

Lauderdale West NEWS



An Active 55+ Community!

Volume 55 · June – July 2026 - No. 03

INDEPENDENCE DAY

Independence Day is a federal holiday in the United States which commemorates the adoption of the Declaration of Independence on July 4, 1776, establishing the United States of America.

The delegates to the Second Continental Congress declared that the Thirteen Colonies were no longer subject (and subordinate) to the monarch of Britain, King George III, and were now united, free, and independent states. The Congress voted to approve independence by passing the Lee Resolution on July 2 and adopted the Declaration of Independence two days later, on July 4.

Independence Day is commonly associated with fireworks and parades, in addition to various other public and private events celebrating the history, government, and traditions of the United States. In July of 1776, John Adams (who later became our second President) wrote that independence Day should be celebrated with "illuminations from one end of the continent to the other from this time forward forever more."

Firework shows are held in many states. On these occasions the public may be prohibited from purchasing or discharging fireworks, but professional displays may still take place. New York City has the largest fireworks display in the country sponsored by Macy's. Last year more than 80,000 shells were launched from four barges on the East River. This year will be the 50th Annual Macy's 4th of July fireworks show in honor of America's 250th anniversary.



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Lauderdale West References Available!

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	LARRY WEISS, Financial Secretary Contact: Extension 110 Email: lweiss@lauderdalewest.org Accounts Receivable; Budgets
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	EDNA ROMAN, Administrative Assistant Contact: 954-473-2595 Email: maintenancedepart@lauderdalewest.org Pest Control; Lost & Found

AFTER-HOURS EMERGENCY LINE • FOR PROPERTY EMERGENCIES ONLY

Platinum Properties Services After-Hours Line: 954-951-4027

⚡ This line is **NOT** for general inquiries or routine requests!

For civil and police matters, call the Plantation Police non-emergency line: 954-797-2100

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MESSAGE FROM THE PRESIDENT

Hello everyone,

I hope this message finds you well and that you are enjoying a wonderful spring and the beginning of summer. As always, I want to take a moment to share a few updates and, more importantly, recognize the many people whose efforts help make Lauderdale West such a special community.

First, I want to sincerely thank the Board Directors who have rotated off the Board for their hard work, dedication, and service (Barbara Bucci, Bernadette Brodmerkle, Marlene Newman, Olga Sifonte and Flor de Maria Duque). Their contributions have helped strengthen Lauderdale West and are greatly appreciated. I also want to warmly welcome our new Board Directors—Eric Johnson, Ralph Rickel, Terry Delarosa, Larry Weiss and Jay Stahl—who have stepped forward to serve our community. We thank them for taking on this important responsibility and for their commitment to working diligently on behalf of all residents.

I also want to recognize our Property Manager, Laura Serrano, who has truly hit the ground running and is doing an outstanding job helping organize and strengthen our operations. Laura has taken on significant responsibilities, including roofing matters, while working closely with Barbara Bucci to help ensure a smooth transition to Cruz Roofing. In addition, Edna Roman continues to be an indispensable part of our office, now overseeing Pest Control while also serving as Laura's Administrative Assistant. Their efforts are helping keep important functions moving forward.

I would also like to extend heartfelt thanks to the volunteers who make our community communications possible. Special thanks to Lana Famiano and Connie Guzzi for their work putting together our Newsletter, to Carol Sword for proofreading, and to Kristi Woods as Chief Editor. The Newsletter is truly a valuable resource for our residents, and I encourage everyone to take the time to read it. It contains important information about our community, upcoming events, and matters that affect us all.

As we move through our 2026 fiscal year, we are refreshing our Fiscal Reserve Study to ensure we remain proactive in planning for the upkeep and

long-term future of Lauderdale West. This includes our groundskeeping, roads, roofs, and other infrastructure essential to maintaining the quality of our community. Thoughtful planning today helps protect Lauderdale West for years to come.

I also want to recognize Leila Maisa for doing a wonderful job expanding exercise opportunities in our community. The variety of classes now available is outstanding. Please be sure to check the calendar and text blasts for schedules and take advantage of these excellent programs. Staying active and engaged is part of what makes our community so vibrant.

Finally, thank you to all our residents for your continued support, involvement, and care for Lauderdale West. It is through all of us—residents, volunteers, staff, and Board members—working together that our community continues to thrive.

Wishing you all a safe, healthy, and enjoyable summer.

Steve Rose

President, Lauderdale West Community Association #1

PLEASE READ IMPORTANT MESSAGE

All Lauderdale West owners and residents **MUST** use their fobs when entering the Clubhouse, gym, pools, and all other areas. **DO NOT** open a door for anyone. We have discovered that people are opening doors and allowing others to enter the facilities. As they enter, non-residents are using our facilities. This could be a **safety issue**. As a resident or owner, please do not expect someone else to allow you to enter when they open a door or to open a door for you.

*Be alert and be responsible.
Thank you.*

Lauderdale West Board Meetings

JUNE/JULY 2026

Workshop – Wednesday, June 10 – 10 AM – Room 205

Meeting – Wednesday, June 24 – 7 PM – Auditorium

Workshop – Wednesday, July 8 – 10 AM – Room 205

Meeting – Wednesday, July 22 – 10 AM – Auditorium

The Board meetings are **open to all residents of LW**. Meetings are subject to change or cancellation. Please check the Community Channel 901, the Lauderdale West Website (www.lauderdalewest.org) or signage at the Main Clubhouse for changes or cancellation notification. If you have signed up for email or text messages, you will be informed accordingly.

Videos of previous Board Meetings are available on the Lauderdale West Website Owners' Corner and the most recent are available on Blue Stream Channel 902.

FYI – LW's Accountants

**Please be advised the accountants for
Lauderdale West are:**

Juda, Eskew & Associates
8211 W. Broward Blvd., Suite PH1 (5th floor)
Plantation, FL 33324
954-577-9700

Mail your maintenance assessment to:

Maintenance Assessments
PO Box 189115
Plantation, FL 33318-9115

Payments are due on the **FIRST** of each month

LW NEWS SUBMISSIONS

DEADLINE REMINDER!

FOR THE August/September 2026 ISSUE

Articles are due June 19

New advertisers due June 3

Returning advertisers due June 10

ALL DEADLINES ARE FIRM

Email to: newspaper@lauderdalewest.org

or drop off at room #121

The Newspaper Office is open
Monday, Wednesday, and Friday
from **9 AM** until **noon**



Lauderdale West Hours of Operation

Business Offices	M-F	9:00AM – Noon
Property Manager	M-F	8:00AM – 4:00PM
Walk-Ins	M-F	9:00AM – 11:00AM
By Appointment ONLY	M-F	11:00AM – 4:00PM
Annex Gym	Daily	5:00AM – 9:30PM
Annex Swimming Pool	Daily	Dawn to Dusk
Annex Tennis Courts	Daily	6:00AM – 9:30PM
Main Clubhouse	Daily	8:00AM – 9:30PM
Main Swimming Pool	Daily	5:00AM – 9:30PM

Bulk & Garbage Pickup

BULK PICKUP:

Tuesday, June 9, 2026 (2nd Tuesday)

Tuesday, July 14, 2026 (2nd Tuesday)

Please DO NOT put Bulk Pickup items out until Monday afternoon **AFTER 5 PM** the day before Bulk Pickup is scheduled. Place Bulk Pickup at least **5 feet AWAY** from the mailboxes, trees, and street signs. *Thank you for your cooperation.*

• **BULK PICKUP** – Our next Bulk Pickups will be Tuesday, June 9, and Tuesday, July 14. The following items will not be accepted: batteries, black bags, chemicals, concrete including bricks or pavers, electronics, fencing, fluorescent bulbs, glass not properly wrapped, insecticides, oils and paints, paint cans, x-rays, construction materials, tires. To ensure the safety of Waste Management drivers, mirrors, glass tabletops, windowpanes, plate glass, etc., will only be picked up if they are properly and safely placed in a rigid container. Any broken glass must be placed into a secure container and marked as glass. If items are small enough, they must be put in clear bags. **Black bags will not be accepted.** Empty cardboard boxes will be accepted.

• BULK PICKUP DATES FOR FUTURE MONTHS

Aug 11 (2nd Tue) Sept 15 (2nd Tue) Oct 13 (2nd Tue)

• **RECYCLE PICKUP** - Caps and lids must **NOT** be placed in Recycle bags. Place in Trash bags.

• **GARBAGE PICKUP** – On Tuesday - blue bags and clear recycle bags should be placed **at least 5 feet AWAY from your mailbox**. On Friday – blue bags only, should also be **5 feet** from your mailbox. **Bags must not be put out until 5 PM** the night before pickup.



Helpful Phone Numbers

Beach Environmental (Pest Control)	954-458-1104
Blue Stream	954-282-6578
Broward County Call Center (Non-Emergency)	311
Broward County Health Department	954-467-4700
City Hall – General Information	954-797-2200
Code Enforcement	954-797-2267
Elderly & Veterans Services	954-357-6622
Fire Department – NON-emergency	954-797-2150
Florida Power & Light (FPL)	954-797-5000
LW Maintenance	954-473-2595
Plantation Recycling	954-452-2535
Poison Control Hotline	800-222-1222
Police Department (Non-Emergency)	954-797-2100
Suicide Prevention Lifeline	988
Waste Management	954-797-7500
Water Department	954-797-2290
Westside Hospital	954-473-6600

* To reach the MAINTENANCE Department during regular hours, please call: **954-473-2595**.

Helpful Email Addresses

Maintenance: maintenancedept@lauderdalewest.org
Sales: applicationsapproval@lauderdalewest.org

Official Lauderdale West Communication Venues

Bulletin Board Outside the Clubhouse
Lauderdale West Website Home Page
Blue Stream Channel 901

life

original poetry by lydia shutter

survival
through 1,000 iterations of me
sometimes with a cherry on top
but not often enough

learning
even though chocolate covered
responsibilities are still responsibilities
we must still trudge on

perseverance
occasionally slogging through quicksand
albeit as sweet as caramel
ever wondering when eternity
will take over the reins
of our cotton candy souls

guess we are half sick of
and half in love with
LIFE

© 2026 Lydia Shutter

LW BUS SCHEDULE

Your driver is Pete 954-496-2543



MONDAY 9:00am - 12:00pm		TUESDAY	WEDNESDAY 9:00am - 12:30pm		THURSDAY 9:00am - 12:30pm	FRIDAY 9:00am - 12:00pm	
DESTINATION PUBLIX (Jacaranda) BANK OF AMERICA DOLLAR TREE (Jacaranda)		NO BUS	DESTINATION WALMART (Oakland Park) BRAVO SHOPPING CENTER BANK OF AMERICA CHASE BANK		DESTINATION ALDI (Broward Blvd.) BROWARD MALL	DESTINATION PUBLIX (Jacaranda) BANK OF AMERICA DOLLAR TREE (Jacaranda)	
Notice						Pick Up	
Sign in required before boarding bus Stops only at destinations Please be outside your home Video Surveillance in use						FOR PICK UP CALL PETE ON DAY OF TRIP 954-496-2543	
BUS FARE IS FREE TO ALL LW RESIDENTS							

JOIN US

**Don't miss out on all the fun
at Lauderdale West!**

**Make sure you get your tickets at the
Clubhouse in advance of the event.**

June Events

- Jun 2 Women of Lauderdale West in LW Auditorium – 11:00 AM
- Jun 10 Lauderdale West Board Workshop in room 205 – 10:00 AM
- Jun 16 Hadassah in Lauderdale West Auditorium – 11:00 AM
- Jun 24 Lauderdale West Board Meeting in LW Auditorium – 7:00 PM

July Events

- Jul 4 Fourth of July Party in LW Auditorium – Noon-3:00 PM
- Jul 8 Lauderdale West Board Workshop in room 205 – 10:00 AM
- Jul 21 Hadassah in Lauderdale West Auditorium – 11:00 AM
- Jul 22 Lauderdale West Board Meeting in LW Auditorium – 10:00 AM

August Events

- Aug 4 Women of Lauderdale West in LW Auditorium – 11:00 AM
- Aug 12 Lauderdale West Board Workshop in room 205 – 10:00 AM
- Aug 18 Hadassah in Lauderdale West Auditorium – 11:00 AM
- Aug 26 Lauderdale West Board Meeting in LW Auditorium – 7:00 PM

WELCOME NEW RESIDENTS

Debra & Joseph Arena
Lorraine Bervaldi &
Hector Bentancourt
Sheila Carpenter
Susan & Mark Casselman
Michael & Joanne Daniels
William & Rachael Doyle
Donna & Wayne Evans
Robert & Juanita Farnan
Cheyenne & Gail Flood
Bradley Irving & Antonio Dias
Jette Melfi
Lisa Miller
Masha Muszkal
Deborah Myers
Coleen Riley
Gloria & Omar Robu
Yolanda Rodriguez
Juan & Vicia Russo
Edward Hunter & Rita Schlessner
Vincent Tamagna & Joseph Cook
Alvetta Marie Taylor
Hirlene Tovar
Henry & Sofia Wilson

AFTER-HOUR EMERGENCY LINE • FOR PROPERTY EMERGENCIES ONLY

Platinum Property Services After-Hours Line: 954-951-4027
This line is NOT for general inquiries or routine requests!

For civil and police matters, call the Plantation Police
non-emergency line: 954-797-2100

PRIORITY EMAIL ADDRESSES

Inquiries from residents:

residentsupport@lauderdalewest.org

Inquiries for resident maintenance:

maintenancedept@lauderdalewest.org

Inquiries from realtors for home sales:

applicationsapproval@lauderdalewest.org

Inquiries regarding owner leases:

applicationsapproval@lauderdalewest.org

Inquiries for home modifications (ARC):

kwoods@lauderdalewest.org

Inquiries regarding our website:

webmaster@lauderdalewest.org



June 12 – 6:30 PM

June 26 – 6:30 PM

July 10 – 6:30 PM

July 24 – 6:30 PM

Please check Channel 901 or signs
posted in the Clubhouse for Movie Titles

Lauderdale West Community Association No. 1, Inc.

1141 NW 85 AVE
(Lauderdale West DR)
Plantation FL 33322-4624

Phone: (954) 473-8219 MAIN FAX: (954) 474-5433

LW Business Offices open Monday - Friday 9 AM to Noon, except holidays
(APPOINTMENTS RECOMMENDED)

Clubhouse Hours 8:00am to 9:30pm daily
Gym (Annex) Hours 5:00 am to 9:30pm daily
Main Pool Hours 5:00 am to 9:30 pm daily
Annex Pool Hours Dawn to Dusk daily

Property Manager
Laura Serrano, LCAM
954-473-8219 Ext. 108
lserrano@lauderdalewest.org

Hours: 9 AM - 4 PM weekdays except holidays.

Walkins: 9 AM - 11 AM ♦ After 11 AM by Appointment Please

ALL RESIDENT COMMUNICATION: residentsupport@lauderdalewest.org

Administrative Assistant

Edna Roman

Phone: (954) 473-8219 Ext. 201
maintenancedept@lauderdalewest.org

Hours: 7 AM - 2 PM weekdays, except holidays.

Maintenance Department

Edna Roman

maintenancedept@lauderdalewest.org

Phone: (954) 473-2595

AFTER-HOURS EMERGENCY LINE • FOR PROPERTY EMERGENCIES ONLY

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Email website suggestions or problems to:

webmaster@lauderdalewest.org

WOMEN OF LAUDERDALE WEST

By Pinky Trapani 954-472-1652

I write this letter with great disbelief that 2026 is almost half over.

The April casino bus ride was successful with many winners. No bus ride for May but the next bus ride to the Big Easy will be on June 22.

The May luncheon was lovely with so many creative hats for the Kentucky Derby hat competition and so much fun playing the horse races. We celebrated Mother's Day and a big birthday wish to June Taylor as we helped her ring in her 100th birthday. Many blessings, June, and many more.

Our guest speaker for our June 2 luncheon will be Kaitlyn Murphins, Public Information Officer from the Plantation Fire Department.

We will have a day trip on the "Carrie B" cruise ship on June 16. It should be a wonderful, relaxing day to enjoy hot dogs, snacks and drinks. We celebrated our patriotic holiday, Memorial Day and we look forward to celebrating Flag Day on June 14 and Independence Day on July 4.

There will be no luncheon in July as many people are taking cruises and other vacations. Our general meeting will be on July 28. This is also our Christmas in July for "KIDS IN DISTRESS". Kevin Bohenek, the Director of Educational Services, will send out the list of items needed to help the children for the new school year. We will do our best as always to help nurture and educate these children. Kevin will be here to pick up those supplies, and we will present him with another check for \$3,200 to cover four more items from their wish list. That leaves three more items totaling \$1,400 to complete the list.

Our train is still moving forward with more new members. All aboard!! We love having you ladies come aboard to join us for fun, friendship and our worthy cause, "Kids in Distress".

A big thank you to our newspaper staff, Nicole Lloyd for making the flyers and Jeff Bender for helping us get the word out. A special thank you to Leila Maisa for sending out text messages to keep everyone informed.

We invite all to come to our general meetings with your ideas for lunches, day trips and desserts. Until next time, when we will meet again.

Many blessings.

L'CHAYIM HADASSAH HAPPENINGS

By Susan Rose 954-288-8494

Summer is almost here, and before we take our seasonal pause, L'Chayim Plantation Hadassah is ending our year in style with friendship, fun, and meaningful connection. June and July are filled with wonderful opportunities to gather, celebrate, and strengthen the special sisterhood that makes our chapter so unique.

We begin the month with our Board Meeting on Tuesday, June 2, at Susan's house. Everyone is welcome to attend, share ideas, and help plan future meetings and activities. Refreshments will be served, so come ready to contribute and enjoy good company! Please RSVP to Susan at 954-288-8494.

Next, join us for our always-popular Lunch Bunch on Tuesday, June 9, at 11:30 AM at Zaabs. Everyone pays for their own lunch and makes a \$5 donation to Hadassah. To reserve your spot, please call Gypsy at 973-715-7811.

Our biggest event of the season will be our General Meeting on June 16 at 11:00 AM. This year, we are celebrating our amazing chapter members with a spectacular Tea Party Gala! Bring your friends and neighbors for this elegant and joyful occasion as we honor the women who make our chapter shine. Dress for the occasion and prepare for an afternoon filled with celebration and surprises.

The Gala will also feature drawings for beautiful baskets and a silent auction. Tickets for the basket drawings are just \$10 for 15 chances to win. And here's an extra incentive—anyone who brings a new guest will receive additional chances to win! Please RSVP to Karen at 954-205-1939.

Although we will not hold regular meetings during the summer months, our friendships certainly do not take a vacation! Join us for a summer Lunch Bunch at Quarterdeck on July 14 at 11:30 AM. Please call Gypsy at 973-715-7811 to RSVP.

We will also have a delicious Rugelach Bake at Susan's house. More information about this tasty gathering will be posted on Channel 901 and on the bulletin board in the Clubhouse.

For nearly 50 years, L'Chayim Plantation Hadassah has been bringing women together through friendship, purpose, and compassion. Hadassah is much more than an organization—it is a powerful sisterhood of women supporting one another while also supporting Hadassah's lifesaving medical research, healthcare, advocacy, and education programs in Israel, the United States, and around the world.

We need your support to continue the wonderful work of Hadassah. We are not just a club organization—we are truly a sisterhood of friends helping each other while helping Hadassah grow.

Helpful Information

About Living in Lauderdale West

LANDLORDS Please remember that you cannot rent your plex property until you have owned it for one year. All tenants must complete an Application for Residency which is available on our website. All leases and lease renewals must be approved by the Board before the tenant can move in. Contact Director Terry Delarosa for additional information.

MAILBOX SAFETY We recommend that you do not place any outgoing mail in the mailbox in front of your home. In the past, individuals have been known to remove that mail. You can safely deposit your outgoing mail in the blue Postal Service Mailbox located at the end of the parking lot of the Main Clubhouse or take it directly to any U. S. Post Office. Incoming mail should also be removed from your mailbox at your first opportunity.

MODIFICATIONS If you are planning to make any changes to your home, as a first step, you must complete an Application for Modification. All modifications must be approved by the Board before any work is started. Modifications may include A/C, windows, doors, patios, enclosures, electrical, plumbing, and widening of driveways. The City of Plantation requires permits for most modifications, which includes plumbing and electrical work. Contact Director Kristi Woods for additional information.

PARKING Overnight parking is not permitted on any street in Lauderdale West. Parking at the Main Clubhouse and the Annex (Satellite Clubhouse) is limited to those using the clubhouse facilities, the pools/spas, or the tennis courts. Other parking requires written Board approval, and a limited parking permit is available. There is no overnight parking in **ANY** of our parking lots without prior permission to do so. A notice will be placed on illegally parked vehicles before being towed at the vehicle owner's expense. Follow the directional arrows in all parking lots to avoid a fine.

SPEEDING The speed limit in Lauderdale West is 25 miles per hour. All walkers and bike riders have the right of way. Slow down when you see them. Stop at all stop signs. Signal for all turns. Follow the directional arrows in all parking lots and drive slowly. Driving through the parking lots as a short cut is not permitted. Violators will be fined. Plantation police are asked to monitor our roadways.

WALKING There is traffic in the early morning and late evening hours in Lauderdale West. Residents need to be careful walking in the dark. You should wear reflective clothing, carry a flashlight, and remember to walk against the traffic if there is no sidewalk.

WIDENING OF DRIVEWAYS If sprinkler heads and pipes are destroyed during the widening process, they must be replaced by Irrigation Technologies, Inc. and the resident will be charged for the replacement. Each job is priced differently depending on the part and labor. When that is complete, the resident is responsible for replacement of the sod.

TRASH/GARBAGE All trash must be placed in City of Plantation **BLUE** bags (**NOT** white or black bags) at **least 5 feet** away from your mailbox. Trash pickup is on Tuesdays and Fridays. You are permitted to place trash out **after** 5 PM the night before. All blue Plantation garbage bags must be kept indoors or in a garbage pail with a lid until it is time to place it at the curb for pickup. No type of refuse bag should be placed outside for animals to get to.

RECYCLE All recycle items **MUST** be placed in City of Plantation opaque bags at **least 5 FEET** away from your mailbox. Recycle pickup is on Tuesday only. Boxes must be flattened first and placed alongside the opaque bags. **NEVER** place caps or lids in recycle bags.

BULK PICKUP You may put large bulk items at the curb. Please see the Newsletter calendar for the exact date or refer to the Plantation Waste Management website. All items **MUST** be placed at **least 5 feet** away from your mailbox, trees and street signs so as not to interfere with the grabber arm. **Black bags will not be picked up.**

STORM DRAINS AND SEWERS **NEVER** put sticks, garbage or animal waste in the storm drains or sewers. Do not put waste down a drainage grate as it may clog the sewer system and cause flooding, and it may contaminate our water system.

DISPOSAL OF ANIMAL WASTE Properly dispose of animal waste disposal bags in YOUR trash container, NOT in a Community trash can. Never throw it down the drainage grates or in the lakes and canals. This becomes a bacterial hazard to our water system.

Maintenance Fee Auto Debit Authorization

Name on Deed: _____

Property Address: _____

Mailing Address: _____

Name of Bank: _____

(US Bank Only)

Name on Bank Account: _____

Home Phone: _____ Cell Phone: _____

Email Address: _____

I have included a **Blank Voided Check** and hereby authorize my financial institution to debit my account in the name of my Condominium or Homeowners Association. I understand the debit will appear on my bank statement under the description of **"Association Lock Box."** between the **5th** and the **10th** day of each month, if a monthly assessment, or between the **5th** and **10th** day of the first month of the quarter, if a quarterly assessment. In addition, **I understand this auto debit will continue until I notify my association in writing 30 days prior to canceling or changing the bank account used for the auto debit.** I also give the association authority to change the auto debit, as maintenance fees are changed by the Board of Directors, in future years.

PLEASE ATTACH A BLANK VOIDED CHECK TO THIS FORM

Return this form by the 21st of the month PRIOR to start month.

Start Month & Year: _____

Assessment Frequency: _____ Monthly _____ Quarterly

Maintenance Fee: \$ _____

You will be sent a letter confirming the month EFT will start.

PLEASE RETAIN A COPY OF THIS FORM FOR YOUR RECORDS

Signature: _____

Date: _____

You may email this form to customerservice@jeafinancialgroup.com



PLANTATION CITY COUNCIL MEETINGS

Plantation City Council meetings are typically held on the 2nd and 4th Wednesday at 6:00 PM in the Council Chambers at Plantation City Hall, 400 NW 73rd Avenue. Periodically, meetings may be cancelled, or special meetings may be held. Please check the City Council & Advisory Board Meeting Details and Live Video page for meeting schedules, agendas, minutes and meeting video.

JUNE

June 10, 2026
June 24, 2026

JULY

July 29, 2026

**meeting dates may be adjusted or cancelled*

IN MEMORIAM

LAUREL DALEY

8/12/51 - 4/18/26

ROSEMARIE DEMMONS

4/24/36 - 5/2/26

HAVE YOU HAD YOUR BLOOD PRESSURE CHECKED LATELY?

Paramedics are once again at the Main Clubhouse on Friday from 9:00 – 11:00 AM in the Lobby to check your blood pressure for you. If we don't use them, they will not continue to provide this service.

NEEDLE DISPOSAL



Used needles must be disposed of in a Sharps container. A Sharps container can be purchased for minimal cost at:

Prescription Pad Pharmacy
333 NW 70th Avenue, Ste 102, Plantation
Phone 954-791-2000

Once the container is full, it can be dropped off at this pharmacy and a new container obtained.



MONTHLY MAINTENANCE PAYMENTS
are due on or before the first day of
each month; NOT the 5th, NOT the 10th.

Plexes	\$513.00
Single Family Homes	\$555.00

If not paid by the 10th, a late fee will be assessed. If payment is not made within 30 days, expect to receive a collection letter from the Lauderdale West attorneys.

Once your account is turned over to our attorneys for collection, you will also be responsible for their fees **(\$266)** for the preparation and service of that collection letter plus FedEx postage. Please remember, all fees are subject to increase.



ATTENTION OWNERS!

In our continued efforts to keep our Community safe, we have implemented a Neighborhood Watch Committee. Meetings are held at 6:30 PM in Room 113 on the 3rd Thursday of the month. **The next meeting will be held on June 18.** If you are interested in being part of this very important committee, please join us at a monthly meeting. If you have questions or comments, contact Ralph Rickel at rrickel@gmail.com or Eric Johnson at ericjackie@aol.com.

2026 Atlantic Hurricane Season

The **2026 Atlantic hurricane season** officially begins on June 1, 2026, and ends on November 30, 2026. These dates, adopted by convention, historically describe the period in each year when most subtropical or tropical cyclogenesis occurs in the Atlantic Ocean. The National Hurricane Center (NHC) began issuing regular Tropical Weather Outlooks on May 15, 2026, about two weeks prior to the start of the season.

Seasonal Forecasts – Predictions of Tropical Activity in the 2026 Season				
Source	Date	Named Storms	Hurricanes	Major Hurricanes
Average	(1991–2020)	14.4	7.2	3.2
Record high activity		30	15	7†
Record low activity		1	0†	0†
TSR*	December 11, 2025	14		3
Actual activity		0	0	0
* Tropical Storm Risk † Most recent of several such occurrences.				

In advance of, and during, each hurricane season, several forecasts of hurricane activity are issued by national meteorological services, scientific agencies, and noted hurricane experts. These include forecasters from the United States National Oceanic and Atmospheric Administration (NOAA)'s Climate Prediction Center, Tropical Storm Risk (TSR), the United Kingdom's Met Office, and Colorado State University (CSU). The forecasts include weekly and monthly changes in significant factors that help determine the amount of tropical storms, hurricanes, and major hurricanes within a particular season.

According to National Oceanic and Atmospheric Administration (NOAA) and Colorado State University (CSU), the average hurricane season between 1991 and 2020 contained about 14 named storms, 7 hurricanes and 3 major hurricanes (Category 3 and higher), as well as a median accumulated cyclone energy (ACE) index of 71.04–123.14 units. Broadly speaking, ACE is the measure of the power of a tropical or subtropical cyclone multiplied by the length of time it existed. ACE is only calculated for full advisories on specific tropical or subtropical cyclones reaching wind speeds of 39 mph (63 km/h) or higher. NOAA typically describes a season as above-average, average, or below-average depending on the cumulative ACE index, but the number of tropical storms, hurricanes or major hurricanes can also be considered.

Pre-season forecasts

On December 11, 2025, TSR released their first forecast for the season. They expected a near-normal season, with 14 named storms, 7 hurricanes, 3 major hurricanes, and an ACE index of 125 units, close to the thirty-year average. They noted historically low certainty in this forecast, with the main factors being potentially moderate El Niño conditions arising in mid to late summer 2026, along with a reasonable certainty of warmer-than-average sea surface temperatures (SSTs) for the season.



2026

JUNE

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
PLEASE NOTE Since this calendar must be prepared weeks in advance, there may be last-minute changes. We suggest you verify dates on BlueStream Channel 90.1. Revised 05-04-2026	1 104 8 am-2 pm Wood Shop 111 8:30-9:30 am Low Impact Exer 202 12:30 pm Pool Playing 207 2 pm Bingo 207 7 pm Cards	2 104 8 am-2 pm Wood Shop 111 8:30-9:30 am Low Impact Exer 113 9:30 am Hadassah Board Mtg AUD 11 am Women of LW, Inc 208 1 pm Cards 106 1-4 pm Sewing Circle Satl 6 pm Social Tennis	3 104 8 am-2 pm Wood Shop 111 8:30-9:30 am Low Impact Exer 208 1 pm Stained Glass 106 1 pm Cards 106 7 pm Ceramics	4 104 8 am-2 pm Wood Shop 111 8:30-9:30 am Low Impact Exer 208 10:30 am Cards Satl 6 pm Social Tennis 202 6:30 pm Pool Playing	5 104 8 am-2 pm Wood Shop 111 8-9 am Low Impact Exer Lobby 9-11 am Blood Pressure 207 Noon Mah Jongg 202 12:30 pm Pool Playing 106 1 pm Stained Glass	6 Satl 8 am Social Tennis
7 Satl 9 am Social Tennis 208 1-4 pm Bridge	8 104 8 am-2 pm Wood Shop 111 8:30-9:30 am Low Impact Exer 202 12:30 pm Pool Playing 207 2 pm Bingo 207 7 pm Cards	9 104 8 am-2 pm Wood Shop 111 8:30-9:30 am Low Impact Exer 208 1 pm Cards 106 1-4 pm Sewing Circle Satl 6 pm Social Tennis BULK PICKUP	10 104 8 am-2 pm Wood Shop 111 8:30-9:30 am Low Impact Exer 205 10 am LW Board Workshop 208 10:30 am Cards 106 1 pm Stained Glass 208 1 pm Cards 106 7 pm Ceramics	11 104 8 am-2 pm Wood Shop 111 8:30-9:30 am Low Impact Exer 208 10:30 am Cards Satl 6 pm Social Tennis 202 6:30 pm Pool Playing 113 6:30 pm Spanish Club	12 104 8 am-2 pm Wood Shop 111 8-9 am Low Impact Exer Lobby 9-11 am Blood Pressure 207 Noon Mah Jongg 202 12:30 pm Pool Playing 106 1 pm Stained Glass AUD 6:30 pm Movie Time	13 Satl 8 am Social Tennis
14 Satl 9 am Social Tennis	15 104 8 am-2 pm Wood Shop 111 8:30-9:30 am Low Impact Exer 202 12:30 pm Pool Playing 207 2 pm Bingo 207 7 pm Cards	16 104 8 am-2 pm Wood Shop 111 8:30-9:30 am Low Impact Exer AUD 11 am Hadassah Gen Mtg 208 1 pm Cards 106 1-4 pm Sewing Circle Satl 6 pm Social Tennis	17 104 8 am-2 pm Wood Shop 111 8:30-9:30 am Low Impact Exer 106 1 pm Stained Glass 208 1 pm Cards 106 7 pm Ceramics	18 104 8 am-2 pm Wood Shop 111 8:30-9:30 am Low Impact Exer 208 10:30 am Cards 111 10 am Women of LW Bd Mtg Satl 6 pm Social Tennis 113 6:30 pm Neighborhood Watch 202 6:30 pm Pool Playing	19 JUNE TEENTH 104 8 am-2 pm Wood Shop 111 8-9 am Low Impact Exer Lobby 9-11 am Blood Pressure 207 Noon Mah Jongg 202 12:30 pm Pool Playing 106 1 pm Stained Glass DIRECTORS' OFFICES CLOSED MAINTENANCE OPEN CLUBHOUSE OPEN	20 Satl 8 am Social Tennis
21 FATHER'S DAY Satl 9 am Social Tennis	22 104 8 am-2 pm Wood Shop 111 8:30-9:30 am Low Impact Exer 202 12:30 pm Pool Playing 207 2 pm Bingo 207 7 pm Cards	23 104 8 am-2 pm Wood Shop 111 8:30-9:30 am Low Impact Exer 111 10 am Women of LW Bd Mtg 208 1 pm Cards 106 1-4 pm Sewing Circle Satl 6 pm Social Tennis	24 104 8 am-2 pm Wood Shop 111 8:30-9:30 am Low Impact Exer 106 1 pm Stained Glass 208 1 pm Cards AUD 7 pm Board Workshop 106 7 pm Ceramics	25 104 8 am-2 pm Wood Shop 111 8:30-9:30 am Low Impact Exer 208 10:30 am Cards Satl 6 pm Social Tennis 202 6:30 pm Pool Playing	26 104 8 am-2 pm Wood Shop 111 8-9 am Low Impact Exer Lobby 9-11 am Blood Pressure 207 Noon Mah Jongg 202 12:30 pm Pool Playing 106 1 pm Stained Glass AUD 6:30 pm Movie Time	27 Satl 8 am Social Tennis
28 Satl 9 am Social Tennis	29 104 8 am-2 pm Wood Shop 111 8:30-9:30 am Low Impact Exer 202 12:30 pm Pool Playing 207 2 pm Bingo 207 7 pm Cards	30 104 8 am-2 pm Wood Shop 111 8:30-9:30 am Low Impact Exer 208 1 pm Cards 106 1-4 pm Sewing Circle Satl 6 pm Social Tennis				KEY TO LOCATIONS AUD = Auditorium BC = Bocce Court EXT = Outside of Lw LIB = Library SATL = Satellite TO = Ticket Office

2026 JULY							
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
PLEASE NOTE Since this calendar must be prepared weeks in advance, there may be last-minute changes. We suggest you verify dates on BlueStream Channel 901. Revised 05-04-2026	KEY TO LOCATIONS AUD = Auditorium BC = Bocce Court EXT = Outside of LW LIB = Library SATL = Satellite TO = Ticket Office		1 104 8 am-2 pm Wood Shop 111 8:30-9:30 am Low Impact Exer 106 1 pm Stained Glass 208 1 pm Cards 106 7 pm Ceramics	2 104 8 am-2 pm Wood Shop 111 8:30-9:30 am Low Impact Exer 208 10:30 am Cards Satl 6 pm Social Tennis 202 6:30 pm Pool Playing	3 INDEPENDENCE DAY OBSERVED 104 8 am-2 pm Wood Shop 111 8-9 am Low Impact Exer Lobby 9-11 am Blood Pressure 207 Noon Mah Jongg 202 12:30 pm Pool Playing 106 1 pm Stained Glass BUSINESS OFFICES CLOSED MAINTENANCE CLOSED CLUBHOUSE OPEN	4 INDEPENDENCE DAY Satl 8 am Social Tennis FOURTH OF JULY PARTY Noon - 3:00 PM LW Auditorium	
5 Satl 9 am Social Tennis 208 1-4 pm Bridge	6 104 8 am-2 pm Wood Shop 111 8:30-9:30 am Low Impact Exer 202 12:30 pm Pool Playing 106 1-4 pm Sewing Circle 207 2 pm Bingo 207 7 pm Cards	7 104 8 am-2 pm Wood Shop 111 8:30-9:30 am Low Impact Exer 113 9:30 am Hadassah Board Mtg 208 1 pm Cards Satl 6 pm Social Tennis	8 104 8 am-2 pm Wood Shop 111 8:30-9:30 am Low Impact Exe 205 10 am LW Board Workshop 106 1 pm Stained Glass 208 1 pm Cards 106 7 pm Ceramics	9 104 8 am-2 pm Wood Shop 111 8:30-9:30 am Low Impact Exer 208 10:30 am Cards Satl 6 pm Social Tennis 202 6:30 pm Pool Playing 113 6:30 pm Spanish Club	10 104 8 am-2 pm Wood Shop 111 8-9 am Low Impact Exer Lobby 9-11 am Blood Pressure 207 Noon Mah Jongg 202 12:30 pm Pool Playing 106 1 pm Stained Glass AUD 6:30 pm Movie Time	11 Satl 8 am Social Tennis	
12 Satl 9 am Social Tennis	13 104 8 am-2 pm Wood Shop 111 8:30-9:30 am Low Impact Exer 202 12:30 pm Pool Playing 106 1-4 pm Sewing Circle 207 2 pm Bingo 207 7 pm Cards	14 104 8 am-2 pm Wood Shop 111 8:30-9:30 am Low Impact Exer 208 1 pm Cards Satl 6 pm Social Tennis BULK PICKUP	15 104 8 am-2 pm Wood Shop 111 8:30-9:30 am Low Impact Exer 106 1 pm Stained Glass 208 1 pm Cards 106 7 pm Ceramics	16 104 8 am-2 pm Wood Shop 111 8:30-9:30 am Low Impact Exer 208 10:30 am Cards Satl 6 pm Social Tennis 202 6:30 pm Pool Playing	17 104 8 am-2 pm Wood Shop 111 8-9 am Low Impact Exer Lobby 9-11 am Blood Pressure 207 Noon Mah Jongg 202 12:30 pm Pool Playing 106 1 pm Stained Glass	18 Satl 8 am Social Tennis	
19 Satl 9 am Social Tennis	20 104 8 am-2 pm Wood Shop 111 8:30-9:30 am Low Impact Exer 202 12:30 pm Pool Playing 106 1-4 pm Sewing Circle 207 2 pm Bingo 207 7 pm Cards	21 104 8 am-2 pm Wood Shop 111 8:30-9:30 am Low Impact Exer AUD 11 am Hadassah Gen Mtg 208 1 pm Cards Satl 6 pm Social Tennis	22 104 8 am-2 pm Wood Shop 111 8:30-9:30 am Low Impact Exer AUD 10 am LW Board Meeting 106 1 pm Stained Glass 208 1 pm Cards 106 7 pm Ceramics	23 104 8 am-2 pm Wood Shop 111 8:30-9:30 am Low Impact Exer 208 10:30 am Cards Satl 6 pm Social Tennis 202 6:30 pm Pool Playing	24 104 8 am-2 pm Wood Shop 111 8-9 pm Low Impact Exer Lobby 9-11 am Blood Pressure 207 Noon Mah Jongg 202 12:30 pm Pool Playing 106 1 pm Stained Glass AUD 6:30 pm Movie Time	25 Satl 8 am Social Tennis	
26 Satl 9 am Social Tennis	27 104 8 am-2 pm Wood Shop 111 8:30-9:30 am Low Impact Exer 202 12:30 pm Pool Playing 106 1-4 pm Sewing Circle 207 2 pm Bingo 207 7 pm Cards	28 104 8 am-2 pm Wood Shop 111 8:30-9:30 am Low Impact Exer 113 10 am Women of LW Bd Mtg 208 1 pm Cards Satl 6 pm Social Tennis	29 104 8 am-2 pm Wood Shop 111 8:30-9:30 am Low Impact Exer 106 1 pm Stained Glass 208 1 pm Cards 106 7 pm Ceramics	30 104 8 am-2 pm Wood Shop 111 8:30-9:30 am Low Impact Exer 208 10:30 am Cards Satl 6 pm Social Tennis 202 6:30 pm Pool Playing	31 104 8 am-2 pm Wood Shop 111 8-9 am Low Impact Exer Lobby 9-11 am Blood Pressure 207 Noon Mah Jongg 202 12:30 pm Pool Playing 106 1 pm Stained Glass		

CROSSWORD PUZZLE

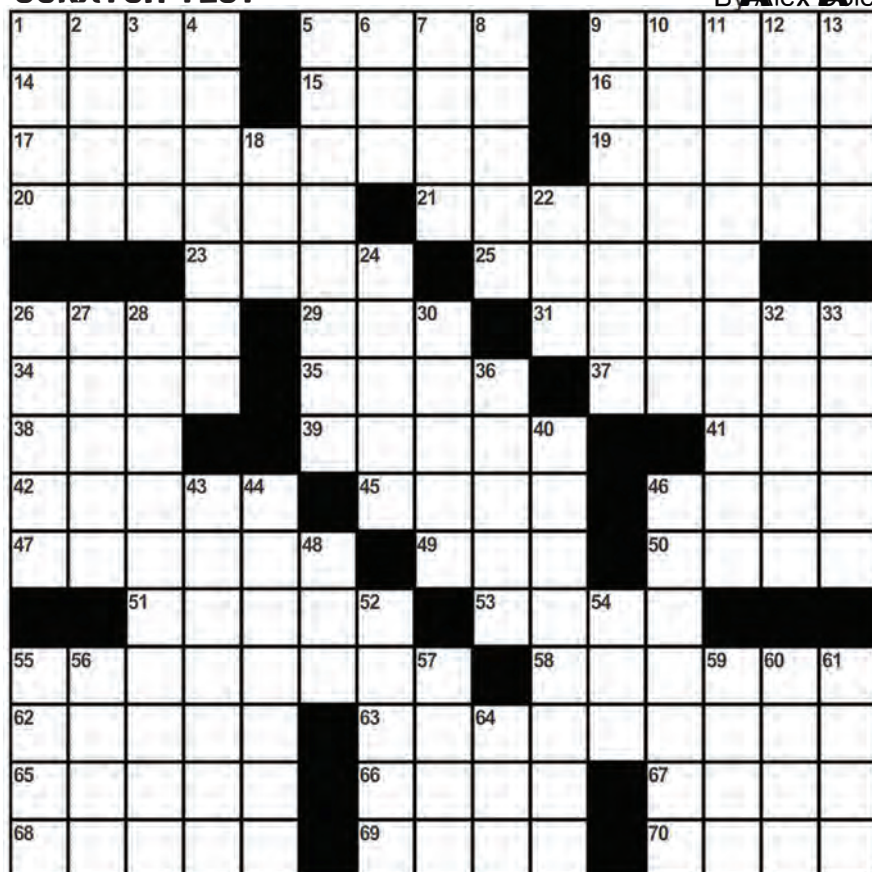
ACROSS

- | | |
|---------------------------------|--|
| 1) Eyelid projection | 41) Altar avowal |
| 5) Not docked | 42) Scottish clans |
| 9) Salon specialties | 45) Not quite all |
| 14) Cantina cooker | 46) Become unhinged |
| 15) Noontime service | 47) Provocation for a duel |
| 16) No-brainer? | 49) Mental ability |
| 17) Rip-off for readers? | 50) Look like a creep |
| 19) Given to back talk | 51) Unable to escape |
| 20) Band of seven | 53) By way of, briefly |
| 21) Happy-go-lucky | 55) Small floral cluster |
| 23) Scandinavian male name | 58) Repair the surface of |
| 25) Firefighter's need | 62) Wedge-shaped diacritical mark |
| 26) Meet squarely | 63) Shortstop, often |
| 29) "Bingo!" | 65) Certain free radical |
| 31) Gold coins of yore | 66) Soon, to a bard |
| 34) Like a burned-out briquette | 67) "___ of the Flies" |
| 35) Place to play | 68) Certainly not tidy |
| 37) Danger | 69) Destiny |
| 38) Greek "P" | 70) Exists on a small pittance (with "by") |
| 39) Bit | |

DOWN

- 1) Gobs
- 2) On the safe side, at sea
- 3) High-five, e.g.
- 4) Act made with Taft
- 5) Camels' destinations?
- 6) Get the picture
- 7) Part of CEO
- 8) Rose petal extract
- 9) In a heap
- 10) Imposing structure
- 11) Boisterous
- 12) Engage in self-pity
- 13) Eyelid affliction
- 18) Saltwater body
- 22) "Awesome!" of the '80s
- 24) Bygone Iranian leaders
- 26) Tehran tongue
- 27) Wan-looking
- 28) Piano tune played with two fingers
- 30) Cupid's projectile
- 32) Kind of wave
- 33) Inclination
- 36) Call it quits
- 40) Remove, as a monarch
- 43) They're often stuffed
- 44) In a smooth manner
- 46) Cheesy entree
- 48) ___ Aviv
- 52) Coffee order
- 54) Call, as a game
- 55) Bogus
- 56) Blanched
- 57) Fish in a casserole
- 59) Crazy
- 60) Give a darn
- 61) Pass catchers
- 64) "Sesame Street" watcher

SCRATCH TEST



Answers on Page 19

SUDOKU

4	3		1					
							5	
	7			4		3	6	
	2							1
				3				5
		6	8			2	3	
		8			9			
								2
	6			1		7	4	

Answers on Page 19

WONDERWORD

By DAVID OUELLET

New York City is Fun

February 25, 2026

S	P	O	H	S	T	N	M	D	N	A	T	S	G	M
E	T	Y	S	E	B	U	A	W	T	B	M	N	R	S
S	O	S	L	T	S	A	O	T	U	A	I	E	E	Y
P	I	L	B	I	N	T	R	I	T	T	X	I	N	S
O	A	G	C	A	A	A	L	S	S	A	R	I	R	U
B	H	A	H	N	C	D	R	A	T	E	H	E	S	B
B	L	C	I	T	I	A	C	U	L	R	P	N	O	M
S	R	H	I	N	S	D	B	L	A	A	O	U	A	S
M	C	O	G	W	A	E	A	A	R	T	T	P	R	M
U	N	S	A	O	N	G	E	C	R	I	S	E	S	A
E	E	S	R	D	N	E	S	I	Q	E	T	E	R	D
S	W	B	Y	I	W	Y	E	U	N	A	T	O	R	I
U	S	R	N	A	K	A	E	R	E	G	M	S	L	S
M	A	I	I	S	L	S	Y	H	G	A	M	E	S	O
V	D	W	O	H	S	P	T	A	S	T	E	S	S	N

Aromas, Ballet, Bars, Boutiques, Broadcasting, Broadway, Buildings, Busy, Cabarets, Cabs, Chinatown, Daily, Dining, Galleries, Games, Greenwich, Madison, Manhattan, Maps, Menu, Museums, Musicals, News, Plays, Restaurants, Shops, Show, Sightseeing, Skyscrapers, Sports, Stand, Tastes, Taxis, Theaters, Vary.

Solution: 10 letters



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ADDRESS	B/B	MODEL	SOLD
8825 NW 14 ST	2/2	ADMIRAL	\$431,000
1110 NW 90 WY	3/3	LAKEVIEW	\$425,000
1620 NW 87 LN	2/2	ADMIRAL	\$409,000
1131 NW 90 WY	2/2	LAKEVIEW	\$350,000
8544 N CAMPANELLI	2/2	ADMIRAL	\$305,000
1331 CAMPANELLI	2/2	LAKEVIEW	\$252,000

HOW DOES YOUR HOME COMPARE?

SELLING OR BUYING

CALL YOUR "IN HOUSE" LAUDERDALE WEST REALTOR



Late Filing Exemption Deadline - September 18, 2026

Your Homestead Exemption automatically renews each year provided there is no change in the ownership or use of the property. If you are already receiving Homestead Exemption on your current home, you do not need to reapply.

If you have not yet applied for your 2026 Homestead Exemption, Limited-Income Senior Exemption or any other exemption, you can still late file until September 18, 2026.

While Homestead Exemption is the most common tax-saving exemption, there are additional exemptions available to qualified applicants.

Limited-Income Senior Exemption: The Limited-Income Senior Exemption is both an age and income-based exemption that must be applied for. To be eligible for this exemption, an applicant must be age 65 or older as of January 1, 2026, and have a combined household adjusted gross income for 2025 not exceeding \$38,686.

Disability Exemption: This exemption is available to every blind person or totally and permanently disabled person who is a bona fide resident of Florida.

Veteran & Military Exemption: Veterans with a service-connected disability and the unremarried surviving spouse of a veteran with a service-connected disability are entitled to an additional tax-saving exemption.

Surviving Spouse of Military Veteran or First Responder: An unremarried surviving spouse of a military veteran or first responder who died in the line of duty may be eligible for an exemption of the full assessed value of a Homesteaded property.

The absolute deadline to apply for any 2026 exemption is September 18, 2026

If my office can ever be of assistance to you, please do not hesitate to contact me at martykiar@bcpa.net.



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SUDOKU PUZZLE SOLUTION

4	3	5	1	8	6	9	2	7
6	8	9	3	7	2	1	5	4
2	7	1	9	4	5	3	6	8
5	2	3	6	9	7	4	8	1
8	9	4	2	3	1	6	7	5
7	1	6	8	5	4	2	3	9
3	4	8	7	2	9	5	1	6
1	5	7	4	6	3	8	9	2
9	6	2	5	1	8	7	4	3

CROSSWORD PUZZLE SOLUTION

1	L	A	S	H		A	S	E	A		P	E	R	M	S
14	O	L	L	A		S	E	X	T		I	D	I	O	T
17	T	E	A	R	S	H	E	E	T		L	I	P	P	Y
20	S	E	P	T	E	T		C	A		R	E	F	R	E
				L	A	R	S		R	A	D	I	O		
26	F	A	C	E		A	H	A		D	U	C	A	T	S
34	A	S	H	Y		Y	A	R	D		P	E	R	I	L
38	R	H	O			S	H	R	E	D				I	D
42	S	E	P	T	S		S	O	M	E		S	N	A	P
47	I	N	S	U	L	T		W	I	T		O	G	L	E
				T	R	E	E	D		T	H	R	U		
55	S	P	I	K	E	L	E	T		R	E	F	A	C	E
62	H	A	C	E	K		C	U	T	O	F	F	M	A	N
65	A	L	K	Y	L		A	N	O	N		L	O	R	D
68	M	E	S	S	Y		F	A	T	E		E	K	E	S

WONDERWORD PUZZLE Answer: METROPOLIS



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PLEASE DO NOT FEED THE DUCKS AND GEESE

Giving food to ducks and geese (waterfowl) can create many problems for birds and the environment, and Audubon Society discourages it. The notion that waterfowl cannot survive without human intervention is false. Ducks and geese have survived for thousands of years without handouts and will continue to do so if left alone. Bread may seem harmless, but it can swell in their stomachs, cause pain, malnutrition, and even be deadly if given too much.

Reasons Why You Shouldn't Feed Ducks

1. Feeding Encourages Them to Stay Where They Shouldn't

Feeding attracts large concentrations of waterfowl to areas that can't naturally support such numbers. Left on their own, ducks and geese will occupy areas that provide sufficient natural food. As they deplete food in one location, they fly to new feeding areas, often miles away.

2. Feeding Can Spread Disease Between Flocks

Artificial feeding encourages unnaturally large flocks to gather in one place where the competition for food can cause unnecessary stress. This may weaken the birds and make them more susceptible to disease. Also, birds crowded into these areas are defecating in the same location where they're feeding.

3. Feeding Disrupts the Duck's Natural Life Cycle

Alternatively, artificial feeding may allow frail birds to survive, reproduce, and diminish the species as a whole. Mortality is normally high in bird populations—it's a natural mechanism, important in maintaining populations that the environment can support.

4. Feeding Can Weakens Certain Species

Feeding may encourage species of waterfowl not normally found in the area to concentrate. This can lead to an increased incidence of hybridization, which can eventually weaken the gene pool in certain species

5. Feeding Increases Risk to Human Health

Deposits of fecal matter can affect water quality and compromise human health. Children can also come into contact with droppings left on the surrounding landscape. Also, birds crowded into these areas are often defecating in the same location where they're feeding.

Keyes

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- ✓ Deep cleaning included
- ✓ Free move



Lauderdale West Resident & Specialist!

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RULES FOR USE OF THE GYM

1301 NW 87 Lane

Hours: 5 AM – 9 PM

1. Gym equipment is available on a **first come first served** basis.
2. Wear proper attire. Swimsuits and flip flips are **not allowed**. Shirts and closed-toe shoes **are required**.
3. No food or beverage, except water in plastic bottles, is allowed in the gym.
4. No one under the age of 18 is allowed in the gym.
5. **The gym is for the exclusive use of Lauderdale West residents. Outside guests are not allowed.**
6. Use of the equipment while alone is discouraged. Use the "buddy system" to be safe.
7. Do **NOT** remove any equipment from the gym.
8. The gym is under camera surveillance.
9. Disregard of any of these rules may result in a fine or removal of these privileges.

GYM ETIQUETTE

1. Wipe down/clean equipment before and after use. Antibacterial wipes, Lysol and a paper towel dispenser are available for your use.
2. Do not stare at, crowd, or touch anyone else without permission.
3. Use one piece of equipment at a time.
4. If someone is using the machine you wish to use, be patient until they are done.
5. If someone is waiting for a machine that you are using, you are allowed a total of 20 minutes on that machine, not 20 minutes after that person arrives.

*Respect Others!
Please and Thank You!*



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✉ dianacabassi@shs-seniorcare.com

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HURRICANE KIT CHECKLIST

Hope for 3 days – Plan for 7.

Weather calamities are happening all over the country. It is better to prepare now and be ready.

DRINKING WATER – Enough for one gallon per person per day for 3 to 5 days, preferably 2 weeks. Extra water is needed for food preparation and personal hygiene.

FOOD – Enough for 3 to 5 days, including non-perishable packaged or canned food, canned or shelf milk, cereal, snack food, etc.

MANUAL can opener.

PAPER goods – plates, cups, eating utensils, towels, heavy duty aluminum foil.

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PAPERWORK: Store originals in a safety deposit box but have copies of birth certificate, property titles, social security cards, passports, insurance records, credit card numbers, medical records including prescription numbers, phone numbers of relatives and doctors; household inventory – place in a plastic bag ANY special items you may need.

IF YOU EVACUATE: bedding, blankets, clothing, rain gear, and good shoes.



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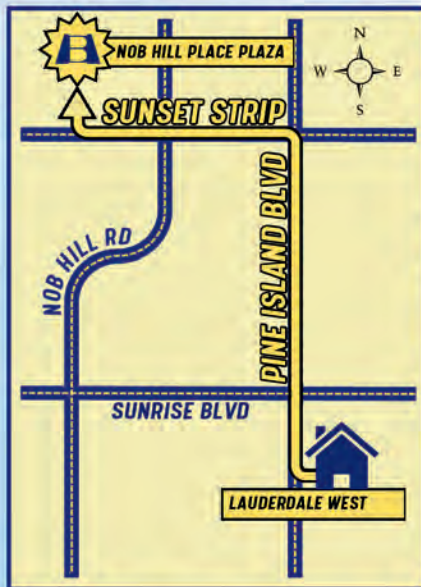
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