will be moving out, you may hold a **one day** sale provided you get permission from the President. Should you not get permission, you will be asked to shut the sale down immediately. Please remember, you may not place any signs on Lauderdale West property. Thank you for your cooperation and best of luck in your new home.

#### SOLICITATION AND TRESPASSING ISSUES

If someone comes to your home to sell you something – DO NOT open the door. Call the **NonEmergency Police Number – 954-797-2100.** 

If a politician or a politician's volunteer comes to your door, DO NOT open the door. Yes, you want to be enlightened regarding who you should vote for, but there are other venues which you can use, you should not open your door to anyone. This is for your safety. How can we vote for a politician who doesn't abide by our community's rules – NO SOLICIATION OR TRESPASSING!

If you see people from outside of our community loitering, fishing, trying to get into the pool area, call the **NonEmergency Police Number – 954-797-2100.** 

DO NOT APPROACH THEM YOURSELF



# BOARDMeetings

#### **OCTOBER/NOVEMBER 2018**

**BOARD/WORKSHOP MEETINGS** 

Monday, October 1 – 7:30 pm - 111 Wednesday, October 10 – 10 am – 111 Wednesday, October 24– 10 am - 111

Wednesday, November 5 - 7:30 pm - 111Wednesday, November 14 - 10 am - 111Wednesday, November 28 - 10 am - 111

The Board meetings and Workshops are **open to all residents of LW**. Workshops are subject to cancellation. Please check channel 8001 and signage in the Main Clubhouse for cancellation notification.

#### **VERY IMPORTANT**

ALL SINGLE FAMILY HOME OWNERS MUST CARRY AN HO-3 INSURANCE POLICY WHICH MUST SPECIFI-CALLY INCLUDE HURRICANE COVERAGE. IF YOUR HOME OR ROOF IS DAMAGED DUE TO A HURRICANE OR OTHER ACT OF GOD, YOU ARE RESPONSIBLE FOR THE COST OF ALL REPAIRS, WHICH INCLUDES RE-PAIR OR REPLACEMENT OF YOUR ROOF.

#### **HELPFUL PHONE NUMBERS**

NON-emergency Fire Department	954 797-2150			
NON-emergency Police	954 797-2100			
City Hall – general information	954 797-2200			
Code Enforcement	954 797-2267			
Westside Hospital	954 473-6600			
Florida Power & Light (FPL)	954 797-5000			
Water Department	954 797-2290			
Plantation Recycling	954 452-2535			
AT&T Bulk Service for LW	866 299-6824			
Community Night Watch – Steve Taylor	954 557-3874			
LW Maintenance	954 473-2595			
To reach the MAINTENANCE Department during regular				
AND off hours, please call: 954 473-2595	5.			

#### **BOARD NEWS & ANNOUNCEMENTS BUYER BEWARE** FYI – BY PLANTATION CODE

you need a permit to make any plumbing or electrical changes. LW is not responsible to fix a problem if you did not get a permit.

A permit assures a plumbing or electrical change is done properly - to code. It is for your protection.

#### CHECK OUT OUR WEBSITE

Owners and residents: Check out the Lauderdale West website. It has so much information about our community and it's available to you anytime and anywhere. You can keep up with what's going on with activities, shows, board meetings, etc. This is where you will get the factual information...always go to the source to get the correct information.

If you are an owner, you can have even more information by registering online:

http://lauderdalewest.org

#### SAVE THE DATE

Meet The Candidates Nite

Wednesday, October 3, 2018

6:30 pm - JBA

**Plantation Mayor** 

**Plantation City Council** 

When you need to hire someone to do work in your home, be sure to check the insurance and license of the person. The person/company needs to have a recent license by the City of Plantation if their business is in the City. Be sure to see a copy of their insurance to confirm they have coverage.

Whatever you do, **NEVER** hire someone who just knocks on your door and offers to do any/all work for you. This may cost you in the long run for poor workmanship and problems that could arise which they cannot pay for. They may also rip you off and cause more damage to your property.

Do not wait until there is a problem and wish you had hired a licensed/insured worker.

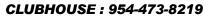
#### IN AN EFFORT TO AVOID PLUMBING PROBLEMS: DO NOT FLUSH:

- Flushable cleansing wipes Cigarette butts
  - Towels paper or cloth
    - Diapers any size

#### PLEASE – ONLY FLUSH TOILET PAPER

#### **BOARD OF DIRECTORS' EMAIL ADDRESS**

#### BOARD OF DIRECTORS' EMAIL ADDRESSES AND PHONE EXTENSIONS





JOANNE HILL **ROSEMARIE DEMMONS BARBARA BUCCI MICKI GAUGHAN** AUDREY HERMELIN JENNIE LIPARI ARLINE MARCUS H. JOHNNY MCLEAN MARLENE NEWMAN HAL SPECTOR **KRISTI WOODS** 

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# **BOARD NEWS & ANNOUNCEMENTS**

#### FROM THE PRESIDENT'S DESK....

From Joanne Hill

I certainly hope everyone enjoyed the Summer here at Lauderdale West. I loved seeing all the children and grandchildren, and even some great grandchildren, visiting and enjoying our facilities. Now on to Fall!

Our maintenance department has been busy renovating the satellite bathrooms. Don't forget you may use the handicapped bathroom during the renovation. Unfortunately, there is no indoor shower at the satellite facility but you are welcome to use the facilities at the main clubhouse pool.

Speaking of the pools, for your safety you must vacate the pool area completely as soon as you see lightning or hear thunder. Do not sit under the aluminum awnings; leave the area immediately.

Isn't it nice not to see so many blue tarps on the plex roofs? SCI, our roofers, are working diligently to replace or repair those roofs damaged by Hurricane Irma. Because of the number of damaged roofs this will be a long process. The new architectural shingles look wonderful!

We will be installing new security cameras throughout our clubhouses and common areas shortly. These will allow us

a more enhanced view of our property.

Please, please, follow the traffic signs and arrows at the clubhouse parking lots! It amazes me that so many people totally disregard the posted signs. This is an accident waiting to happen!

I am saddened at the low number of people attending the professional shows. Harriet Langdon, Estelle Taylor, Linda Owen and Lydia Shutter work diligently to acquire fabulous entertainers for us and we do not take advantage of it. For the \$10 ticket price you can have an evening out with live entertainment, socialize with your friends and you do not have to pay for parking. What could be better than that?

Don't forget: we are still in the hurricane season. Be prepared! There is information throughout this and prior editions of our Lauderdale West News outlining what and what not to do during a hurricane. Heed the warnings.

Be safe! Joanne Hill Your President











By Barbara Bucci

This is an update on the different projects going on in our community.

Roofs and Gutters: As you are aware, we have been replacing SFH tiles and the architectural dimensional shingles on the plexes. We see less and less blue tarps now.

Most roofs have gutters which the owners have installed after the initial building of the units. Prior to the installation of any new roof, it is the owner's responsibility to remove all gutters. Once old gutters are removed, it is almost impossible to re-install them properly. If owners do not remove them, the roofers will take them down and trash them.

Speaking about gutters, gutters must be cleaned periodically to avoid tree sprouts growing and leaf buildup. These issues keep your gutters from being able to do their job by causing overflows of rain water and rotting the fascia board from the excess moisture. Maintain your gutters for efficiency. If you are planning on installing gutters, all LW modification paperwork must be completed prior to installation. Please see Kristi Woods.

Speaking about roofs, we have had a lot of damage to the fascia boards due to overgrown shrubs or improper shrubs being planted. When it rains, and we have had a lot of rain this past summer, moisture remains on the shrubs, inviting termites as well as rotting the wood. Please check around your unit for any shrubbery touching the fascia board. If you find you have shrubbery causing this problem, please remove it. If maintenance needs to do this cleaning out, the owner will be charged.

Irrigation: We are in the final phase of the irrigation upgrade. Due to the constant rain issues occurring almost daily, phase 3 will be finished by the end of September and then onto phase 4.

We would like everyone to be aware that no one should be parking on the lawns. The cars are causing damage to our new sprinkler heads. When there is a wet check, we will have the addresses of the broken heads - thus if anyone at your house is found to be parking on the lawns where there is damage, you will be billed for the replacement. Please, no 4 wheels on the lawns.

**Maintenance:** We purchased a trailer with a water tank on it to clean sidewalks around the plexes and the clubhouses. Hopefully, before the end of the year, we will have all the car stops freshly painted yellow.

#### SHUT OFF VALVES

If you are remodeling a kitchen or bathroom and you are putting in a new sink counter or vanity, it is your contractor's responsibility to move the turn off valves for access to shut off the water.

#### VERY IMPORTANT INFORMATION

We have been asked by the Waste Management Company to remind our residents NOT to put glass and/or mirrors out for pickup – regular garbage or bulk pick up. These create a hazardous situation due to the ease at which they break. Thank you for your cooperation.

#### EMERGENCY EXIT DOORS

In the Main Clubhouse there are double glass doors that are alarmed for security purposes. There is red signage on each door stating that it is an Emergency Exit - Do Not Use.

If you choose to ignore this signage, you will receive a letter stating not to use the doors and if you do it again, you will be fined \$50. Please - obey the signs.

#### MAINTENANCE PROCEDURE

If you have a situation which needs the Maintenance Department, you MUST contact Edna in the Maintenance Office directly at 954-473-2595 or by email: maintenancedept@lauderdalewest.org. DO NOT ADDRESS OUR MAIN-TENANCE STAFF CONCERNING YOUR ISSUE.

When you call the Maintenance Office, you will receive a work order number which you will need to KEEP until your iob is completed.

You will be given a time frame when Maintenance will come to your home. IF THE WORK TO BE DONE IS IN-SIDE YOUR HOME, please make sure you are home or your work order will be closed and you will need to call and make a new appointment. If the work to be done is outside your home, you do not need to be at home when the work is done.

Please do not address our Maintenance staff concerning your issue - this will only delay your job getting done. Remember - contact Edna in the Maintenance office at 954-473-2595, Monday - Friday 8 a.m. - 4 p.m. or email: maintenancedept@lauderdalewest.org and get a WORK ORDER NUMBER.

#### **OCT - NOV 2018**

#### LAUDERDALE WEST NEWS

#### NEW NEWSPAPER DEADLINE DATES

The **LWNews** is now published every other month, therefore the **NEW** deadline for all material and advertising to appear in the **LWNews** is as follows:

FOR ARTICLES: All articles are due by **noon** on **October 19** for the **December 2018-January 2019** issue. Everything submitted must be signed and have a phone number with it.

FOR ADVERTISERS: Ad copy and payment is due by **noon** on **October 24** for the **December 2018-January 2019** issue.

### ALL COPY AND PAYMENT IS DUE BY NOON ON THE DEADLINE DATE.

We prefer any copy to be emailed to us at: news.lauderdalewest1@gmail.com or you can drop it off at our new office, room #121.

The Newspaper Office is now open Monday, Wednesday, and Friday from **9** a.m. until **noon**. We can be reached through the email: news.lauderdalewest1@gmail.com.

As per our editorial policy, all material submitted is subject to editorial discretion.

If the deadline dates change due to holidays or weekends, we will print the changes in the previous issue's newsletter and post it at the Newspaper office.

#### MAINTENANCE ISSUES

There have been some issues over the last few months regarding our Maintenance department and what they will charge for certain services. Please read:

**REGARDING EMERGENCY CALLS:** When you call Maintenance after hours, make sure you truly have an emergency and not a situation that can wait until the next business day. If one of our Maintenance staff goes to your home and it is NOT a true emergency, then the homeowner will be billed for the overtime expense. An example of this would be one toilet is clogged, but you still have another working toilet.

**REGARDING EXCESSIVE MAINTENANCE CALLS DEALING WITH THE SAME PROBLEM:** It is during the first visit that the resident is instructed what is needed to correct the problem. It is the second, third and sometimes the fourth call that shows the resident does not always comply but continues to call Maintenance.

The Board has discussed this and has decided to start charging residents who do not comply and fix the problem. After the second visit for the same problem, the resident will receive a letter stating the problem and the need to fix it. If there is a third call, the resident will then be charged \$50 for non-compliance as well as the cost of the maintenance call for the problem. **An example** of this would be if the resident keeps calling maintenance for a clogged toilet – it is found that the resident is flushing cleansing wipes into the toilet (even those stating they are flushable). After the second visit, the resident will receive a letter stating they should not flush anything except toilet tissue down the toilet. If there is a third call for a clogged toilet due to cleansing wipes, the resident will be charged \$50 plus \$300 for the repeat plumbing call.

#### **OFFICE PROTOCOL**

For our Board to be more efficient in the handling of their responsibilities (duties), a procedural policy has been instituted:

1. Please make your first stop the Administrative Office, room 108;

2. Let them know the area of your concern.

3. The Administrative Office will then let the Board member overseeing that area know you are waiting in the lobby.

Residents are discouraged to just walk into the President's office or any other Board member's office with their concerns. Residents are discouraged to linger around a Board member's door waiting to be seen – wait in the lobby where you will be called from when it is your turn.

EVERYONE'S TIME IS IMPORTANT AND THIS WILL HELP IN HAVING OUR RESIDENTS SEEN IN A TIMELY FASHION.

We ask for your cooperation to enable the Board to budget their time to conduct the business of Lauderdale West. Thank you.

#### **MODIFICATION NEWS**

If you are doing any modifications to your home or plex, you need to fill out the Lauderdale West paperwork and have it approved by the Board. If you are not available to come in during regular hours, 9 am – noon, you can call Kristi Woods, 954-473-8219, ext. 109, during the morning hours and set up an appointment.

Any resident, doing any improvement, especially hurricane modification, is asked to fill out a form upon completion of the modification so the information about your unit is up to date in the LW files.

If your modification causes a problem, such as a leak, you are responsible for the repairs.

# SOCIAL CLUB HEALTH FAIR

Friday, October 19

9:30 am – 1:30 pm

JBA

Many vendors on site

#### FREE

Mark your calendar

#### NOTICE TO LANDLORDS

If you have purchased a property in Lauderdale West within the last year and you are thinking of renting it out before the 1 year waiting period, please be advised that you will be fined \$100 up to \$1000, and those to whom you rent, will be evicted. All potential renters must go through the interview process. Please abide by our DOCs.

#### NOTICE FOR ACTION

The LW Board of Directors cannot take any action on information given to us in a letter, voice mail or phone call without a name and LW address.

Thank you for your cooperation.

#### SAFETY DO'S

We all really need to pay special attention to our personal safety here in Lauderdale West and wherever we should travel. How, you may ask? Please follow the guidelines below and we will succeed:

· Let us not open the door to anyone we do not know and did not invite

· Let us double check with the utility company if a worker just knocks at your door. Call the company to verify the work order for your home (FPL; AT&T; Comcast; Plantation Utilities. etc.)

· Let us always lock our doors, in our home and in our cars - ALL the time

· Let us not give anyone our personal information, especially our social security numbers or bank account numbers

• Let us not walk alone - use the buddy system and walk during daylight

 Let us all post our No Solicitation signage and not be afraid to call the Police's nonemergency number (954-797-2100) it is better to be safe rather than sorry.

#### SATURDAY NIGHT DRESS CODE

Here Is a friendly reminder to everyone, and especially if you are bringing guests. There is a dress code for the Saturday night professional shows. The dress code is NO SHORTS - only long pants for men - dresses, slacks for women will be allowed. Thank you for your cooperation.

#### SAFETY REMINDER

As we head into the holiday season and having guests here in Lauderdale West, please be extra cautious driving in the parking lots. Many of our residents have small children visiting and they move very quickly. Please double and triple check in the parking lots, especially when backing up. We want to have happy times here.

FOR SALE BY OWNER LAUDERDALE WEST **COMPLETELY RENOVATED \$295,000 FIRM CALL OWNER RICHIE** 754-264-9076 **NO REALTORS!!** 

#### ROOM RENTAL PROCEDURE

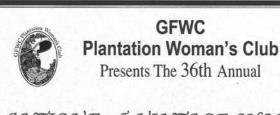
LW will only rent out room 113 for immediate family functions up to 70 people. The cost to rent room 113 is \$50; set up and cleanup is \$50; security deposit is \$500.

The paperwork needed to rent 113 is as follows: photo ID, Declaration page for your Homeowners/Renters Insurance; the 3 checks.

If you are interested, please call the clubhouse any morning from 9 am until noon and you will be directed to the room coordinator.



Clubhouse every Thursday from 9:30 - 10:30 a.m. If we don't use them, the paramedics will not provide this service.



Presents The 36th Annual

### ANTIQUE & VINTAGE SHOW



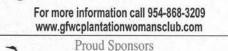
Saturday Nov. 10th, 9-5 2018 Sunday Nov. 11th, 9-4 2018

> Volunteer Park and **Community Center** 12050 W. Sunrise Blvd Plantation, FL 33323

> > Donation \$4.50 Price good for both days

Free Bring this card to get your .50 cent Discount Parking

Great Food





A COPY OF THE OFFICIAL REGISTRATION AND FINANCIAL INFORMATION MAY BE OBTAINED FROM THE DIVISION OF CONSUMER SERVICES BY CALLING TOLL FREE (800-435-7352) WITHIN THE STATE. REGISTRATION DOES NOT IMPLY ENDORSEMENT, APPROVAL OR RECOMMENDATION BY THE STATE

# FYI: UPDATE BAIT BOXES

Throughout our community there are rodent bait boxes set up by our pest control company, Dead Bug Edwards, to deter/kill rats. We live in a watered community and wherever you have water, you are more susceptible to rats.

Dead Bug Edwards has numbered each box as well as inventories, cleans, and fills each box on a regular basis. They have been put around the perimeter properties as well as on water properties behind the unit. You, our residents, have been asked not to touch the boxes. They are filled with poison. This poison is harmful to you and/or your pet. This poison is checked regularly and replenished as needed by authorized personnel wearing protective clothing. Again,



we ask you not to move the bait box for any reason. If you should develop a rodent problem and your designated box has been moved, you will be responsible for the costs of removing the rodent instead of LW.

Dead Bug Edwards evaluates the situation regularly. If a rodent problem shows up, boxes can be re-placed to be more effective. You do not need to call requesting a box. Dead Bug Edwards knows where each and every box is located as each box's placement is marked on a large LW map in their offices.

This is how the bait boxes work: These boxes are baited with poison which the rats take back to their nests, hopefully infecting the nest, thus killing more rats. As these boxes are throughout the community, placed against the houses and plexes, not in the bushes, AGAIN, we ask our residents **NOT** to touch or move these boxes. They are being checked regularly and replenished as needed.

Should you develop a rodent problem, please call Maintenance at 954 473-2595 and report it.

Unfortunately, last April, Dead Bug Edwards found that 113 boxes were either missing from its spot or broken. To insure correct protection for our Community, we must now replace them at \$22 a piece (\$2486). If residents are moving the boxes around their homes, they may incur a fine.

Once again, DO NOT TOUCH these boxes or move them. Thank you.



#### **LIBRARY** By Audrey Hermelin

Thank you to all who have increased our library, ten-fold by donating new books as well as older ones, including the classics. It is a pleasure to put them on the shelves.

Again, I want to thank Marie and Joan for all their hard work.

Please visit our library and enjoy our selection of books. Right now I am on a Stuart Woods read myself.



#### SWIMMING POOL RULES

This is just a reminder that everyone must follow the

posted pool rules, especially:

- Do not prop open a pool area gate
- Shower **BEFORE** entering the pool as this is a Health

Department regulation

Do allow residents who are swimming laps the right of

way if you are just standing, walking or talking in the pool

- No diving allowed
- Children must be supervised by an adult, at all times, in the pool area, especially when they are in the water
- No jumping, running or loud noise in the pool area
- · No food or drink or glass in the pool area
- Vacate the pool **area** during rain, thunder or lightning sitting under the metal awnings is dangerous

The Lauderdale West Community Association reserves the right to deny the use of the pool or pool area to anyone at any time for just cause.

# LAUDERDALE WEST VIOLATION PROCEDURES AND FINES

#### The following are the violation fines per occurrence:

Exiting Main Clubhouse thru Emergency Exits	\$50
Entering/leaving parking lots in wrong direction; backing up the wrong way	\$50
Unregistered cars/trucks/vehicles	\$100
Failure to maintain, via painting or power washing, of awnings, patio, or driveway	ys \$50
Failure to maintain outside of residence for aesthetics/ health compliance	\$50
Unapproved plantings of shrubs, bushes or trees on common grounds	\$100
Planting of trees on LW property plus cost of removal by our Maintenance Dept.	\$50
Feeding ducks	\$50
Pet Nuisance complaints: unleashed dogs; not picking up after Dog;	
excessive barking; unregistered dog	\$ 50
Vandalism to LW property	\$100

#### The following are the violation fines per day:

Overnight parking of unauthorized vehicles/trailers, etc.	\$100
Overnight parking on swales, lawns, clubhouse parking lots, etc.	\$100
Unauthorized signage (political, for sale, etc.)	\$50
Unauthorized colors on fascia, shutters, etc.	\$50
Failure to illuminate: pole light per night; rear security light(plex)	\$20

#### The second notification for the same violation within 6 months automatically imposes a fine of \$100. \*Allow to add to this list as need may arise.



ATTENTION LAUDERDALE WEST RESIDENTS ONLY WANTED - BUYING ALL MILITARY SOUVENIRS - MEDALS -WEAPONS- WW 1 - WW 2 - KOREA - VIETNAM ALSO BUYING - GOLD & SILVER - JEWELRY AND COINS (INCLUDING COMPLETE COLLECTIONS) AND SILVER TABLEWARE CALL JOE G. (L. WEST RESIDENT) FOR APPOINTMENT 954-249-1929 Email: joeg28@bellsouth.net

# LAUDERDALE WEST VIOLATION PROCEDURES AND FINES

# When a resident violates a rule, the following is the procedure in the Fining Process:

Procedure:

1. A resident in violation will receive an initial letter regarding a maintenance/violation issue.

2. A recheck of the property will be performed and if necessary, a second letter is sent regarding incomplete issues.

3. If the incomplete issues are not corrected within 15 days from the date of the second letter, Board approval will be obtained and a Certified letter will be sent stating the fine which is to be paid within 30 days from the date of the Certified letter. You will be notified that the Board will discuss your issue. You can attend the Board meeting but you CANNOT speak at the LW Board meeting concerning your issue.

This letter will also state that Lauderdale West will proceed to do the work and charge the resident for the work **in addition to the fine.** 

When a resident receives the Certified letter stating the levied fine(s), the resident has the right to a hearing before the LW Fining Committee, within 15 days of receiving the Certified letter.

If the resident would like to request a hearing, the resident needs to go to the Main Clubhouse, fill out the Right to Hearing Form and turn it in to the Board Director overseeing the Fining Committee within the 15 days. You will be allowed to speak to the Fining Committee concerning your issue.

The Fining Committee, which meets two(2) times a month, will make the ultimate decision to confirm or reverse the fine. The Fining Committee is comprised of owners from each of the four(4) phases in Lauderdale West and one additional owner, the Chairperson.

Second or subsequent offense of same violation within six(6) months– automatically doubles the fine.





#### VACATIONING FROM YOUR SMARTPHONE

By Robert Wright, Jr., Ph.D., COFT



Now that the summer vacation season is over, hopefully, you and your family were able to get away from some much needed rest and relaxation, so that you could fully recharge your body, mind and spirit. But, while you may have had fun and gotten

some rest during your vacation, did you remember to also take a vacation from your smartphone? Probably not!

Look, let's face it. For many of us, our phones have literally and figuratively taken over or touched almost every area of our lives. It's no longer just a phone since now you can email, FAX, text, translate, do your banking and speak via live video to family and friends almost anywhere on planet earth with the appropriate app. You can even watch TV or listen to relaxing music while at the gym or while washing the dishes.

If you are honest with yourself, then you can admit that most likely, you, too, are addicted to your phone. WHY? Well, first off, the smartphone was designed to be addictive. How does it accomplish this? By keeping you slightly 'off balance' since you never know whether the next text, email, photo or phone call will be something important, make you laugh or make you shake your head in disbelief or disgust.

Your brain loves "intermittent guessing". It's like when you were a kid and you had fun guessing in a game. The neuroscience behind this is simple too; "intermittent guessing" causes your brain to secrete pleasure causing hormones and neurotransmitters such as dopamine, serotonin, oxytocin or endogenous morphine. These are all known as "feel good" neurochemicals.

Intermittent guessing stimulated the same brain regions that activate when a person takes cocaine, gambles, plays video games or drives a car or motorcycle extra fast. You may experience it as an "adrenaline rush" or it simply may make you feel more important since you are receiving a continual stream of messages – many of them of no consequence at all. The goal is to keep you using your device to get you to click on ads or take the Call-To-Action being requested – to subscribe, download, play, view, buy, etc. But, did you know that new research now shows that being addicted to your phone can be harmful? For instance, a recent SUNY Stonybrook study estimated that at least 10% of all E.R. visits are now due to smartphone distraction. Another study found that 47% of participants reported falling asleep with their phones.

Why is this an issue? Because, using the phone late at night increases your risk of developing a serious sleep disorder, anxiety, insomnia, suicide or depression. Also, the blue wavelength light from your phone interferes with your circadian rhythm by delaying melatonin release. Thus, you don't get the sleep you need to feel rested the next day because you are prevented from entering deep sleep stages where the growth factor hormone is released. This makes it harder for your body and brain to repair itself.

So, if you did not take a vacation from your smartphone during your vacation, here are some tips for vacationing from your phone throughout the year.

• Park your phone outside of your bedroom: Consider placing your phone outside of your bedroom and if you can bare it, also turn it off. For many, this will be the hardest recommendation to implement because it's easy to make up a "legitimate excuse for WHY" the phone needs to be close by when you're supposed to be asleep.

• **Turn off your phone 1 hour before bedtime:** Since blue wavelength light makes it harder for you to fall asleep, consider turning off your phone early. Research shows that men fall asleep an hour later than women when using the smartphone at night. A word to the wise is sufficient.

• Pay attention and put your phone down when necessary: Put a halt to avoidable distracted driving accident s and distracted walking accidents by being smart. Remember, your smartphone activates the same areas of your brain just like you were on drugs. It's not smart to cross a busy street with your head buried in your phone. Choose wisely.

Dr. Bob is the co-host of the wildly popular StreeFreeNow podcast series. Email him with your questions at rwright. nyc@gmail.com





#### LEFTOVER WORDS

original poetry by Lydia Shutter

Leftover words do not sound better after reheating and are probably best discarded yet we hold onto them even as they gunk up routines (messy critters aren't they?) believing their coherency has not only no expiration date but a date after which flowers will blossom out of the pain they caused surely sonnets will re-emerge out of arcane scraps of syllabic misery but the truth is open eyes collect unexpected sights open ears collect better-left-unsaid whispers and before you know it there they are washing up on the shores of forever those ever infamous leftover words © 2015 Lydia Shutter





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# DOWN MEMORY LANE

With Stu Sosniak

#### How ya doin' gang?

I hope everyone is doing great at beautiful Lauderdale West. For this month's subject, I would like to pay tribute to some of the greatest inventors, scientists and brilliant minds of all time. These dreamers, researchers, pioneers and discoverers changed our lives and opened the doors to a new world.

When the word genius is mentioned, Albert Einstein's at the top of every list. At the age of 26, his theory of relativity, converting matter into energy, brought us into the nuclear age. E=MC<sup>2</sup>, E is energy, M is mass, C is the speed of light. Einstein's letter to President Roosevelt in 1939 led to the Manhattan Project that developed atomic weapons before Germany could, and ultimately ended World War II. Incidentally, Einstein was a pacifist.

Besides writing the Declaration of Independence, Benjamin Franklin invented bifocal glasses in 1784 and by flying a kite in a storm, concluded that lightning and static electricity are the same. He invented the lightning rod.

Thomas Edison, a true genius, had over 1200 patents, among them the phonograph in 1877, the electric light bulb in 1879 and the motion picture in 1891.

Galileo invented the thermometer and revolutionized astronomy with the telescope.

Henry Ford put America on wheels introducing the Model

T car in 1908, but just as important, was his assembly line. Sigmund Freud explored the human mind and developed psychoanalysis.

Alexander Graham Bell in 1875 transmitted sound vibrations to an electrical wire and the first telephone was invented.

Orville and Wilbur Wright, in 1903, made human flight possible and changed the world.

Combining movable type, ink, paper and the printing press, Johann Gutenberg invented the movable type printing press in 1450.

Here are some other brilliant researchers:

- · Cyrus McCormick mechanical reaper
- · George Eastman box camera and photo film
- · Charles Goodyear vulcanized rubber
- · Jonas Salk polio vaccine
- Robert Fulton steamboat
- Charles Pearson first idea of subway
- Eli Whitney cotton gin
- · Samuel Morse electrical telegraph and morse code
- Guglielmo Marconi radio
- Louis Pasteur vaccine for cholera, rabies, anthrax and pasteurization
- Robert Goddard liquid fueled rocket engine

Genius is 2% inspiration and 98% perspiration. The wheel and fire were pretty important discoveries, but by whom? Glass was invented by the Egyptians around 2500 BC and T'sai Lun invented paper in China in 105 AD, and let's never forget Thomas Crapper for the first flushed toilet.

Photos, ideas and suggestions are always welcome. Please call Stu at 954-475-4214. Until next time, make these times at Lauderdale West your "good old days" of tomorrow. Happy trails you... until we meet again...

#### Whether you vote Absentee, Early, or in Person - Vote for PETE !!!

Vote for Pete Early 10/22 to 11/4 from 7am to 7pm Vote for Pete Absentee Must Return by November 6th Vote for Pete In Person Election Day November 6th





### For more information visit my website www.ElectTingom.com

Political Advertisiment paid for and approved by Peter S. Tingom - Candidate For Mayor of Plantation, Nonpartisan



# FIRE PREVENTION

By E. Laney Stearns, Fire Chief

Urban legend tells the tale of how, on a windy Chicago night, Mrs. O'Leary's cow kicked over a lantern and caused one of the most tragic fires in US history. Well, the story of the cow has since proven to be a lot of bull. However, the Great Chicago Fire was very real as was the tremendous loss of life and destruction of nearly one third of the City. In the wake of that tragedy grew Fire Prevention Week. Every year the National Fire Protection Agency (NFPA) publishes a theme that helps remind us to be aware of fire safety and fire prevention tips.

During the month of October our Public Education Team is out and about, in the community spreading that message. While our team is always out spreading the fire prevention message, October is by far their busiest month.

This year's theme from the NFPA, **"Look. Listen. Learn. Be Aware. Fire Can Happen Anywhere**" is reflected in our 42nd Annual Marti Terziu Art & Literature Contest. Each year we invite all school-aged children, in Plantation, between Kindergarten and fifth grade to enter their best interpretation of the NFPA theme through posters, essays, photography, digital, or 3D art.

Entries are made through their school and prizes are awarded for City-wide selections in each category and the best submission from each school. The top winners are honored at a Chamber of Commerce breakfast and City Council meeting during our Red Carpet event.

If you have a child in K-5 we invite them to show us their creative talents. They can contact their school art teacher or go online at: http://www.plantation.org/psd/fire/fd\_posteressay-contest.html for entry rules and forms. Final submissions should be made to their art teacher.

Also, remember, Halloween is coming. If your child is out Trick or Treating, here's a few safety tips to keep in mind.

- Ensure the costume is lighted or has reflective material on it so they can be seen in the dark.

- Everyone should carry a flashlight if walking after dark.

- Make sure young children are ALWAYS accompanied by a responsible adult.
- Costumes should not obstruct the child's view in any way.
- Be sure the costume is not made of flammable materials.

- Always check the contents of your child's goodie bag before they eat anything.

- Finally, do not walk in the streets. Stay on the sidewalks, particularly after dark.

We want everyone to have a safe and enjoyable Halloween. These simple tips will make it fun for everyone. Stav Safe

Editor's note: Marti Terziu was a resident in Lauderdale West for a number of years.



#### **OCT - NOV 2018**

PLANTATION VOLUNTEER F



# 62nd Annual

Barbecue Sunday, November 4, 2018 12:00 Noon to 5:00 PM Pine Island Soccer Field 8200 SW 3rd Street West of Broward Mall

Adult tickets: Early Bird: \$15.00, \$18.00 at the gate Child tickets: Early bird: \$9.00. \$10.00 at the gate Ticket order forms mailed to every household in Plantation.

Tickets may also be purchased on line at: https://pvfa.yapsody.com/event/index/283431/pvfa-62nd-annual-barbecue or by calling

#### 954-797-2150



# Fresh face, bright mind, great heart.

I'll use my 30 years **EXPERIENCE** as a Sun-Sentinel writer and editor to research issues, weigh every side and make informed decisions, keeping a spirit of civility throughout.

#### My top priorities are to:

- Maintain a vibrant city without smothering ourselves in growth.
- Evaluate every expense in the budget to see how to save money.
- Keep residents safe via our police's many programs that deter crime. I am eager to help a city I love to **MOVE FORWARD**.

# **VOTE NOVEMBER 6**

www.NickSortal.com

Paid for and approved by Nick Sortal for Plantation City Council Group 5.



**KUDOs** to Sal Eposito on his 103rd birthday. Thanks for showing us how to celebrate in style.

**KUDOs** to all the volunteers who sell tickets to Lauderdale West's various events.

**KUDOs** to all the drivers in LW who come to a complete stop at stop signs. Safety first!

**KUDOs** to all who shower before entering the swimming pools.

**KUDOs** to all our residents who use the many amenities LW has to offer.

**KUDOs** to Estelle Taylor who did a great job filling in for Rosemarie Demmons in the Approval and Acquisition Office.

#### FROM THE EDITOR

17

We wish to thank all of you for your submissions. Unfortunately, room does not allow us to include everything. Decisions on what to include are made by an Editorial Board.

We want to encourage you to continue to submit articles of interest to our community and letters to the editor. We want to include a wide variety of writers and ideas. Again, we cannot always use everything we receive. Thanks for all of your support.

#### THE WOOD SHOP NEEDS YOU!

The Wood Shop is looking for wood workers to help make toys for underprivileged kids for the holidays. Minimal experience with machinery is needed. Please contact Steve, Mondays – Fridays, 9 – noon, at the Wood Shop. This is a great opportunity to volunteer.

#### FALSE EMERGENCY MAINTENANCE CALLS

If you call for an emergency maintenance call and it is not a true emergency, you will now be charged \$150.



#### **OCT - NOV 2018**



### ENTERTAINMENT



#### MOTOWN MAGIC SHOW BAND October 13, 2018

Motown Magic consists of 4 world class vocalists and 6 top notch musicians. They will take you back to the great memories and good times with hits from the Motown greats: The Temptations, Marvin Gaye, Smokey Robinson, Four Tops, The Commodores and more – some of the greatest music ever written!

Tickets: \$10 residents; \$17 guests

#### TICKET OFFICE

By Micki Gaughan

Have you noticed that your monthly tickets are more colorful? Each month has its own color. For October the ticket is a bright green. For November, a bright orange. This also helps the ticket takers at the door the night of the show.

A gentle reminder about our dress code for our Saturday night shows – all men need to wear long pants, dresses or slacks and top for woman. Thank you for your cooperation.

We have had some new members added to our ticket office crew, and I truly thank everyone working there. It is a team effort. Tickets are now sold throughout the month between the shows, starting with the first Monday after the last show. If you have reserved seats, you need to pick them up during the first week or they will be returned to general seating the 2nd Monday of sales. If you are interested in obtaining reserved seating, please contact me Monday thru Friday at the Main Clubhouse.

I want to thank Linda Owen who graciously volunteered to prenumber all the show tickets. This makes it easier for our folks selling the tickets and less chance to sell a seat more than once.

If you would like to join the crew, please call Micki at 954-473-8219 ext. 128 and I will gladly add you to our list.



#### LONG RUN BAND (ULTIMATE EAGLES TRIBUTE) November 10, 2018

The Long Run Band is a compilation of some of South Florida's finest and most respected musicians. They have realistically reproduced the sound that makes the Eagles, one of the most successful bands in rock and roll history. They are so well-respected that legendary Eagles member Don Felder asked them to back him up at the Florida music awards. Get ready to reminisce with some good old "Rock and Roll."

#### **ENTERTAINMENT COMMITTEE**

By Harriet Langdon

The year is almost over, and we have had wonderful shows to remember. Some of them were: The Mora Arriaga Family aka The Mexican Family, Redhead Express, Maryellen Hooper and Ariel Rose, and Neil Zirconia, just to mention a few.

The Motown Magic Band will be here in October and Long Run - the Eagles Tribute will be here in November.

Sometime in October the new line up for the 2019 shows will be on the ticket office door showing all performers. Remember to pick up your tickets for the shows for the rest of the year as you will not be disappointed, and, because we miss you if you do not come.

#### **2018 SCHEDULE OF SHOWS**

Ticket Prices are now \$10 for residents; \$17 for guests – Where else can you go out for good entertainment

for so little?

October 13
November 10
December 15

Motown Magic Band Long Run (Eagles Tribute) Sarge OCT - NOV 2018

#### LAUDERDALE WEST NEWS

Wednesday	Thursday	Friday	Saturday
HAPPY NATIONAL	1 All Saint's Day	2 Look for Circles Day	3 Book Lover's Day
BOOK LOVERS DAY	113 8:45-10 am Women Exercise 104 9-12 Wood Shop Satl 9 am Social Tennis 111 9:30-10:30 am Blood Pressure 203 10:30 am Cards 113 11am-Noon Yoga/Beginner	113 8:45-10 am Women Exercise 104 9-12 Wood Shop 111 9 am Rich Simm Exercise Main Pool 10:00 am Aquasize LIB Noon - Mah Jongg	Satl 9 am Social Tennis 113 9 am Yoga 113 10:30 am Chair Yoga
	JBA 2 pm Movie 206 7 pm Pool Playing	106 1 pm Stained Glass 206 1-3 pm Pool Playing 111 4 pm JF Exercise - level 1	MOVIE
			JBA-8PM
7 Bitterswweet Chocolate Day	8 Dunce Day	9 Chaos Never Dies Day	10 USMC Day
13 8:45-10 am Women Exercise 04 9-12 Wood Shop Satl 9 am Rich Simm Exercise Main Pool 10 am Aquasize	113 8:45-10 am Women Exercise 104 9-12 Wood Shop Satl 9 am Social Tennis 111 9:30-10:30 am Blood Pressure	113 8:45-10 am Women Exercise 104 9-12 Wood Shop 111 9 am Rich Simm Exercise Main Pool 10:00 am Aquasize	Satl 9 am Social Tennis 113 9 am Yoga 113 10:30 am Chair Yoga
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11 4 pm JF Exercise - level 1 Jutdoors 6 pm Bocce 06 7 pm Ceramics	113 6 pm Spanish Club 206 7 pm Pool Playing	206 1-3 pm Pool Playing 111 4 pm JF Exercise - level 1	8:00 p.m JBA \$10 Residents - \$17 Guests ID Required Dress Code
4 World Diabetes Day	15 Clean Your Refrigerator Day	16 International Tolerance Day	17 World Peace Day
13 8:45-10 am Women Exercise 04 9-12 Wood Shop 11 9 am Rich Simm Exercise 11 10 am Board Workshop Mtg	113 8:45-10 am Women Exercise 104 9-12 Wood Shop Satl 9 am Social Tennis 111 9:30-10:30 am Blood Pressure	113 8:45-10 am Women Exercise 104 9-12 Wood Shop 111 9 am Rich Simm Exercise Main Pool 10:00 am Aquasize	Satl 9 am Social Tennis
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21 World Hello Day	22 Thanksgiving	23 Buy Nothing Day	24 All Our Uncles are Monkeys Day
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#### **OCT - NOV 2018**

18	Sunday	Monday	Tuesday
	•	1 International Day for the	
	PLEASE NOTE	Elderly	· · · · · · · · · · · · · · · · · · ·
)	Since this calendar must be prepared weeks in ad- vance, there may be last- minute changes. We sug- gest you verify dates on In-House Channel 8001.	113 8:45-10 am Women Exercise 104 9-12 am Wood Shop Satl 9 am Rich Simm Exercise Main Pool 10 am Aquasize JBA 11 am Women of LW, LLC 206 1-3 pm Pool Playing 111 3:30 pm JF Exercise - level 2 111 4 pm JF Exercise - level 1 203 7 pm Cards	<ul> <li>113 8:45-10 am Women Exercise</li> <li>104 9-12 Wood Shop</li> <li>Satl 9 am Social Tennis</li> <li>111 9:30 am Hadassah Board Mtg</li> <li>JBA 11 am Women of LW, Inc</li> <li>111 2 pm Jewelry Design</li> <li>113 7 pm Yoga</li> </ul>
◄ !	Revised 9-13-18	JBA 7:30 pm Board Meeting	
<u>,</u>	7 Oktoberfest	8 Columbus Day	<b>9</b> Fire Prevention Day
<b>C</b>	Satl 9 am Social Tennis 113 -2-5 pm Hadassah Road Show	113 8:45-10 am Women Exercise 104 9-12 Wood Shop Satl 9 am Rich Simm Exercise Main Pool 10 am Aquasize 206 1-3 pm Pool Playing 111 3:30 pm JF Exercise - level 2 111 4 pm JF Exercise - level 1 203 7 pm Cards	113 8:45-10 am Women Exercise 104 9-12 Wood Shop Satl 9 am Social Tennis 111 2 pm Jewelry Design 113 7 pm Yoga
		OFFICES CLOSED CLUBHOUSE OPEN	<b>BULK PICKUP</b>
	14 Be Bald and Free Day	15 White Cane Safety Day	16 Bosses Day
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	<b>21</b> Count Your Buttons Day	22 National Nut Day	23 Be Kind to Your Neighbor Day
ζ	Satl 9 am Social Tennis JBA 11 am LW Social Club	<ul> <li>113 8:45-10 am Women Exercise</li> <li>104 9-12 Wood Shop</li> <li>Satl 9 am Rich Simm Exercise</li> <li>Main Pool 10 am Aquasize</li> <li>206 1-3 pm Pool Playing</li> <li>111 3:30 pm JF Exercise - level 2</li> <li>111 4 pm JF Exercise - level 1</li> <li>203 7 pm Cards</li> </ul>	113 8:45-10 am Women Exercise 104 9-12 Wood Shop Satl 9 am Social Tennis 104 11 am LW Social Club Brd Mtg 111 2 pm Jewelry Design 113 7 pm Yoga
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O C T O B E

R



Flower Of The Month Calendula

20

Wednesday	Thursday	Friday	Saturday	
3 Techies Day	4 National Golf Day	5 Do Something Nice Day	6 World Card Making Day	
<ul> <li>113 8:45-10 am Women Exercise</li> <li>104 9-12 Wood Shop</li> <li>Satl 9 am Rich Simm Exercise</li> <li>Main Pool 10 am Aquasize</li> <li>106 1 pm Stained Glass</li> <li>113 2 pm Line Dancing</li> <li>111 3:30 pm JF Exercise - level 2</li> <li>111 4 pm JF Exercise - level 1</li> </ul>	113 8:45-10 am Women Exercise 104 9-12 Wood Shop 111 9:30-10:30 am Blood Pressure 203 10:30 am Cards 113 11am-Noon Yoga/Beginner JBA 2 pm Movie 206 7 pm Pool Playing	113 8:45-10 am Women Exercise 104 9-12 Wood Shop 111 9 am Rich Simm Exercise Main Pool 10:00 am Aquasize LIB Noon - Mah Jongg 106 1 pm Stained Glass 206 1-3 pm Pool Playing	Satl 9-10:30 am Social Tennis 113 9 am Yoga 113 10:30 am Chair Yoga <b>MOVIE</b>	
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10 International Newspaper Carrier Day	11 It's My Party Day	12 Cookbook Launch Day	13 International Skeptics Day	
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**OCT - NOV 2018** 

2018	Sunday	Monday	Tuesday
N	PLEASE NOTE Since this calendar must be prepared weeks in ad- vance, there may be last- minute changes. We sug- gest you verify dates on In-House Channel 8001. Revised 9-13-18	ELECTION 2018	HONORING ALL WHO SERVED VETERANS
O V E	4 King Tut Day Satl 9 am Social Tennis 111 1 pm Card Making Class	5 Guy Fawkes Day 113 8:45-10 am Women Exercise 104 9-12 am Wood Shop Satl 9 am Rich Simm Exercise Main Pool 10 am Aquasize JBA 11 am Women of LW, LLC 206 1-3 pm Pool Playing 111 3:30 pm JF Exercise - level 2 111 4 pm JF Exercise - level 1 203 7 pm Cards JBA 7:30 pm Board Meeting	<b>6</b> U.S. General Election Day 113 8:45-10 am Women Exercise 104 9-12 Wood Shop Satl 9 am Social Tennis 111 9:30 am Hadassah Boarrd Mtg JBA 11 am Women of LW, Inc 111 2 pm Jewelry Design
M B	<b>11</b> Veterans' Day Satl 9 am Social Tennis	<b>12</b> Chicken Soup for the Soul Day 113 8:45-10 am Women Exercise 104 9-12 am Wood Shop Satl 9 am Rich Simm Exercise Main Pool 10 am Aquasize 206 1-3 pm Pool Playing 111 3:30 pm JF Exercise - level 2 111 4 pm JF Exercise - level 1 203 7 pm Cards	<ul> <li><b>13</b> Sadie Hawkins Day</li> <li>113 8:45-10 am Women Exercise</li> <li>104 9-12 Wood Shop</li> <li>Satl 9 am Social Tennis</li> <li>111 2 pm Jewelry Design</li> <li>113 7 pm Yoga</li> </ul> BULK PICKUP
E R	<b>18</b> National Smile Day Satl 9 am Social Tennis 113 - 2 - 5 pm Hadassah Bunko	<b>19</b> Have a Great Day Day 113 8:45-10 am Women Exercise 104 9-12 Wood Shop Satl 9 am Rich Simm Exercise Main Pool 10 am Aquasize 206 1-3 pm Pool Playing 111 3:30 pm JF Exercise - level 2 111 4 pm JF Exercise - level 1 203 7 pm Cards	<b>20</b> Universakl Children's Day 113 8:45-10 am Women Exercise 104 9-12 Wood Shop Satl 9 am Social Tennis 104 11 am LW Social Club Brd Mtg JBA 11 am Hadassah General Mtg 111 2 pm Jewelry Design 113 7 pm Yoga
Flower Of The Month Chrysanthemum	<b>25</b> National Parfait Day Satl 9 am Social Tennis	<b>26</b> Shopping Reminder Day 113 8:45-10 am Women Exercise 104 9-12 Wood Shop Satl 9 am Rich Simm Exercise Main Pool 10 am Aquasize 206 1-3 pm Pool Playing 111 3:30 pm JF Exercise - level 2 111 4 pm JF Exercise - level 1 203 7 pm Cards	27 Pins and Neeedles Day 113 8:45-10 am Women Exercise 104 9-12 Wood Shop Satl 9 am Social Tennis JBA 11 am Women of LW Bd Mtg 111 2 pm Jewelry Design 113 7 pm Yoga



### **HADASSAH HAPPENINGS**

#### By Susan Rose

We are back in full swing and looking forward to what autumn has to bring. Just see what we have planned for October.

On October 7, we have a Lauderdale West Roadshow coming to the JBA from 2-5 pm. We will be limiting the number of items per person to 2 pieces for just \$5. You will be given a number upon entering and there will be coffee, cake and socialization while you await your turn. Who knows who may have that unique and collectible item worth big money? This is one way for you to find out if that rare item you have been keeping is worth a fortune. Please note, this is only an evaluation. There will be no buying/selling of items.

October 9 is our Lunch Bunch at King's Point Diner on Nob Hill Road, just north of McNab. Everyone pays for themselves and we make a \$5 donation to Hadassah. Phyllis Gerber makes the reservation, so please RSVP to her at 954-472-1007.

On October 16, we have a special Welcome Back General Meeting that I encourage everyone to attend. For \$5 you will get lunch and a chance to meet, mingle and make new friends or just catch up with old friends.

On October 23, we will be going to the Dania Holocaust Museum to see their new exhibit. We will be carpooling and the cost is \$18. You must make a reservation to Gloria Lipson at 954-476-1214, so we can make the necessary transportation arrangements.

Our Florida Broward Hadassah will be honoring chapter Women of the Year at Jacaranda Country Club on October 28. Judy Buono will be our representative. If you'd like to join us, cost of the lunch and program is \$54. RSVP to Susan Rose at 954-424-8494.

Election Day is November 6 and I encourage all of you to get out and vote.

On November 13, the Lunch Bunch will be at the Asian Buffet on University Drive in Sunrise at 12 noon. As always, we make a \$5 donation to Hadassah and then pay for our own lunch. Call Phyllis at 954-472-1007, so we can reserve a section for our group.

Just in case you will be around Thanksgiving week, we scheduled a Sunday afternoon Bunco on November 18 starting at 2 pm in room 113 in the Main Clubhouse. The cost for the afternoon is \$10. It is a fun game that everyone can play, no experience is necessary. Prizes will be awarded.

Our general meeting will be on November 20. Save the date for lunch, fun and friends. Hadassah wishes everyone an enjoyable Thanksgiving.

We would love for you to join us. If you have any questions or suggestions, please give me a call – Susan Rose at 954-424-8494.



#### A FIVE STAR INDEPENDENT AND ASSISTED LIVING COMMUNITY



Activities Coordinator Jennifer is a ball of fire and knows how to get the party started! Whether it's a new craft or lifelong hobby, themed event or holiday party, Jennifer has all the passion and creativity to make every get together memorable. She's engaged the residents over eight years, and like the rest of our experienced staff, knows how to make these days the best in a senior's life. The area's best shopping, restaurants and entertainment are all within a chauffeured drive, and this lovely community is upscale and carefree.

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24

#### **GET AN ESTIMATE**

Attention anyone who plans to hire someone to do work around the house. ALWAYS get a written estimate from the person, who should be licensed, BEFORE any work is started. An honest contractor will be glad to write up an estimate.

Do not let the person tell you "I won't charge much", or "Trust me, I will do right by you", or anything else. Tell the person that you want a written estimate or say good-bye to that person. It is for your benefit so you do not end up with a large bill that you did not expect.



**JEWELRY MAKING CLASSES** If you have some time on Tuesday afternoons, why not try Jewelry Making. Every Tuesday at 2 pm in room 111, there are classes available. Contact Gail Martinez at 954-915-8841 and get your creative juices flowing. You will love the results!



#### YOGA FOR THE MATURE BEGINNER

Here at Lauderdale West **Yoga for the Mature Beginner** Including - Chair Yoga Certified Instructor Thursdays 11 am – 12 noon – Room 113 FREE Sponsored by IDS – Home Health Care

Sponsored by IDS – Home Health Care For more information or to register please call Jeff at 954-476-5353 (This will not change the Yoga on Tuesdays and Saturdays).



Please call me today at:

# 954-592-1855

# or send me an email:

ballanrealtor@gmail.com

Thank you, Michele Ballan

### **Michele Ballan**

Realtor Coral Shores Realty 8320 W. Sunrise Blvd., Suite 104, Plantation, FL 33322 ballanrealtor@gmail.com Howard Helps "Lauderdale West" Dreams Come True! Living in Plantation over 42 years and serving Lauderdale West



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EACH UNIT HAS MANY MORE FEATURES CALL FOR MORE INFO. MANY MORE UNITS ALSO FOR SALE....

# LW's SPORTS PAGE

#### LINE DANCING

Line Dancing is alive and well here in Lauderdale West. If you love to dance and love to exercise, come and try line dancing.

New style line dancing to all kinds of music – Latin, Oldies, top 40, country, swing. Every Wednesday afternoon from 2-3 pm, in the Main Clubhouse room 113, there are line dancing lessons. It is great fun and exercise and you can meet new friends with similar interests. It is open to all residents and beginners are always welcome. Silver Sneaker Members are FREE (bring card to register) – Non-Silver Sneaker members are only \$2 per person.

For additional information, call Helaine at 850-814-9185.

#### PLAY POOL?

Lauderdale West is very fortunate to have 5 pool tables and 1 billiards table upstairs in the Main Clubhouse. The tables are calibrated regularly and there are pool cues available.

On Monday, Wednesday and Friday afternoons at 1 pm and Thursday evenings at 7 pm, there are folks playing and they are always looking for more players. Why don't you join in the fun and join them?

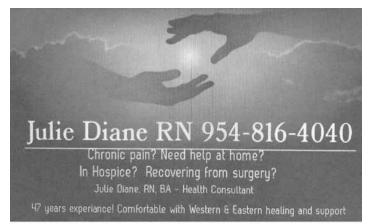
#### CARD PLAYERS NEEDED HI-LOW POKER GAMES

@ Lauderdale West Clubhouse Monday Evenings 6:30 pm - 10 pm Thursday's 10 am - 2:30 pm Please Call Joe G. @ 954-249-1929

#### HORSESHOES

The horseshoe pit is up and running!

We have regulation shoes and aluminum shoes for those that prefer a lighter shoe which is easier to handle. If you have any questions, please call Tony Pampena at 954-472-4666.



#### **BOCCE NEWS**

#### By Al Gaeta

With snowbirds gone and bad weather, we have not played many games. I'm sure we will play more often during the next few months.

We welcome new players and teach you how to play. We enjoy spectators cheering us on. The game is easy, good exercise, and most of all a lot of fun.

We play every Wednesday around 6:30 pm, weather permitting. We play on the right side of the entrance to the club house. Come join us and feel like a kid again.

#### YOGA

By Denise Shuster Enlighten your Mind, Body and Spirit Mediation, Breathing, Stretching Geared for beginners to advanced Class meets every Tuesday Led by Thomas King – Certified instructor 7 pm, Room 113, Cost \$5 per person Contact Denise at 954-593-1090 "NAMASTE"

#### SOCIAL TENNIS

Would you like to get some exercise without it feeling like exercise?

Are you new to Lauderdale West?

Are you a snowbird?

Come to the Tennis Courts at 9 am on Tuesday, Thursday and Sunday mornings and join a fun group of people who love the game of tennis.

Come, get back into the game and join in the fun. We always welcome new social players.

Men and women are welcome to join on all the days or just one or two.

For more information, call Morrey at 305-861-5477.

#### HOW IS YOUR PUTTING GAME?

Putting can make or break your golf game. If you want to hone your skills, LW has a putting green outside of the Main Clubhouse. There are nine holes with flags to help to get that hole-in-one and lower your score.

The balls are supplied on the 'green' but you will need to bring your own putter. What you waiting 'fore'?

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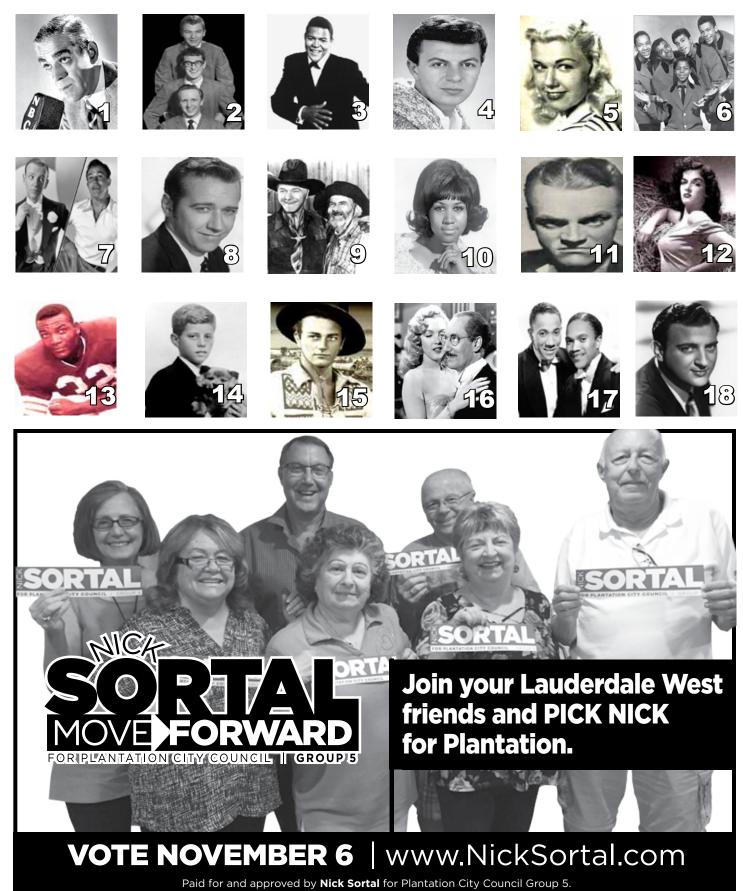
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#### STU'S PHOTO QUIZ: CAN YOU NAME THESE FAMOUS PEOPLE:

Answers on page 39



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**OCT - NOV 2018** 

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#### WOMEN OF LW, INC.

The Women of LW, Inc., are back in full swing. The October meeting will be held on Tuesday, October 2 at 11 am in the JBA, where a lite lunch will be served for \$5 per person.

Please bring school supplies which will be donated to the Kids In Distress facility.

In November the meeting day will be changed due the Election Day. The meeting will be held on Wednesday, November 7 at 11 am in the JBA. We will be getting ready to purchase holiday gifts for the kids. Come and pick a name from the gift tree. Hope you all will participate and make the holiday season the best ever for the kids.

For more information, please contact Pinky Trapani at 954-472-1652.

#### **MOVIE COMMITTEE**

By Lydia Shutter

A new Movie Committee has formed in Lauderdale West. We surprised everyone on Saturday night July 28 by serving complimentary popcorn to all who came to enjoy "I Feel Pretty". We started "Thursday Matinee Classics" with "The King and I", South Pacific and Grease, to name a few.

Our committee consists of Linda Owen, Donna Brodsky, Frank Lipari, June Muro, Lydia Shutter, and Estelle Taylor. Thank you to the previous Movie Committee. We appreciate the ground you paved for us.

Please join us on Thursday afternoons at 2 pm and Saturday evenings at 8 pm, if no Live Entertainment or Party Time is scheduled. Movies are posted on in the Main Clubhouse, on our website http://www.lauderdalewest.org/home. html, and on Channel 8001. We look forward to seeing you at the movies!

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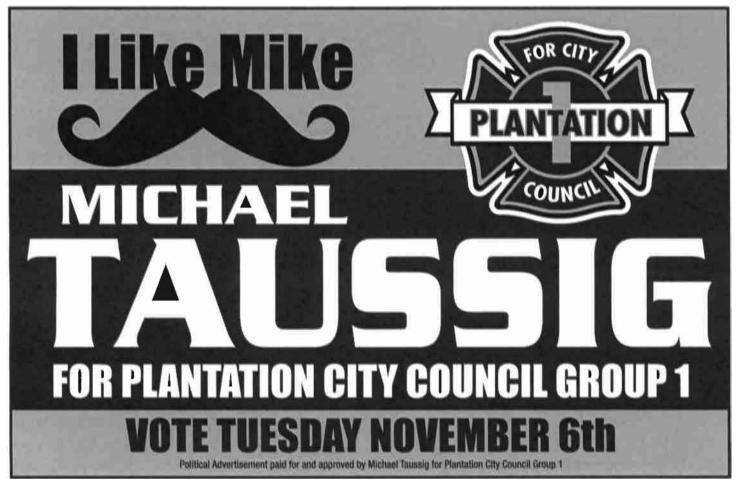


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"The City is in the business of providing services to its residents, therefore I will

work to restore what I refer to as the

'Three C's' to the City Council: Civility, Customer Service and Communication." Denise Horland "A FRESH VOICE FOR PLANTATION" For Plantation City Council Group 2 I hope I can count on your VOTE on **NOVEMBER 6th!** www.denisehorland.com NITED

> **Barbara** Prezioso Realtor®/Real Estate Consultant 1361 Sawgrass Corporate Pkwy.

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**Realty Group** 

#### SAL ESPOSITO TURNS 103!!!

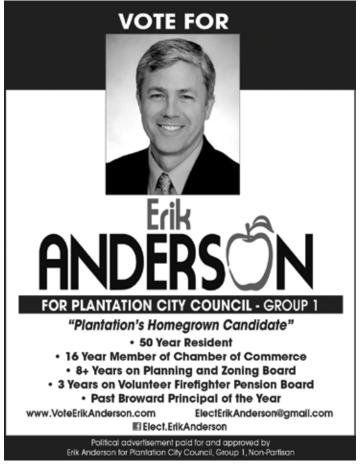
Adding another milestone to his already accomplished life, Sal Esposito turned 103 on August 27, 2018. True to form, Sal was in the Clubhouse, where you can find him most mornings, painting the handmade toys which will be donated to the Historical Society.

At 103, Sal tries to maintain his lifestyle – attending our professional shows and PartyTime here at LW. He enjoys constructing models, including a ship in a bottle which he finished this past year.

Three years ago, turning 100, he was at the Veltri courts showing everyone that he can still hit a mean tennis ball! In 2015, he received a proclamation from Congresswoman Lois Frankel's office as well as a thank you note from John Feeney, Curator at the Plantation Historical Museum for his participation in the making of the donated toys.

Lauderdale West threw a mini celebration besides the one his family threw for his 103rd. Can't wait to see what you do this coming year, Sal!









#### **VOTE NOVEMBER 6TH**

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POLITICAL ADVERSTISEMENT PAID FOR AND APPROVED BY LYNN STONER FOR MAYOR OF THE CITY OF PLANTATION. NON-PARTISAN

#### THE CHANGE WE WANT, THE VOICE WE NEED

Dear Neighbors:

Welcome! My name is Lynn Stoner and I am running for Mayor of the City of Plantation. Whether you are a new or a long-time Plantation resident, I would like to take this opportunity to say "Hello!".

I share your concerns about the direction the City will take in the future. The time has come for our diverse community to hold true to what Plantation values, and work together to bring the 'shine' back to this wonderful place we all call home.

As a Plantation resident since 1970 and City Councilmember since 2011, I have the relevant experience, leadership skills and business acumen to run for the City's highest elected office. My proven accessibility to residents and my performance on their behalf reflect why I am your "GET IT DONE COUN-CILMEMBER" and hope to be your "GO TO MAYOR".

I invite you to learn more about me. Please feel free to contact me directly or connect on social media... my door is always open.

I look forward to hearing from you.

Respectfully,

# LYNN STONER

# LW NEWS - THANKS OUR VOLUTEERS

As it is the tradition in the month of November to be Thankful for what we have, it is LWNew's tradition to say **THANK YOU** to all the volunteers who come to the Main Clubhouse on a regular basis to keep our community running smoothly.

**LW Board of Directors:** Joanne Hill, Rosemarie Demmons, Barbara Bucci, Arline Marcus, Micki Gaughan, Hal Spector, Audrey Hermelin, Jennie Lipari, Johnny McLean, Marlene Newman, Kristi Woods.

#### All Club Presidents and Officers

**Approval and Acquisition Office:** Rosemarie Demmons, Ermina Levy-Goodwin, Estelle Taylor, Hilary Hofstetter

Community Painting: George Hill

Community Watch: Steve Taylor, Carlos Fernandez

**Entertainment Committee:** David Langdon, Harriet Langdon, Linda Owen, Lydia Shutter, Steve Shutter, Estelle Taylor, Steve Taylor

**Front Desk:** Vivien Belnansis, Lilliana Bonnet, Leslie Kane, Hazel Mazzaglia, Joan Meloro

**Hobby Shop:** Joe Assaro, Sal Esposito, Carlos Fernandez, Jeff Fleisch, Maura Laura LeBrón, Esther Ann Mastrullo, Jim Raschka, Steve Taylor, William Padilla

Library: Audrey Hermelin, Marie Higgins, Joan Jurgens

**LWNews:** Micki Gaughan, Connie Guzzi, Lana Famiano, Jean Brooks, Lilliana Bonnet, Ingrid DiMofetta, Daniel Gaughan, Denise Hengeli, Sharon Johnston, John Mendelssoh, Lydia Shutter, Stu Sosniak, Bob Wright, Barbara Verna

Movie Committee: Linda Owen, Donna Brodsky, June

Muro, Lydia Shutter, Estelle Taylor,

Sound Booth: Louie Agnone, Bob Newman, Richard Nalesnik

**Switchboard:** June Asaro, Ronne Lekacos, Diane Siegel, Michelle Sanders, Linda Ciasca

**Ticket Office:** Barbara Bucci, Micki Gaughan, Dottie Amon, Larry Chabus, Lana Famiano, Anne Forman, Phyllis Gerber, Libby Gluck, Shirley Jenkins, Bobbi Kalkstein, Danny Metrick, Vivian Metrick, Lynn Sklar, Dolly Smith, Pinky Trapani, Mae Urist, Mary Vanderweit, Paul Wagner, Rita Weiner, Shery Woodall, Marion Zegar

The Fining Committee, Hurricane Committee, LW Theater Group, Party Time Committee, Spectaculars.

Thank you to all the volunteers on the various committees and organizations and for all the volunteers in the afternoons and evenings for classes, sports activities and the shows.

Hopefully, I did not miss anyone, but if I did, I apologize and please let me know so I can thank you next month.

Not volunteers, but a VERY important **THANK YOU** to Sam, Cindy and Henry for EVERYTHING you do for Lauderdale West each and every day.

I would be remiss not to thank our Maintenance Department for all they do – no matter what the weather is, they are doing their jobs to keep us running smoothly and looking good. Thank You.

Micki Gaughan, LWNews Managing Editor

KAREN SACCO REALTOR LAUDERDALE WEST RECENT HOME SALES					
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**OCT - NOV 2018** 



LW CLUBS AND CONTACTS					
CLUB		CONTACT	РНО		EMAIL
BOCCE	ŀ	Al Gaeta	954 424-888	1	
BOOK CLUB		Vicki Gaughan	954 452-290		rose@gmail.com
CERAMICS		Anne Karic	954 474-668		
ENTERTAINME		Harriet Langdon	954 370-309	0	
FRONT DESK		Audrey Hermelin	954 472-086	9 redaud	8209@bellsouth.net
HADASSAH	S	Susan Rose	954 424-849	4	
HAITIAN CLUE	B F	Ritza Valbrun	954 213-747	1	
JEWELRY MA	KING (	Gail Martinez	954 915-884	1	
LIBRARY	ŀ	Audrey Hermelin	954 472-086	9	
LW THEATRE	GROUP ł	Kay Davis	954 452-073	0	
MOVIE COMM	ITTEE L	_inda Owen	909-268-434	4	
SOCIAL CLUB	S	Steve Taylor	954 557-387	4	
SOCIAL TENN		Morrey Dalkoff	305 861-547	7 shelter	rg@gmail.com
SPANISH CLU		Aura Giron	321 412-155		
STAINED GLA	SS E	Brunia Duval	954 476-422	6	
TICKET OFFIC		Barbara Bucci	203-530-404	9	
		Vicki Gaughan	716-903-626		
WOMEN'S EX		_inda Hofstetter	954 439-069		
WOMEN OF L		Pinky Trapani	954 472-165		
WOOD SHOP		Steve Taylor	954 473-823		
YOGA		Denise Shuster	954 593-109		
100/(					_
954-473	-2595		954-47	73-2595	ANSWERS TO:
	2000	BUS		10-2000	Stu's Photo Quiz
					(from page 29)
	<u> </u>	CHEDUL			1. Boris Karloff
					2. Buddy Holly & Crickets
Your Driver is Pete - 954-473-2595			<ol> <li>Buddy Hony &amp; Onekets</li> <li>Chubby Checker</li> </ol>		
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	4. Dion Dimucci
				9:00am - 3:00pm	5. Doris Day
9:00 am – 3:00 pm		9:00am - 1:30pm	9:00am - 1:30pm		6. Frankie Lymon & Teenagers
Every 30 minutes	SPECIAL			Every 30 minutes	7. Fred Astaire & Gene Kelly

- 7. Fred Astaire & Gene Kelly
- 8. George Carlin
- 9. Hopalong Cassidy & Gabby Hayes
- 10. Aretha Franklin
- 11. James Cagney
- 12. Jane Russell
- 13. Jimmy Brown
- 14. John F. Kennedy
- 15. John Wayne
- 16. Marilyn Monroe & Groucho Marx
- 17. The Nicholas Brothers
- 18. Rodney Dangerfield

Your Driver is Pete - 954-473-2595				
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
9:00 am – 3:00 pm		9:00am - 1:30pm	9:00am - 1:30pm	9:00am - 3:00pm
Every 30 minutes	SPECIAL			Every 30 minutes
to Publix and Bank of America	EVENTS	4 trips <b>1 per hour</b>	1st and 3rd Thursday Doris'	to Publix and Bank of America (by request only)
NOTICE				PICKUPS
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Walmart (Univ. Dr. & Oakland Park)

**Broward Mall** 

Campanelli: 88 Ave & 12 St. / Phase 4 Park 90 Dr.: 12 Pl. & 17 St. 17 St. & LW Dr. 83 Ave.: 10- 12 Sts. 84 Ave .: 10 Ct.-12 St.

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**Community Association** 

ert Community Arrociation No.I, Inc.









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